

## Maine Swimming Senior Committee

### Highlights 2022-23

July '22 > MESI hosted its 1<sup>st</sup> Long Course Championships @ Colby College

Sept '22 > Created qualifying times and meet format for the '23 Winter Champs @ Bowdoin

Nov '22 > Hosted Senior Training & Meet event @ Bath YMCA. More than 50 swimmers participated w/training in AM w/Brad Burnham (Bowdoin), Peter Casares (Bates) & Tony DeMuro (Maine Maritime).  
1<sup>st</sup> Skins race held in Maine.

Jan '23 > Updated format of Winter Champs including updating qualifying times and inclusion of Super Final

March '23 > MESI hosted Winter Champs @ Bowdoin. Created 4 day format for Summer Champs

May '23 > Awarded the Emily Caras Snyder Scholarship to James Branaugh & Impact award to Brady Hale

June '23 > Updated info for Summer Champs