

## 2023 HOD SAFE SPORT REPORT - AUDREY COHEN

### December:

Throughout December the committee worked hard on “safe sport week” which was on instagram. Each day in the week leading up to Bowdoin Open we posted one of the commonly forgotten rules. The aim of this was to make sure everyone knew the rules prior to the meet. We found this to be quite helpful and planned to do it again later in the season.

### January:

Throughout January we began working on the safe sport policy of what to do if there is a safe sport violation. This policy is mostly aimed at less serious violations and includes the person being notified, educated, through meetings and learning, before it being sent to USA swimming safesport.

### February:

We continued working on the safe sport policy in February. We worked on the wording of the policy to make it as clear as possible. We presented the policy to the board and got their opinions on it, and made changes when necessary. We also spoke about how to get more SSRP.

### March:

For MESI champs we purchased safe sport kickboards. We went around to teams and asked them safe sport questions, whoever got the correct answer first one the kickboard. We found this to be a lot of fun for the athletes and also showed us what people knew about safe sport.

### April:

After attending the usa swimming workshop, we were able to bring back a lot of the information to Maine. We learned more about how to get SSRP and different methods of keeping people safe at swim meets. We also came up with the idea for a safe sport webinar after talking with athletes from different LSCs.

### May:

We spoke with Jessica Kirby, who we are hoping to have as our guest speaker at the safe sport webinar. We learned more about her thoughts for this. We also purchased more safe sport kickboards to give out as raffles at summer champs, like we did at winter MESI champs. There will hopefully be a better understanding about the rules this time.