

**MESI Coach Committee Report – MESI HOD Meeting**  
**Submitted by Marcel Da Ponte**

- Senior and Champs Cut Times

Coach Recommendations:

1) Keep the cut times the same as 2021

2) Close entries 9-10 days before champs. Will allow late entries for swimmers that are currently registered with Maine Swimming/USA Swimming from YMCA States and other meets. Only new times not time updates. No new registrations.

3) Discussed Senior Camps and Workouts – no vote needed. CMA trains with other teams on occasion and would like to continue doing so.

4) Brendan Hansen will be doing a Clinic and will focus on breaststroke.

Coach Recommendations:

75- 100 swimmers, 11 and Overs, Masked, Age Group and TPC would finalize order of events.

5) Total events for 13 & over - currently a max of six for 13 & over swimmers. Spoke about allowing 7 events for 13 & Over. Kept at nine events for 12 & Under.

Coach Recommendations:

13 and Over go to 7 events, if a swimmer has a bonus opportunity they must have an official time and any swimmer in the meet with a bonus opportunity regardless of how qualified, can do it.

- HS Times and Champs

At the time, all high school times are allowed for championships. We proposed that high school times from high school meets would not be allowed and times for champs must be observed from HS Regional and State Meet.

Coach Recommendations:

Only times in SWIMS observed at Regionals and States can be used for the MESI Winter Championship Meet and there were be no charge. Clarified that dual meet high school times will no longer be allowed.

- Athlete Reimbursement

Coach Recommendation:

To form a committee to explore what other LSCs do with athlete money for athletes.

- ASCA Coaches Report

Marcel Da Ponte gave an ASCA report on what he attended at the convention. Notes are available by request.

- Discussion on Emily Caras Meet

MESI named scholarship after her. MESI worked with the Caras family on the scholarship.

- Intra Squad Meets

Coach Recommendations

Allow Intra Squad Meets moving forward. Agreed that coaches and teams should be able to make own decisions.

- Meet Directors

Coach Recommendations

Agreed to allow recognized meet directors outside the Maine Swimming LSC to serve as meet directors. Encouraging teams to have more than one meet director if you're planning on hosting a meet in the future.

- LSC Fines

Coach Recommendations

The coaches felt that we should be educating our members first before resulting in fines. The observation of fines is that they are just paid by organizations and do not add value to the organization's overall goals and turn off participants.

Coach Mentoring is encouraged with newer coaches or any coach that is interested.

- Champs Trials Meet

The University of Maine double booked the facility for the weekend of YMCA State Meet (March 12-13) so the Y League decided to move its meet to March 5-6. This conflicted with the Trials Meet so the Bath YMCA would not be able to host the meet on the 5-6. We decided to move the Champs Trials Meet from March 5-6 to March 12-13.

- Champs Meet:

Coaches voted unanimously to move the meet to the Bath YMCA. Furthermore, we decided on a three day format. The 1000 free will move to Friday, the 11-12 400 IM will move to Saturday, the 13 -14 and Open 200 Medley will move to Sunday.

Bonus Events:

We decided to make the bonus structure: if a swimmer has a qualifying time in a stroke, they can swim other events in that stroke. No bonus events will be longer than 200. If you have the 1000 you can bonus the 1650 and vice-versa. We clarified that events made at Trial are not included in this bonus structure. Older swimmers could bonus the 400 IM if they have the 200 IM.

- Moving High School Swimming to the fall

Jeff Ward talked with several coaches and would like to work with MPA to move the high school season to the fall.

The coaches decided to limit coaches on deck at the Champs meet as well as officials and timers. We landed on the following structure:

- i. 1-10 athletes 2 coaches:
- ii. 11-20 athletes 3 coaches
- iii. 21 or more athletes 4 coaches