

ROCKY RUN REEF SHARKS

WHAT TO BRING TO PRACTICE

PRACTICE SUIT

GOGGLES

BACK-UP GOGGLES

CAP

BACK-UP CAP

WATER BOTTLE

MESH EQUIPMENT BAG

KICKBOARD

FINS

STROKEMAKER PADDLES (Age Group & Senior)

PULL BOUY (Age Group & Senior)

SNORNEL (Senior optional)

