

SEATIGER TIDE Newsletter

November 2025





Announcements & Reminders

The 2025-2026 WAC Fall/Winter Practice schedule begins on November 10. See schedule attached below.

December 2: Dine & Donate at Burgers by Wildwich. See information below.

SAVE THE DATE:

Elf Swim: December 20th 4-6:30 pm at The Pilot School

WAC Swim-A-Thon will be held on January 10, 2026. Seniors and Elite will swim during morning practice. JE/Dev/AG will be in the afternoon.

Gold Team - look for your caps from winning the Black and Gold Meet.

WAC BACKERS BLOG /

Our largest fundraiser is our Swim-A-Thon, which will be held on January 10, 2026 at Claymont. Please be on the lookout for fundraising information. We encourage full participation, and will make it a fun event with music, treats and prizes!

Dates to Know



November 12: Swimmers Night with the Flyers

November 15-16:

BHA Fall Splash A/BB/C Meet University of Delaware

November 16:

BHA Fall Splash Mini Meet University of Delaware

Sea Tiger Birthdays



11/9 Fmerie W. 11/12 Mia M. 11/12 Cohen B. 11/12 Brody C. Vivian F. 11/14 11/14 Julie J. 11/15 Katelyn H. 11/15 Sara H. Violet R. 11/16 Keller H. 11/16 11/17 Zachary L.





Sea Tiger of the Month

Each month our coaches chose a swimmer who best displays the following characteristics:

- Attitude maintain a positive attitude in and out of the pool
- Effort demonstrates consist effort in practice
- Practice and Meet Performance noticeable improvement in technique, endurance, and/or speed in practice and at meets; demonstrates improved effort in listening, doing the strokes correctly, paying attention, and/or following directions
- Leadership takes initiative in setting a good example for others.

Congratulations to our Sea Tigers of the Month!

Developmental: Lily G. and Andrew L.

Age Group: Madelyn F. and Brennan B.

Junior Elite: Maren K. and Damien G.

Seniors: Cohen B.

Elite: Sara H. and Ben K.



Social Update



Thank you to all the families that came out and participated in the hayride. A special shout out goes to the parents who organized and chaperoned.

Spirit Wear Pop Up Shop



The WAC Spirit Pop Up Shop is currently OPEN! Get a head start on your holiday gift shopping. The store is open until November 17.

A portion of the proceeds benefits WAC Backers.

Check your email or click **here** to visit our store.



🖒 Like Us, Follow Us

Like & Follow our Social Media Pages:



@Wilmington Aquatic Club @WAC Backers



@wilmington.aquatic.club



@wilmingtonaquaticclub



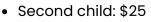
ELF SWIM

Mark your calendars for the return of our ELF SWIM!!

Drop your swimmer at Pilot on **December 20 from 4:00–6:30 p.m**. and take some time to finish your holiday shopping, get your gifts wrapped, or simply enjoy a night out! Meanwhile, your swimmer will have fun with pizza, pool time, and a holiday craft with friends.

Cost:

First child: \$35



Third child: \$15



All proceeds benefit WAC Backers. Volunteers Needed! See the website for more details.

Dine & Donate



Join us for a Dine & Donate Day!

Come enjoy a great meal at Burgers by Wildwich at 2616 Philadelphia Pike D, Claymont, DE 19703 on **December 2** from 11:30 am - 7 pm. A portion of all sales that day will benefit WAC Backers. Bring your family and friends — every bite makes a difference!

THE 2025-2026 WAC FALL/WINTER PRACTICE SCHEDULE

THE THE PARTY OF T	2025-2026 Wilmington Aquatic Club Winter Practice Schedule (11/10/25-2/28/26)						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Saturday
Developmental (Dev)	5:15-6:15pm or 6:15-7:15pm	Off	6:15-7:15pm	5-6pm	6:30-7:30pm	12:30-1:30pm	11am-12pm
	Fraim		Fraim	Pilot	Fraim	Pilot	Fraim
	Mechanics		Mechanics	Training	Training	Training	Training
Age Group (AG)	5:15-6:15pm or 6:15-7:15pm	Off	5:15-6:15pm	6-7:30pm	5:15 -6:30pm	11am-12:30pm	11am-12:30pm
	Fraim		Fraim	Pilot	Fraim	Pilot	Fraim
	Mechanics		Mechanics	Training	Training	Training	Training
Junior Elite (JE)	7:15-8:15pm	5-6:30pm Claymont Training	5-6pm/6-7pm	7-8:30pm	Off	11am-12:30pm (9- 11 ONLY)	Off
	Fraim		Claymont	Claymont		Pilot	
	Mechanics		Training/Dryland	Training		Training	
						9-11am (12-13 ONLY)	
						Pilot	
						Training	
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Senior	7-8:30pm	5-6:30pm	7-8:30pm	7-8:30pm	Off	9-11am	Off
	Claymont	Claymont	Claymont	Claymont		Pilot	
Elite AM	Off	5:30-7am		5:30-7am		7-9:30am	
		Pilot	Off	Pilot	Claymont		
Elite PM	5-7pm	6:30-8:30pm	5-6pm/6-7pm	5-7pm	5-7pm Claymont	Off	Off
	Claymont	Claymont	Claymont (Dryland/Mechanics)	Claymont			

TIMES IN RED INDICATE A CHANGE FROM THE FALL SCHEDULE













Sea Tigers of the Month





