

PAY Winter Season (Mid December through January) Practice Schedule - 2025-2026 Season			
MONDAY	4:15-6:15 pm	Nat/Pre-Nat/Senior (DRYLAND 6:30-7:00pm)	Myrin
	6:15-7:15 pm	Junior 1	Myrin
	6:15-7:15 pm	Junior 2	Myrin
	7:15-8:00 pm	Novice 1	Myrin
	8:00-9:15 pm	Senior Prep 1	Myrin
	8:00-9:15 pm	Senior Prep 2	Myrin
TUESDAY	5:30-6:45 am	Nat/Pre-Nat/Senior (OR THURSDAY AM) - SELECT WEEKS	Myrin
	4:15-6:15 pm	Senior Prep 1 (DRYLAND 6:30-7:00pm)	Myrin
	4:45-6:15 pm	Senior Prep 2 (DRYLAND 6:30-7:00pm)	Myrin
	4:15-6:15 pm	Nat/Pre-Nat/Senior	Myrin
	6:15-7:00 pm	Novice 3	Myrin
	6:15-7:30 pm	Junior 2	Myrin
	7:30-9:00 pm	Junior 1 (DRYLAND 6:45-7:15pm)	Myrin
WEDNESDAY	4:15-6:15 pm	Nat/Pre-Nat/Senior (DRYLAND 6:30-7:00pm)	Myrin
	6:15-7:00 pm	Novice 2	Myrin
	7:00-7:45 pm	Novice 1	Myrin
	7:45-9:15 pm	Senior Prep 1	Myrin
	7:45-9:15 pm	Senior Prep 2	Myrin
THURSDAY	5:30-6:45 am	Nat/Pre-Nat/Senior (OR TUESDAY AM) - SELECT WEEKS	Myrin
	4:15-6:15 pm	Senior Prep 1 (DRYLAND 6:30-7:00pm)	Myrin
	4:45-6:15 pm	Senior Prep 2 (DRYLAND 6:30-7:00pm)	Myrin
	4:15-6:15 pm	Nat/Pre-Nat/Senior	Myrin
	6:15-7:00 pm	Novice 3	Myrin
	6:15-7:45 pm	Junior 1	Myrin
	7:45-9:00 pm	Junior 2 (DRYLAND 7:00-7:30pm)	Myrin
FRIDAY	4:15-5:45 pm	Nat/Pre-Nat/Senior (DRYLAND 6:00-6:30pm)	Myrin
	5:45-6:45 pm	Junior 1	Myrin
	5:45-6:45 pm	Junior 2	Myrin
	6:45-7:30 pm	Novice 1	Myrin
	6:45-7:30 pm	Novice 2	Myrin
	7:30-8:45 pm	Senior Prep 1	Myrin
	7:30-8:45 pm	Senior Prep 2	Myrin
SATURDAY	10:30-1:00 pm	Nat/PreNat/Senior	Myrin
	10:30-12:30 pm	Senior Prep 1 ONLY w/ RSVP & Approval of Coaching Staff	Myrin
	1:00-2:45 pm	Junior 1	Myrin
	1:00-2:15 pm	Junior 2	Myrin
SUNDAY	9:00-10:15 am	Novice 1	Heritage
	9:00-10:00am	Novice 3	Heritage
	10:15-11:15am	Novice 2	Heritage
NOTE: ALL DRYLAND SESSIONS ARE TENTATIVE AND SUBJECT TO CHANGE BASED ON SPACE/COACH AVAILABILITY			