

Rocky Run Swim Team:

PRIVATE COACHING SESSIONS



Rocky Run YMCA
Private Coaching Sessions
Summer 2018

We are excited to announce the opportunity for our swimmers to work one on one with one of our experienced and professional coaches!

These sessions will be geared towards our competitive swimmers with the emphasis being placed upon stroke mechanics, reinforcing proper technique, and enhancing skills that our swimmers will need to further their competitive swimming performance.

COST:

Active Rocky Run YMCA Members: \$30.00 per 30 minute session
Non-Members: \$40.00 per 30 minute session

AVAILABILITY:

Availability is limited and will be scheduled on a first come, first served basis. Private coaching sessions will be scheduled around the availability of our coaches.

HOW TO SCHEDULE A PRIVATE COACHING SESSION:

Contact Coach Clark at cbickling@philaymca.org to schedule a time.

