

PennDel Championship – Adams Division

MEET ANNOUNCEMENT

About the Championship

Date: January 25 & 26, 2025

Location: Ridley High School

Entry Deadline: 1:00 PM on January 11, 2025

Hosted by: Ridley Area YMCA

Meet Director: Erik Nelson

Web Site: teamunify.com/marays

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ABOUT THE CHAMPIONSHIP

This meet is a closed, inter-association championship YMCA meet. This meet and all participants will adhere to the Rules that Govern YMCA Competitive Sports and the Swimming Addendum to the Rules that Govern YMCA Competitive Sports. USA Swimming technical rules will be followed. The meet is approved by the USA-S Middle Atlantic Swimming.

USA-S/MA Approval number MA 2527 AP.

In granting this approval it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

Information on the requirements for an approved meet can be found in Article 202.4 of the USA Swimming Rulebook.

ADJUSTMENTS TO THE MEET ANNOUNCEMENT: The Championship Meet Committee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet or due to unforeseen issues of weather or facility problems. Changes will be communicated as far in advance as possible. None of the required elements for a YMCA Meet and USA-S Approved meet can be changed.

MEET TIMELINE: Warm-up and start times for all sessions are subject to change depending on the size of the meet

	Session 1	Session 2	Session 3
Day	Saturday	Saturday	Sunday
Age Groups	8 & U & 9-10G	13-14 & 15-21	9-10B & 11-12
Warm-up Start	9:00AM	2:00PM	10:00AM
Coaches Meeting	TBA	TBA	TBA
Officials Meeting	TBA	TBA	TBA
Timers Meeting	TBA	TBA	TBA
Start of Session	10:30AM	3:30PM	11:30AM

INCLEMENT WEATHER/CANCELTATION: In the event of inclement weather that results in the cancelation of the championship, the championship will be rescheduled for February 1-2, 2025, at Ridley High School Pool.



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LOCATION AND FACILITY

Location: Ridley High School Pool, 901 Morton Avenue, Folsom, PA 19033

Emergency Phone Number: 610-544-1080

The Ridley High School Pool is configured as a six lane, SCY course. Water depth at start is 12 feet and at turn-end is 3.5 feet. For the purposes of this competition, (6) lanes will be used for the competition.

Electronic timing system will be used. The competition course has not been certified in accordance with 104.2.2C (4).

Seating for spectators will be in the bleachers.

The seating for swimmers will be on the pool deck.

The ready bench area will be behind the blocks

We do not have access to the School District Wi-Fi.

WEB SITE

Meet Information can be found at: <http://www.penndelswim.org>

Online Meet Results: Meet Mobile will be available.

CONTACT INFORMATION

Meet Director: Erik Nelson email: enelson@cyedc.org

Entry Chairperson: Carl Sandoe email: carl.sandoe@gmail.com

Referee: Mark Fisher email: fisher.mark1226@gmail.com

Administrative Official: Erik Nelson email: enelson@cyedc.org

ELIGIBILITY

ATHLETE

YMCA Membership: An athlete must be a YMCA member in good standing who holds an annual, full privilege membership at the YMCA he/she represents for a period of at least 30 days prior to the first day of the meet.



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Swimmers who wish to change their membership from one YMCA to another may do so through Transfer by Consent. An athlete may transfer from one YMCA team to another YMCA team and be eligible to compete for his/her new YMCA team immediately upon the written consent of the YMCA that he/she previously represented.

For further detail, reference: SWIMMING ADDENDUM TO THE RULES THAT GOVERN YMCA COMPETITIVE SPORTS

Amateur Status: An athlete may not have represented a college, university or other post-high school institution in any competition and may not have accepted pay or compensation for competing as a swimmer.

Unattached Athletes: There is no unattached status in YMCA Swimming.

Age: An athlete must not older than twenty-one (21) years of age on the first day Meet.

PennDel Meet Participation: In order to be eligible to compete, each athlete must be currently listed on a roster of a Penn-Del League member in the Division being contested and absent an express waiver by the Penn-Del League Board, must have competed as an official or exhibition swimmer in at least two (2) Penn-Del League dual meets in the current season.

Athletes with a Disability: Swimmers with a disability are welcome to enter this meet. The coach or team entry person must enter a comment on the entry to alert the Entry Chairperson. The coach must also alert the meet director and the meet referee prior to the competition as to the need for any special accommodations.

COACH

Teams without A Coach at the Meet: All athletes and teams must have at least one certified and credentialed YMCA coach designated as being responsible for their supervision during competition. When a YMCA team will not have a coach present, that YMCA may authorize an eligible coach from another YMCA attending the meet to be responsible for their athletes at the meet. The Meet Director and Meet Referee must be notified of this situation.

TEAM

Teams: All teams participating must be members in good standing of the Penn-Del Swim League and assigned to the Division being contested. Teams/Associations with outstanding debts will not be allowed to compete until all debts to the League are paid.



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Insurance: Each team that participates in the meet must have a current and correct Certificate of Liability Insurance, in effect through the last day of the meet.

ENTRY INFORMATION

ENTRY LIMITS: Swimmer may enter up to four (4) events, of which no more than three (3) may be individual events. Deck entries are not permitted.

Teams will be allowed to enter an unlimited number of relays in the relay events. Relay teams must each have a different letter designator assigned by the entering Team.

Swimmers will compete in age groups based on their age as of December 1, 2024, as rostered for the dual meet season. Swimmers must compete in their own age group, except for the 500 Freestyle 12-21 and the Open Age Group Relays.

QUALIFICATION PERIOD: The qualification period is September 1, 2024, through the entry deadline.

USA-S IDs: Only USA-S registered athletes should have an ID number in the Meet Entry File. For TeamUnify users, the Meet Director will need to delete the IDs. Please provide the Meet Director a list of swimmers not USA-S registered.

TIME STANDARDS: There are no Time Standards for this championship.

TIMES: No Times (NT) are allowed if the swimmer does not have an official time for the event. Submit entry times in actual time. Entered times must be the swimmer's BEST time achieved during the qualifying period.

ENTRY FEES: Swimmer surcharge: \$7. Swimmer individual event: \$7.00; Relay Event: \$21. There are no fees for coaches attending with their team.

ENTRY DEADLINE: 1:00 PM January 11, 2025

ENTRY PROCEDURE: All entries must be submitted through the Swim Cloud Online Meet Entry system. Entries are to be submitted in a Hy-Tek or TeamUnify meet entry format. Initial entries are due Sunday at 1PM two weeks prior to the start date of the meet. Updates only will be permitted up to the Wednesday 1PM prior to the start of the meet. Confirmation of entries will only be provided via an Online Entry report generated when entries are submitted to the Online Meet Entry System.



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The web site address of the Online Meet Entry system will be available on the SwimCloud web site at <https://www.swimcloud.com/results/289354/times/>

All questions regarding entries should be directed to the entries chairperson.

Carl Sandoe email: carl.sandoe@gmail.com

PAYMENT: Entry fees are due at or prior to the date of the Championship. Check should be made payable to: **Community YMCA** and mailed to:

**Ridley Area YMCA
Attn: Erik Nelson
900 South Avenue
Secane, PA 19018**

VOLUNTEERS/OFFICIALS/TIMERS

OFFICIALS AND TIMERS: Each team in the division must provide, at the least, three (3) timers and one (1) certified official for each session of the championship meet. Additional volunteers are welcome and encouraged. **Meet Volunteers are encouraged to sign up prior to the entry deadline.**

SIGN-UP PROCEDURE: Online sign-up at:
<https://www.signupgenius.com/go/20F0D4CAFAB283-202120221>

ATTIRE: Officials should wear white Oxford or polo shirt and navy long pants, shorts, skorts, skirts, or capris and display their current certification patch.

CHECK-IN PROCEDURE

COACHES MEETING/SCRATCH MEETING: There will be a coaches meeting at the beginning of each session. Specific meeting times will be posted on the PennDel web site at <http://www.penndelswim.org>. At least one coach from each team must attend this meeting.

OFFICIALS AND TIMERS MEETING: There will be an officials Meeting followed by a volunteer timers meeting prior to each session. Specific meeting times will be posted on the PennDel web site at <http://www.penndelswim.org>

CHAMPIONSHIP PROCEDURES AND OPERATIONS

CHAMPIONSHIP COMMITTEE: The Committee will consist of the Meet Director, PennDel Meet Referee, PennDel Administrative Referee. The



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Championship Committee will have the final authority on all procedural matters at the Championship.

RULES: The meet will run under YMCA Rules that Govern Competitive Sports, Swimming Addendum to the YMCA Rules that Govern Competitive Sports, PennDel League Rules (SECTION 3 - CHAMPIONSHIPS AND CHAMPIONSHIP ADMINISTRATION). and USA-S Technical Rules.

MEET FORMAT: The meet will be swum using a Timed Finals format. Swimmer's age will be determined as of December 1, 2024.

EVENT SEEDING: All Events will be seeded slowest to fastest prior to the day of the meet. The Meet Referee/Administrative Referee reserve the right to combine heats and events at the completion of the scratch meeting.

SCRATCH PROCEDURES: An athlete can only be scratched from the meet at the coach/scratch meeting. After the coach/scratch meeting, an athlete is considered entered into the event.

DECLARED FALSE START: An athlete may withdraw from a heat by electing to take a declared false start. Such declaration must be made known to the Deck Referee before the heat or swim off is announced. A declared false start counts as an event swum for the athlete and will be counted in the maximum number of events allowed for each athlete.

NO SHOW: An athlete who is seeded in an event and fails to compete (i.e., a "no show") will be allowed to swim in further individual or relay events with no penalty. A no-show will be counted in the maximum number of events allowed for each athlete.

WARM-UP SAFETY PROCEDURES: Teams will be assigned lanes for warm-ups. The warm-up assignments and schedule will be available on the PennDel Web site at <http://www.penndelswim.org>

During designated warm up sessions, athletes may only enter the competition pools from the starting end. Athletes are expected to use a three-point entry in which they sit on the side of the pool then slide into the pool gently, with one hand on the wall. The exception is during specific warm up periods when sprint lanes are designated for practicing racing starts.

Coaches are responsible for the safety of their athletes and are expected to always monitor them during warm up sessions.

READY BENCH: There will be a ready bench for all sessions. However, swimmers are still responsible to be at the blocks for the start of their race.



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RELAY DECLARATION: Changes in the Medley Relay swimmers or order of the swimmers must be made at the coaches/scratch meeting or at a time designated by the Meet Referee. Changes in a Free Relay swimmers or order of swimmers must be made prior to end of the Breaststroke events. Last minute changes to the order of swimmers should be given to the head lane timer prior to the start of the heat.

STARTS: 'Fly-over' starts will be used at this meet. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.

SWIM-OFFS: There will be no Swim-offs in the event of a tie for any places

SWIMS (USA-S): This meet has been approved by USA Swimming. Therefore, all individual times will be automatically submitted for entry into SWIMS.

RESULTS: Any results displayed on the scoreboard are unofficial until final results are published. Results will be posted in the hallway outside the gallery and in the gym.

PROTEST PROCEDURE: Protests may only be initiated by a coach or YMCA supervisor whose team is competing in the meet. The Championship committee will arbitrate protests, eligibility issues, safety rules and other issues

Protests against the judgment decisions of starters, stroke, turn, place and relay take-off judges can only be considered by the Meet Referee and the Meet Referee's decisions will be final (USA-S Rule 102.23).

CONDUCT AND RESTRICTIONS: The Meet Referee reserves the right to dismiss any swimmer, coach and/or spectator from the competition due to inappropriate conduct. The following Conduct Rules shall apply:

- Deck access is limited to only registered and approved coaches, swimmers, and working officials.
- Deck changes are prohibited.
- Glass, Food, and Chairs are not permitted on deck.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photographs are not allowed to be taken behind the block anytime that swimmers are present.
- Massage tables are not permitted.



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- Individuals are responsible for the security of their personal belongings and are encouraged not to bring valuables to the meet venue and not to leave items unattended.
- Swimmers are not permitted in the spectator stands.
- Shaving is not permitted in any areas of the facility.
- Swimmers are requested to wear sandals and towel off before traveling the corridors.
- No Flash Photography at the start of competition races.
- Operation of a **drone**, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations of USA Swimming

AWARDS AND RECOGNITION

SCORING:

Place	Individual Events	Relay Events
1	16	32
2	13	26
3	12	24
4	11	22
5	10	20
6	9	18
7	7	14
8	5	10
9	4	8
10	3	6
11	2	4
12	1	2

AWARDS: Medals are awarded for 1st-3rd place in individual events and 1st-3rd place in relays.

Ribbons are awarded for 4th-12th place in individual events and 4th-6th place in relays.



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RECOGNITION: PennDel overall Division winner and dual-meet season first-place winners for each age group will be announced and recognized during the Championship.

TIME TRIALS

Time Trials will not be held at this Championship.

SPECTATORS

ADMISSION FEE: Admission is free

HEAT SHEETS/PROGRAMS: Heat sheets will be available on meet mobile and the meet home page

CONCESSION STAND: Food and Drinks will be on sale throughout the meet. The Snack Bar will be in the Hallway behind the bleachers.

APPAREL: Commemorative Gear will be available for purchase.

SEAT SAVING POLICY: Due to the limited venue spectator seating, seat saving will not be allowed

HANDICAP SEATING: Accessible seating is available for those spectators with disabilities, special needs, or mobility issues. Please contact the meet director.

LOST AND FOUND: Will be located in the pool office.

CONDUCT AND RESTRICTIONS:

- No Flash Photography at the start of competition races.
- No personal chairs are allowed in the spectator area.
- Parents are responsible for the conduct of their children. Children are not allowed to roam the facility unattended.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Spectators are not permitted on deck
- No smoking, drugs, or alcohol are permitted in the swimming complex.
- FOOD is not allowed in the spectator area.
- The Meet Director has the discretion to remove any person whose conduct is inconsistent with the core values of the YMCA.
- Operation of a **drone**, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.



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Exceptions may be granted with prior written approval by the Vice President of Program Operations of USA Swimming

LIABILITY, SAFETY AND EMERGENCY PROCEDURES

INSURANCE: Each Association participating in this meet must have insurance coverage for representative(s) including leadership and participants who will be in attendance for the period of the meet.

LIABILITY LIMITS:

- In granting of the USA-S/MA approval, it is understood and agreed that USA Swimming and Middle Atlantic Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.
- By awarding this Championship to the host team, it is understood and agreed that PennDel Swim League shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

EMERGENCIES: The facility personnel will handle all emergencies at the meet. These individuals will provide CPR and first aid as needed and will ensure that individuals with serious injuries are transported immediately to the nearest hospital for further treatment. Defibrillators will be on site.

Any coach, athlete or official who recognizes an emergency situation should immediately inform the facility's personnel and then make sure the vicinity of the emergency is clear for the emergency personnel to do their job.

UNACCOMPANIED ATHLETE: Each athlete must have a certified coach responsible for him/her while on the pool deck. The coach of the athlete must authorize in writing a coach from another team to represent their team and be responsible for the swimmer(s).

CONCUSSION AWARENESS: This meet will follow the YMCA of USA Concussion procedure. Anyone who observes or has knowledge of a potential head injury should immediately notify lifeguards and/or hired medical personnel. Once the injury report is completed, the lifeguard and/or hired medical personnel will notify the Event Staff, the athlete's coaching staff, and the Meet Director.

If a head injury occurs, the action plan below will be followed:

1. Athlete is removed immediately from participation by the Meet Director



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2. Athlete must be evaluated by a licensed health care professional experienced in identifying and treating concussions. In addition, the athlete must be in compliance with the laws that are in effect within the jurisdiction where the meet is held.
3. The coaching staff will inform the athlete's parents or guardians about the possible concussion and give or send them the fact sheet on concussion.
4. The athlete will not be allowed back to warm-up or compete until a health care professional, experienced in evaluating concussions determines that the athlete is symptom-free and is OK to return to participation.

LIGHTNING POLICY: The National Lightning Safety Institute, National Athletic Trainers Association, American College of Emergency Physicians, USA Swimming, and YMCA of the USA all recommend or require closing an indoor pool during an electrical storm. This policy will be followed at the meet.

DECK ACCESS: Deck Access will be limited to swimmers, coaches, officials and meet workers. Deck Passes will be issued to gain access to the deck.

DIRECTIONS

Please use 901 Morton Avenue, Folsom, PA 19033 in your GPS device to get point-to-point directions to this facility.

LODGING

N/A

PARKING

Swim meet parking will be in the High School lot, please park in a lined space.

ADDITIONAL INFORMATION

Only swimmers and volunteers should be on the pool deck.



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APPENDIX 1: ORDER OF EVENTS

Session 1 – Saturday AM

- | | |
|-----|-------------------------------------|
| 101 | Girls 8 & Under 100 Medley Relay |
| 102 | Boys 8 & Under 100 Medley Relay |
| 103 | Girls 9-10 200 Medley Relay |
| 104 | Girls 9-10 100 Freestyle |
| 105 | Girls 8 & Under 25 Freestyle |
| 106 | Boys 8 & Under 25 Freestyle |
| 107 | Girls 9-10 200 Freestyle |
| 108 | Girls 9-10 100 Backstroke |
| 109 | Girls 8 & Under 25 Backstroke |
| 110 | Boys 8 & Under 25 Backstroke |
| 111 | Girls 9-10 50 Backstroke |
| 112 | Girls 9-10 100 Breaststroke |
| 113 | Girls 8 & Under 25 Breaststroke |
| 114 | Boys 8 & Under 25 Breaststroke |
| 115 | Girls 9-10 50 Breaststroke |
| 116 | Girls 8 & Under 50 Freestyle |
| 117 | Boys 8 & Under 50 Freestyle |
| 118 | Girls 9-10 50 Freestyle |
| 119 | Girls 9-10 50 Butterfly |
| 120 | Girls 8 & Under 25 Butterfly |
| 121 | Boys 8 & Under 25 Butterfly |
| 122 | Girls 9-10 100 Butterfly |
| 123 | Girls 9-10 100 IM |
| 124 | Girls 8 & Under 100 Freestyle Relay |
| 125 | Boys 8 & Under 100 Freestyle Relay |
| 126 | Girls 9-10 200 Freestyle Relay |



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Session 2 – Saturday PM

201	Girls Open 200 Medley Relay
202	Boys Open 200 Medley Relay
203	Girls 13-14 200 Medley Relay
204	Boys 13-14 200 Medley Relay
205	Girls 13-21 400 IM
206	Boys 13-21 400 IM
207	Girls 13-21 200 Freestyle
208	Boys 13-21 200 Freestyle
209	Girls 13-21 100 Backstroke
210	Boys 13-21 100 Backstroke
211	Girls 13-21 100 Breaststroke
212	Boys 13-21 100 Breaststroke
213	Girls Open 500 Freestyle
214	Boys Open 500 Freestyle
215	Girls 13-21 50 Freestyle
216	Boys 13-21 50 Freestyle
217	Girls 13-21 200 Butterfly
218	Boys 13-21 200 Butterfly
219	Girls 13-21 100 Freestyle
220	Boys 13-21 100 Freestyle
221	Girls 13-21 200 Backstroke
222	Boys 13-21 200 Backstroke
223	Girls 13-21 200 Breaststroke
224	Boys 13-21 200 Breaststroke
225	Girls 13-21 100 Butterfly
226	Boys 13-21 100 Butterfly
227	Girls 13-21 200 IM
228	Boys 13-21 200 IM
229	Girls 13-14 200 Freestyle Relay
230	Boys 13-14 200 Freestyle Relay
231	Girls Open 200 Freestyle Relay
232	Boys Open 200 Freestyle Relay



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Session 3 – Sunday AM

- 301 Girls 11-12 200 Medley Relay
- 302 Boys 11-12 200 Medley Relay
- 303 Boys 9-10 200 Medley Relay
- 304 Girls 11-12 200 Freestyle
- 305 Boys 11-12 200 Freestyle
- 306 Boys 9-10 200 Freestyle
- 307 Girls 11-12 50 Freestyle
- 308 Boys 11-12 50 Freestyle
- 309 Boys 9-10 50 Freestyle
- 310 Girls 11-12 50 Backstroke
- 311 Boys 11-12 50 Backstroke
- 312 Boys 9-10 50 Backstroke
- 313 Girls 11-12 50 Breaststroke
- 314 Boys 11-12 50 Breaststroke
- 315 Boys 9-10 50 Breaststroke
- 316 Girls 11-12 100 Butterfly
- 317 Boys 11-12 100 Butterfly
- 318 Boys 9-10 100 Butterfly
- 319 Boys 9-10 100 Freestyle
- 320 Girls 11-12 100 Freestyle
- 321 Boys 11-12 100 Freestyle
- 322 Boys 9-10 100 Backstroke
- 323 Girls 11-12 100 Backstroke
- 324 Boys 11-12 100 Backstroke
- 325 Boys 9-10 100 Breaststroke
- 326 Girls 11-12 100 Breaststroke
- 327 Boys 11-12 100 Breaststroke
- 328 Boys 9-10 50 Butterfly
- 329 Girls 11-12 50 Butterfly
- 330 Boys 11-12 50 Butterfly
- 331 Boys 9-10 100 IM
- 332 Girls 11-12 200 IM
- 333 Boys 11-12 200 IM
- 334 Boys 9-10 200 Freestyle Relay
- 335 Girls 11-12 200 Freestyle Relay
- 336 Boys 11-12 200 Freestyle Relay



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