

Maine Swimming
Participant / Attendee COVID-19 Meet Affirmation



I affirm all of the following:

- I have not traveled internationally in the last 14 days.
- I do not have any of the following symptoms: fever, cough, shortness of breath, runny nose, sore throat, chills, body aches, fatigue, headache, diarrhea, loss of appetite, loss of taste/smell, eye drainage, congestion.
- I have not been diagnosed with COVID-19 in the past 14 days.
- No members of my household have had the symptoms listed above, or been diagnosed (via testing or not) with COVID-19 within the past 14 days.
- I have not been in prolonged close contact (more than 15 minutes within 6 feet during a 48-hour period) with anyone diagnosed or suspected to be infected with COVID-19 in the past 14 days.
- If I have traveled domestically outside my normal day-to-day activities or away from my local community in the past 14 days, neither I nor my travel companions:
 - Have used public transportation (air, bus, train), and/or
 - Have been in prolonged contact (as defined above) with others during the trip without the use of a face covering, and/or
 - Are subject to State/local government travel restriction (ie. 14-day quarantine).
- I understand that I have the responsibility to immediately notify my coach, the Meet Referee, and/or the Pool facility should my responses to the statements above change.

If you cannot affirm ALL the above statements, do not attend the swim meet until you can.

Date

Signed Name

Printed Name

If under 18:

Parent/Guardian Signature

Parent/Guardian Printed Name