



MAINE SWIMMING, INC. | Maine Swimming Athletes Committee

7 pm via Zoom

12/15/21

Mission Statement: Create opportunities and provide resources to promote excellence in Maine Swimming

Vision Statement: You CAN get there from here!

Attendance

Present: Ali Bragg, Audrey Cohen, Emma Farnham, Maria Saltysiak, Elle Yarborough

Absent: Kristy Barry, Maria DelMonte, Abby Hollis, Noah Katz, McKayla Kendall, Will Porter, Brim Peabody, Ethan Schulz

Ali Bragg read the mission and vision statement and called us to order.

Senior Meet

Ali Bragg said that the biggest thing that people struggled with was a lack of a mask mandate. Ali said that the crisis team is talking about sending out a statement that we highly recommend wearing masks at all of the pools. If there is a specific mandate then people also need to follow those guidelines. A lot of people also struggled with the lack of warmup. Ali asked how it impacted us. Emma Farnham said that in the morning lane 8 was open for warmup and at night there was a 5-10 minute break in between most events. It was definitely different than being at Bowdoin and having so many open lanes during prelims and finals. Maria said that lane 8 was typically very crowded in the morning and there wasn't very much lane etiquette because of the number of people doing different things. Elle Yarborough said that because there were so many people it stopped her from wanting to warm up and cool down. Ali Bragg said that other than that we received a lot of positive feedback. She also said that the meet will most likely be held in the future and more teams will be able to attend if they know about it ahead of time.

Community Service Opportunities

Ali Bragg said that we are going to try to set up different opportunities to help in the community (North, Central, South) so that more athletes can get involved. Maria Saltysiak then said that instead of a food drive we could help out with an organization called Open Table that is run by the MDI assistant coach. Maria talked to her about something similar to what was done at Preble Street to help prep and serve food for a day. She also said that Jim has wanted some teams to come to MDI so maybe teams could have a practice or lunch together in between the prep and serving time. Ali said that we could do whatever works best for each area. Ali said that in the south they could do Preble Street or something similar. Ali said that some sort of day-long event would be beneficial for the community instead of dropping off food. Emma Farnham said that the Waterville AYCC has a backpack program where they send food home with kids so that



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could be something to get involved in. Maria Saltysiak said that the best day for Open Table is on Tuesdays and the only Tuesday that we are on break is the 28th. Ali Bragg said that we could have different dates for the different regions.

Social Media Policy Group

Ali Bragg said that there is an updated policy that the Maryland athletes have been working on. Emma Farnham asked if we were going to post the guidelines or just make sure that we are following them. Ali Bragg said that we are at least posting them on the website. Maria Saltysiak explains exactly why we are doing this. Ali Bragg said that it was something that Mary Ellen delegated to her. Emma Farnham said that we should ask Mary Ellen what we need to do from here with the policy. Ali Bragg read an email explaining more about the social media policy. The guidelines go along with safesport. In that case it might be best to also post the guidelines on Instagram. Ali Bragg said that she sent out the decision tree that will be maintained by the governance committee. Ali said that putting everything on a document and changing the wording might be best. There is a man named Joey that helped his athletes make a policy so it might be good to reach out to him. Emma Farnham double-checked that this policy is for us to make sure we know what to post and it is also in case somebody else questions one of the Maine Swimming posts.

To-Do List:

- 1.) Reach out to leaders in all three regions about doing some sort of community service
- 2.) Work on the Social Media Policy