

Athlete Meeting - Ways to Improve

June 9 2021

Couldn't Attend:

Audrey Cohen (Practice)

Kristy Barry (Work)

Elle Yarborough (

What are we doing well as an LSC?

- Audrey Cohen: I think our LSC is doing a great job at having a large amount of athletes involved within the government side of MESI.
- Kristy Barry: Our LSC is doing a great job providing opportunities for athlete representation and leadership.
- Ali Bragg: I think Maine Swimming is doing a great job of athlete representation on committees and working to get athletes across the state involved in the LSC. We also do a good job of posting on our social media(s) to spread the word about events (i.e. games), applications, senior recognition, etc.
- Elle Yarborough: We have a really good platform for athletes and coaches to communicate and come together to make decisions.

What can we do to improve as an LSC?

- Audrey Cohen: I'm not totally sure, I don't think I've been involved for long enough to see places for improvement.
- Kristy Barry: I think we could improve our communication and better promote our leadership opportunities. I feel like many athletes don't understand what their role would be as an athlete representative in our LSC and if we provided more details, we might see more interest.
- Ali Bragg: As an LSC, I think we can improve on clarifying the duties and expectations of leadership positions on committees. I also think we should work on getting the team representatives more involved.
- Elle Yarborough: I don't think we reach enough swimmers

What do the athletes need/ What is missing?

- Audrey Cohen: I think one thing that we could need more of would be involvement with the younger kids. Not in the government side though. I think the games on Saturdays have been going good, more of that type of activities would be beneficial.
- Kristy Barry: My team and I couldn't think of exactly what we are missing. One idea that Maddie Buck had before COVID was a tie-dye party for athletes to get together outside of the pool.
- Ali Bragg: I think having more events like the Athlete Leadership Summit would help to bring athletes together from across the state.

Where would you like to see our LSC by 2024?

- Audrey Cohen: I'm not sure about this, so much can change in 3 years. I think more ways to get everyone involved throughout the teams would be great, but I believe we are doing a good job at this aspect currently.
- Kristy Barry: I would like to see more athlete involvement in our LSC and more non-swimming related events, like community service opportunities, to bring the athletes of our LSC closer.
- Ali Bragg: By 2024, I would love to see more athlete engagement on committees and governance. I would also agree with Kristy that organizing community service projects would be beneficial in the involvement of athletes statewide as well as doing good for the communities.
- Elle Yarborough: I think it's in a really good place now, I would hope that in 2024 we are still using swimmers ideas and input to keep making Maine swimming better.