



Winter Season 2025-2026

Practice Starts September 8th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mini (Level 1)	5:30-6:30pm		5:30-6:30pm			
Orange (Level 2)		6:00-7:15pm		6:00-7:15pm		
Bronze (Level 3)	6:00-7:20pm		6:00-7:20pm		6:00-7:20pm	
Silver (Level 4)	6:00-7:30pm	6:00-7:30pm		6:00-7:30pm	6:00-7:30pm	
Gold (Level 5)	4:30-6:00pm 6:15-7:00pm (dryland)	4:30-6:00pm	4:30-6:00pm 6:15-7:00pm (dryland)	4:30-6:00pm	4:30-6:00pm	7:15-9:15am
Advanced (Level 6)	4:00-6:00pm 6:15-7:00pm (dryland)	5:45-6:45am 4:00-6:00pm	4:00-6:00pm 6:15-7:00pm (dryland)	5:45-6:45am 4:00-6:00pm	4:00-6:00pm	7:15-9:15am

6 lanes on Monday 5:30-7:30pm

5 lanes Tuesday-Saturday

4 lanes for morning practice on Tuesday and Thursday, starting 1st week of October.

Dryland starts September 15