# MSI Coaches' Meeting via telephone April 24, 2017

#### Present:

Jay Morissette, Mary Ellen Tynan, Lia Langeveld. Will McCorkle, John Smith, Jim Willis, Matt Montgomery, Betsy Perron

#### D1 Meet

Last year this meet was canceled due to the fact that no one bid on it, but Lianne McCluskey might be interested in running it this year.

DI meet will be placed out for bid for the second weekend in November. It will be offered in its current format unless no one opts to bid on this meet, then we can cut it down to a one day event to see if anyone is interested.

## Stroke Clinic -Fly Fest/Free For All

On the first weekend in November, we would like to host a stroke clinic/swim meet taught by Ian Crocker. We could have him run the clinic in the morning and in the afternoon offer a swim meet with the fly and sprint freestyle events. We could try to get Ian to stay for the meet to help coach the meet and give pointers before and after each event. Ian could offer a running commentary during the races which could be recorded and broadcast on our website. Perhaps Ian would be even interested in "racing" at this meet as well.

Mary Ellen will reach out to Ian Crocker to discuss these options, and to ask how many athletes can sign up for a clinic at once. Jim Willis will contact Bowdoin to see if we can use their pool for this event.

Question: Should the meet be approved but not sanctioned to allow non USA Swimming athletes such as the Bowdoin swimmers?

### D II Meet

This meet is usually hosted by the Twin City Swim Team at Bates on the last weekend in January. Everyone seems to be content with the format.

The date for Y States is unknown at this time. The University of Maine will be changing the schedule for spring break on the calendar this year.

### **Junior Olympic Trials**

The consensus is that JO Trials should be held after Y States, even though that makes a tight turnaround for entries before Junior Olympics. This is not a problem for the meet directors but it is tough on coaches, especially the newer coaches. Manipulating the bonus event entry is where most mistakes are made.

Coaches propose that the entry deadline be changed to **Tuesday at noon** before JO's. All athletes would be required to be registered by the **Monday before JO's at 11:59 PM**; anyone in the entry file who is not registered by that time will not be entered in the meet.

Junior Olympic Trial format discussion: Should all 11 & Over events be Trials/Finals (includes 200's and over)? There are not a lot of registrants in these longer events.

Many Nova Scotia swimmers are faster than the time standards allow. Jim Willis will email the coach to inquire how it would affect that teams attendance if we were to hold them to the time standards.

# **Junior Olympics**

Proposed change in events for Thursday evening: 1650 400 IM 11-12 200 medley relays 13-14 and Seniors

At this year's JO's, we had fewer 11-14 year-old entries than last year, but all other age groups were about the same.

### D3/MSI International Invitational

The order of events should try to mirror Junior Olympics with a few changes. Proposed adding 50s for all strokes for the 13+.

Thursday
400 free relay (pm, 10&u, 12&u)
100 breast
200 free
50 back
100 fly
400 im (times finals pm)
800 free (timed finals am)
400 free relay (pm 14&u, sr)

Friday
200 medley (10 &unders pm)
200 fly
50 free
200 breast
100 back
400 free (timed finals am, 10 & unders pm)

400 medley relay (pm, 12 & under, 14 & under & senior)

#### Saturday

200 mixed medley (am, 12&u, 14&u, sr) 200 free relay (pm, all 4 age groups) 200 back 50 breast 100 free 50 fly 200 im 1500 (timed final am)

Jay will schedule a TPC meeting before the Spring HOD meeting.

Respectfully submitted, Betsy Perron