

Parents Guidebook

**2015 ILLINOIS YMCA
STATE SWIMMING
CHAMPIONSHIPS
MARCH 21ST-22ND**



**Hosted By
Fox Valley Family YMCA
Aqua Force Swim Team**

Welcome IL State Families

Aqua Force is proud to present the 2015 Illinois YMCA State Swimming Championship Meet. As we come to the end of the season our goal as the host committee is to give everyone, from swimmer to spectator, a wonderful experience.

The pool is 10 lanes and we will be using 10 for prelims and 8 for finals. We will use both pools for warm-ups and possibly the 8 and under session.

This guide contains information on:

- 1.Scoreboard Shout-Outs**
- 2.Invocation and National Anthem Request**
- 3.Sponsor Opportunity**
- 4.Hotel Information**
- 5.Event Information**
- 6.Event List**
- 7. Time Standards**

The meet will take place on March 21st & 22nd. Watch for details on warm ups and start times from your coach in the week before the meet.

Scoreboard Shout outs

1. Fill out the form below and email it along with your photo to mattkoppin@gmail.com with the subject line "State Shout outs"
 2. Then mail your \$3.00 payment to Fox Valley Family YMCA, Attn: Aqua Force, 3875 Eldamain Road, Plano, IL 60545
- We must receive all information and payment by March 13th, 2015. If we have not received the payment by March 13th the email portion will not be completed.

Swimmer's Team Call Letters _____

Swimmer's Name _____

2 or 3 Word Message _____

Session Swimmers In _____

Example:



ONLY \$3.00

KAYLA DEUBEL - FVFY

JUST KEEP SWIMMING

Invocation & National Anthem

We are looking for individuals who would be interested in singing or playing the National Anthem at the beginning of each session.

Along with that, we would also like to do an invocation/mission moment at the beginning of each session. Any coaches or individuals who have an inspiring/motivating story about the sport of swim signup to share.

You can volunteer for either of these unique opportunities by emailing:

Melissa Castilla
ranger9194@yahoo.com

Slots Available

Saturday & Sunday 7:30 AM
Saturday & Sunday 1:30 PM
Saturday & Sunday 5:00 PM

2015 YMCA State Swim Meet Sponsor Opportunity

Sponsor Levels:

GOLD = \$250 Printed Sign Outside Event, Full Page Ad in the Heat Sheet, Coupon/Promo to be passed out to all swimmers

Silver = \$100 Half Page Ad in the Heat Sheet and Coupon/Promo to be passed out to all swimmers

Bronze = \$50 Quarter Page Ad in the Heat Sheet

Yes, we would like to sponsor the 2015 YMCA State Swim Meet.

We elect to do:

Gold _____

Silver _____

Bronze _____

Contact Information

Name _____

Address/City/State/Zip

Phone (____) _____

Email _____

Return this form with payment by

March 6th, 2015

Checks Payable Fox Valley Family YMCA

Fox Valley Family YMCA

3875 Eldamain Road

Plano, IL 60545

Hotel Information

Hotels for the 2015 IL YMCA State Swimming Championships are now available for reservations through the IN South Shore Convention and Visitors Authority. You can find the info and link to the reservation page at

[Www2.mmx2reservations.com/southshore/pc/ymcaswim](http://www2.mmx2reservations.com/southshore/pc/ymcaswim)

Those looking for group reservations please call the South Shore Convention and Visitors Authority directly between 8 AM-5 PM CST,

Monday-Friday at 866-481-5253.

Hotel Information

Additional rooms are available at the Marriott properties in Hammond, IN and can be reserved at discounted rates by asking for the Illinois YMCA State Swimming. Marriott discounted rates will expire on February 27th, 2015.

**Fairfield Inn & Suites
for 129.99 USD per night
7720 Corinne Drive
219-845-6950**

**Courtyard
for 139.99 USD per night
7730 Corinne Drive
219-845-6350**

**Residence Inn
for 139.99 USD per night
7740 Corinne Drive
219-844-8440**

Event Information

Directions

- **Lake Central High School is located at 8400 Wicker Avenue, St. John, IN.**
- **Exit off of I/94. Just over the Illinois/Indiana border.**

Parking

- **There are three lots in front and back of the school.**
- **We will have parking attendants directing traffic. We will be filling lots in a controlled order.**
- **There will be a swimmer only drop off at front of building.**

Cost

- **Admission each day will be \$5.00 per session, non-participating swimmers, and those age 5-18 \$3.00.**
- **Heat Sheet for each session will be \$5.00.**
- **All session Heat Sheet (6 sessions) will be \$25.00.**

Event Information

Seating

- **The pool deck has seating for all swimmers, no spectators are allowed on the pool deck**
- **Viewing area is above the pool with access by three staircases. During session change there will be one up and two down staircases.**
- **There is a large family common area that you can bring your chairs and blankets to retreat to.**

Food

- **Concessions will be on site**
- **No outside food allowed in the grand stands**
- **Healthy Care Package's will be available near the entrance**

Vendors

- **The Swim Store**
- **Bag Tag Heaven**
- **Maui -Waii**
- **Sweet Frog Frozen Yogurt**
- **Fine Designs T-Shirt**
- **Action Photography**

Event List

Saturday AM	Saturday Midday	Saturday Finals
<p>21&Under 400 Fr. Relays (TF) 12&Under 200 IM Awards 21&Under 400 IM (TF) 12 & Under 100 Breast (TF) 14&Under 100 Breast 21&Under 100 Breast Awards 12&Under 100 Freestyle 14&Under 100 Freestyle 21&Under 100 Freestyle 12&Under 200 Medley Relay 14&Under 200 Medley Relay 21&Under 200 Medley Relay 21&Under 200 Back (TF) Awards 12&Under 50 Butterfly 14&Under 100 Butterfly 21&Under 100 Butterfly 12&Under 50 Backstroke 14&Under 200 Freestyle 21&Under 200 Freestyle</p>	<p>10&Under 200 Freestyle 8&Under 25 Backstroke 10&Under 50 Backstroke Awards 8&Under 100 IM 10&Under 100 IM Awards 8&Under 25 Freestyle 10&Under 50 Freestyle Awards 8&Under 100 Medley Relay 10&Under 200 Medley Relay Awards</p>	<p>12&Under 200 IM 14&Under 100 Breaststroke 21& Under 100 Breaststroke Awards 12&Under 100 Freestyle 14&Under 100 Freestyle 21&Under 100 Freestyle Awards 12&Under 50 Butterfly 14&Under 100 Butterfly 21&Under 100 Butterfly Awards 12&Under 50 Backstroke 14&Under 200 Freestyle 21&Under 200 Freestyle Awards 12&Under 200 Medley Relay 14&Under 200 Medley Relay 21&Under 200 Medley Relay Awards</p>
Sunday AM	Sunday Midday	Sunday Finals
<p>21&Under 400 Med. Relay (TF) 12&Under 200 Free Awards 14&Under 100 Backstroke 21&Under 100 Backstroke 12&Under 100 Butterfly (TF) 21&Under 200 Butterfly (TF) 12&Under 50 Freestyle 14&Under 50 Freestyle 21&Under 50 Freestyle Awards 12&Under 200 Free Relay 14&Under 200 Free Relay 21&Under 200 Free Relay 12&Under 50 Breaststroke 21&Under 200 Breaststroke (TF) 12&Under 100 Backstroke (TF) 14&Under 200 IM 21&Under 200 IM Awards 14&Under 500 Freestyle (TF) 21&Under 500 Freestyle (TF) Awards</p>	<p>10&Under 200 IM 8&Under 50 Free 10&Under 100 Free Awards 8&Under 25 Butterfly 10&Under 50 Butterfly Awards 8&Under 25 Breaststroke 10&Under 50 Breaststroke Awards 8&Under 100 Free Relay 10&Under 200 Free Relay Awards</p>	<p>12&Under 200 Free 14&Under 100 Backstroke 21& Under 100 Backstroke Awards 12&Under 50 Freestyle 14&Under 50 Freestyle 21&Under 50 Freestyle Awards 12&Under 50 Breaststroke 14&Under 200 IM 21&Under 200 IM Awards 12&Under 200 Free Relay 14&Under 200 Free Relay 21&Under 200 Free Relay Awards</p>

