

WESTTOWN AQUATIC CLUB

Locker Room Policies

2025 - 2026 Season



UPDATED 22 OCT 2025

Westtown Locker Room and Changing Area Policy

Use of Locker Rooms and Changing Areas

Athletes and Adult Participants must use the designated locker rooms or changing areas when changing in or out of a swimsuit. Deck changing is strictly prohibited.

Athlete Conduct and Accountability

First and foremost, Westtown Aquatic Club swimmers should understand personal accountability and recognize that being a member of WA means maintaining a high level of personal character at all times. The use of poor language, inappropriate discussions, and general roughhousing in the locker room is unacceptable. Please notify a coach, Head Coach or Safe Sport Coordinator to report any violations.

Supervision & Safety

To ensure the safety of all athletes, all interactions between Adult Participants and Minor Athletes in locker rooms or changing areas must be observable and interruptible, except in the following situations:

- Emergency circumstances requiring immediate assistance.
- Pre-existing dual relationships, such as a family member acting as a coach. (***Cont'd on next page***)

- Close-in-age exceptions, which apply to younger Adult Participants who are within four years of age of the Minor Athlete.

Use of Recording Devices

The use of cameras, cell phones, or any device with recording capabilities is strictly prohibited in locker rooms, changing areas, and similar spaces.

Undress Policy

- Adult Participants must never intentionally expose themselves to Minor Athletes in any way.
- No Adult Participant may ever request or encourage a Minor Athlete to expose themselves under any circumstance.

This policy does not apply to areas of the body exposed while wearing appropriate swimwear.

Shower Policy

Adult Participants must not shower with Minor Athletes, except in the following cases:

- When a Close-in-Age exception applies.
- When showering as part of a pre- or post-activity rinse while wearing swimwear.

Parents or guardians may submit a written request that their child does not shower with Adult Participants. Westtown Aquatics will honor this request.

Locker Room Monitoring Policy

Westtown Aquatics will conduct regular and random monitoring of locker rooms and changing areas to ensure compliance with this policy. Methods may include:

- Conducting a pre-use sweep of locker rooms.
- Posting staff outside locker rooms during use.
- Leaving doors partially open when appropriate.
- Periodic walkthroughs by staff (with staff only checking locker rooms corresponding to their own gender).

If a Minor Athlete goes to the locker room and does not return in a reasonable time, a staff member will check on their whereabouts.

Media & Championship Celebrations in Locker Rooms and Changing Areas

Photography or recording in locker rooms is prohibited, except in special cases, such as championship celebrations, when:

- Parental/legal guardian consent is obtained (if possible).
- The event is approved by club leadership.
- At least two Adult Participants are present.
- Everyone in the locker room is fully clothed.

If a parent/legal guardian enters a locker room, they must:

- Only enter the locker room of their child's competition category.
- Notify a coach or administrator in advance to obtain approval. They may only enter once written approval has been given.



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