

Swim Lessons

@Somerton Springs Swim Club
50 Bustleton Pike, Feasterville PA

Hosted by: **NRG Swimming**

**From Beginners to Ready to join a
Competitive Swim Team**

Ages: 3 & up:

*** must be potty trained (no diapers)**

Pre-Competitive Programming

TECHNIQUE and PERFORMANCE focused instruction

ONLINE REGISTRATION OPENS: NOW (new & returning)

START: 6/23/25

Registration online: <https://www.gomotionapp.com/team/manrg/page/team-registration>

All Classes held in the HEATED Adult pool (approximately 82 degrees)

<i>Lesson options:</i>	<i>Tuesday & Thursday:</i>	<i>Monday & Wednesday:</i>	<i>Cost:</i>
Small Group Lessons: (≤6 per instructor)	@11-11:40am	@11-11:40am* @7-7:40pm**	\$150.00 per session
3x 4 week sessions (8 lessons)	*Tuesday & Thursday must fill to open **needs at 6 least 6 swimmers to open		
1. 7/7 – 7/31	Participates will be separated by AGE & ABILITY during the 1 st class of each session		
2. 8/4 – 8/28	There will be at least 1 instructor for every 6 participates		
3. 9/2 – 9/26	1 st Session Sign-up open= NOW 2 nd Session open= 7/14/25 3 rd Session open= 8/11/25		
Private & Semi-private lessons available upon request			
Email / Call below			

Practice Schedules subject to change to accommodate larger/ smaller groups, holidays, other programming, & current needs

Registration Fee (new & reactivation):

Full payment for lessons due at sign-up, options above

nrgswiminfo@gmail.com

(215)715-4290