



ILLINOIS YMCA SWIMMING

Illinois YMCA Swim Committee Agenda
9:30 AM Sunday, May 4, 2025
Illinois Valley YMCA
300 Walnut St, Peru, IL 61354

- 1) Introduction
- 2) Establish Quorum
- 3) Review and Approval of Minutes p.3-10
- 4) Officer Reports
 - a) Chairman p.11
 - b) Secretary p. 12-14
 - c) Treasurer p. 15-19
 - d) Officials Chair p. 20
 - e) Group Representative
- 5) Committee Reports
 - a) Athlete Reps p.21-22
 - b) Webmaster
 - c) Safe Sport
 - d) Records p. 23-25
 - e) Swim Camp p. 26-27
- 6) District Reports
 - a) Chicago Suburban p. 28
 - b) Illini p. 29
 - c) Northwest
- 7) ISI House of Delegates
- 8) Old Business
 - a) 2024 Illinois YMCA State Swimming Championship
 - i) Meet Director's Report p. 30-31
 - ii) Review
 - iii) Input
 - b) 2024 Illinois YMCA Swimming Long Course Championship
 - i) General Discussion on Long Course Meet
 - c) Tabled Rule/By-law changes p. 32-33
- 9) New Business
 - a) Proposed Rule Changes p. 34-35
 - b) Proposed By-law Changes
 - c) Proposed Policy & Procedure Changes
 - d) 2025 Illinois YMCA State Swimming Championship
 - i) Appointment of Key Meet Personnel for 2026
 - (1) Meet Director
 - (2) Facility Coordinator



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- (3) Volunteer Coordinator
- (4) Officials Coordinator (State Officials Chair)
- ii) Event Order For 2025 Illinois YMCA State Swimming Championship
- e) Entry Fees for 2026 Championship Meets
- f) 2025 Qualifying Times p. 36-38
- g) Dates 2026, 2027, 2028 & 2029 Short Course Meet
 - i) 2026 March 13-15
 - ii) 2027 March 12-14
 - iii) 2028 March 10-12
 - iv) 2029 March 9-11
- h) Dates for 2025, 2026, 2027, 2028 & 2029 Long Course Meet
 - i) 2025 July 12-14 Nationals July 29 – August 2
 - ii) 2026 July 17-19
 - iii) 2027 July 23-25 July 16-18 Tentative
 - iv) 2028 July 21-23
 - v) 2029 July 20 -22
- i) Additional New Business
- j) Next Meeting Date

September 7th

10) Adjournment



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Illinois YMCA Swim Committee Agenda
9:30 AM Sunday, September 8, 2024
300 Walnut St, Peru, IL 61354

Darby Brtva, State Chair	Kate Young – Secretary Northwest	John Williams- State Officials Chair
Danielle Schnake - Illini	Joyce Bruett- Illini -TBD	Darren Moser- Illini
Carol Wade- Illini	Christy Ovanic - Northwest	Dave Brtva-Chicago Suburban, Webmaster
Dave Hedden- Chicago Suburban	Mark Sobieszczyk- Chicago Suburban	Pingo Areas- Chicago Suburban
Emmanuel - Athlete Rep	Kristin Warren - Illini	Tom Ditchfield - Northwest

1. Introduction

- a. 9:30 - call to order
- b. Danielle - Illini District would like to nominate Joyce as State Treasurer position
 - i. Illini would like to pull their money out of Springfield and take to JAX YMCA
 - ii. Joyce would like to take on Illini District Treasurer
 1. Joyce is the new CEO for the JAX YMCA

2. Establish Quorum

- a. Quorum established

3. Review and Approval of Minutes

- a. Motion Darren
- b. 2nd John W
- c. All approved

4. Officer's reports

- a. Chairman
 - i. Happy to see paralympics on NBC
 - ii. Would like to have all-encompassing meeting at beginning of season - before October - a Sunday night
 1. Tight agenda, technical meeting, virtual and record it
 - iii. Great job making sure everyone was credentialed
 - iv. Increase officials on pool deck
- b. Secretary
 - i. Coaches rosters from District Chairs were due on September 1st
 - ii. District championship medal orders were due today
 - iii. By-Laws due on December 15th
 - iv. Team rosters due February 3rd



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- c. Treasurer
 - i. 2024 Final Budget Analysis Report
Need meet fees from Palatine, McGaw, Irving Park, DCST
 - ii. 2025 Proposed Budget
- d. Group Representative
 - Have not heard anything
- 5. Committee Reports
 - a. Athlete Reps
 - i. Fix the buzzers at the start - hard to hear the start
 - b. Officials Chair
 - i. Update state website to current personnel
 - ii. Stands by his report
 - iii. Locations for upcoming training
 - 1. Buehler or McGaw
 - 2. Can it be at FXFY?
 - 3. Virtuals for recert?
 - 4. Friday night training at SC state - first time officials or recerts
 - a. Not mentoring on pool deck
 - c. Webmaster
 - i. District Chairs submit Meet Schedule to Dave by September 15th
 - ii. Personnel updates
 - iii. District chairs check personnel as well and fix if needed
 - iv. Meets need to be submitted ASAP after meet completion - District chairs please relay that to teams
 - v. Asked that Dave send a received message when receiving swim results
 - vi. Dave H - worth looking into moving to SwimCloud?
 - d. Safe Sport
 - i. What does this entail?
 - ii. Check USA for Guidelines, any recommendations change, send google form to athletes that need to certify and upload certificate
 - e. Records
 - i. Updated state records hopefully up by end of the week and published in about 2 weeks for coaches
 - f. Swim Camp
 - i. Dave H - Nothing new to report; would like to request being replaced as committee chair
 - a. Would like to recommend Kayleigh to take over if she's willing
 - b. Kate would be willing to present for Kayleigh at State committee
- 6. District Reports
 - a. Chicago Suburban
 - i. Stands by report



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- ii. McCormick YMCA is going to form a team
- iii. Brought up about separating 200's of stroke into 13/14 and 15-21

- 1. Good idea but problem with scoring

- iv. Splitting District meet - girls 1st day, boys 2nd day

b. Illini

- i. Bloomington does not have a team again
- ii. 3 head coaching changes
- iii. District meet in SPY
- iv. Discussion on date of state meet w/ concern of IHSA state meet - can we move date, change facilities?
- v. Hard for teams to provide timers at State
- vi. Parade of seniors at State

c. Northwest

- i. FXYF broke ground on a new building
- ii. Dan Vale is going to Beloit College as their head coach

7. ISI House of Delegates

8. Old Business

2024 State Long Course Meet

a) Review

(1) Meet Directors Report

(a) Who won awards?

- (i) 8u boys medium - Clinton - did not get banner
- (ii) 10u boys medium - Decatur

(2) Records

b) Input

(1) 2024 Illinois YMCA Swimming Championship Meets

(a) General Discussion on Short Course Meet

(i) Districts are concerned about dates - March 7-9th

- 1. Coaches concerned about IHSA boys schedule
- 2. Tabled to later
- 3. John W. Has meet ref lined up for SC and maybe AR

(b) General Discussion on Long Course Meet

(i) John W - any officials who work the entire weekend - are we going to continue to take care of lodging?

(ii) Dave B - who looks at results on pool deck?

- 1. Kids do
- 2. Is there a better spot to put them?

(iii) Did have locker room issues

- 1. Thermostat knocked off wall
- 2. Benches stacked

(iv) Pool deck was cleanest it's ever been - awesome



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job

(v) Who can monitor the locker rooms?

1. Staff lifeguards to do a walkthrough
2. More periodic walkthroughs

(vi) Need speakers under blocks

1. Wiring doesn't work to support this
2. Dave B going to contact Colorado for estimate to purchase a wiring harness

c) 2024 Qualifying times

- (1) Short Course
- (2) Long Course

9. New Business

- 1) Proposed By-law
- 2) Proposed Rule changes

Proposed Rule Change Proposed by: Illini District	Reason for Change	Amended Language	Passed/Failed /Tabled
R1 Rule 3.1 A swimmers age classification for competition shall be determined by the swimmers age on the first day of the meet A swimmer's age for the district and state meets is their age as of February 1st	This is in support of teams with smaller numbers the ability to continually practice as a relay that has qualified and penalizing the swimmers as it relates to a relay		4- aye 9 - nay Motion Fails
Notes Notes: DM: Motion CO: 2nd DM: Why was set as date of start date? - That's what everyone else does DH: Do our team records based on first day of meet. Importing results have to put kids' actual age for verification for records. Darby B: How many swimmers does this affect? DM: Motion to call vote DH: 2nd Darby: Open or anonymous vote?			



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Proposed Rule Change Proposed by: Illini District	Reason for Change	Amended Language	Passed/Failed /Tabled
R2 Section 5.5.1(a) any Meet Certification form that is submitted for a meet to the ILSWYMS Database will have a received email provided to the submitter within 30 days of submission with either an automated email or an actual response from ILSYMS	Since the database is not accessible to the coaches, it is hard to make sure that meet certification forms were received and recorded in a timely manner. This process will make sure submitted forms are not lost or not recorded timely. The email receipt can be an automated email, but at a minimum.	If there is an issue, then whomever submitted it has to respond back to ILSWYMS within 30 days.	Tabled
Notes Motion to table: Christy O 2nd to table: Pingo			
Proposed Rule Change Proposed by: Illini District	Reason for Change	Amended Language	Passed/Failed /Tabled
B1 Article VI 6.01(1) After the completion of the fall and spring IL YMCA Swim Committee meetings the secretary will email the meeting minutes back to the District Chairperson and all members of the IL State YMCA Swim Committee as well as post to the IL YMCA State Swims	Having the previous meeting minutes from the fall or spring meeting will allow for better		Tabled



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website.	discussion for any potential tabled changes to the policies/procedures/bylaws at the district meetings prior to the regular scheduled state meetings as well as other items for discussion		
Notes Motion: Danielle 2nd: Christy Should we quantify it - 30 days? Dave B: Does this need to be proposal to the by-laws? DM motion to table CO 2nd			

- 3) All-State Inservice
- 4) Hotel rooms for Officials for all weekend
 - a) Cover 50% of room and not to exceed 50% of cost of what the state booked rooms are or not to exceed \$5,000
 - i) If 6 sessions are worked
 - ii) In the past we've booked 4 rooms
 - iii) Darby and John will work out logistics
- 5) Purchase wiring harness
 - a) DM: Motion: Allow purchase up to 2,000 for wiring harness to make sound better for athletes in pool
 - b) CO: 2nd
 - c) All in favor, no opposed
 - d) John W: For LC we will need 2
 - e) Dave H: Lake Central will not replace their harness?
 - f) Dave B: Lake Central did not buy one to support speakers
 - g) Mark: will investigate on cost



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- h) Darby: will contact Jeff at LCHS to see what his technical issues are
- 6) Send meets to Dave B for events calendar
- 7) Treasurer
 - a) Question to move state committee money from Springfield
 - i) Cons
 - (1) No one from Springfield attends meetings
 - ii) Pros
 - (1) Bills are paid
 - (2) Reports are on time and correct
 - b) Should we remove current treasurer and would they be willing to be on a Zoom
 - c) Would new treasurer be willing to work with Springfield?
 - d) Should we change the by-laws to make it so the treasurer has to be at the state committee meetings?
 - e) Motion to leave it as it is- Dave H
 - f) 2nd - Mark
 - g) Dave B: motion to nominate Alex T as treasurer
 - h) Kate Y: 2nd for Alex
 - i) Danielle: motion for a second nomination for Joyce
 - j) Kristin: 2nd for Joyce
 - k) Ballot vote: Joyce is new treasurer
- 8) Budget
 - a) DM: Motion to approve budget
 - b) MS: 2nd
 - c) All in favor
- 9) Dave H: popular idea at district committee - score 200's of stroke, 400 IM, 1650 separately as 14u from 21u
 - a) Danielle S: Do we need separate times for those qualifying swimmers?
 - b) Dave H: Yes, but how does affect timeline and scoring; swim together but score separately
 - c) Dave B: Summer - able to do it with 8u; has to manually add 10u relay points
 - d) Will be proposed at the spring meeting so we can do some homework about what it would do to timelines
- 10. Proposed Policy Changes
- 11. House Keeping Items
 - Dates 2025, 2026, 2027 & 2028 Short Course Meet
 - d) 2025 March 7-9
 - (1) Motion to change dates for short course meet to March 14-16
 - (2) Danielle motion



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- (3) Kate 2nd
- (4) Passes - March 14-16th
- e) 2026 March 6-8
 - (1) Motion to change dates for short course meet to March 13-15, 2026
 - (2) Dave motion
 - (3) Danielle 2nd
 - (4) All in favor: ayes
- f) 2027 March 12-14
- g) 2028 March 10-12
 - (1) Motion to accept all dates as presented and amended
 - (2) Kate Motion
 - (3) John 2nd
 - (4) All in favor: ayes

Dates for 2025, 2026, 2027 & 2028 Long Course Meet

- h) 2025 July 18-20
- i) 2026 July 17-19
- j) 2027 July 23-25 (july 16th-18 as tentative date)
- k) 2028 July 21-23
- l) Motion to accept long course dates as presented and potentially tentative
- m) Dave H motion
- n) Mark 2nd
- o) All in favor: ayes

12. Other New Business

Additional treasurer discussion

Rick from Knox County has not been paid from LC State Announcing

Alex did turn reimbursement in - should be cut this week

13. Next Meeting Date

May 4th @ 9:30

14. Adjournment

Motion to adjourn at 2:15 - Kate

Dave B - 2nd



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Chairman's Report

IL YMCA Swimming Committee Meeting May 4, 2025

Congratulations on another great short course season! A big Thank-you to Dave B, Dave H, Kate, John, Paula, and Mark for all their hard work on the state meet. We had many meet and state records set and many national qualifying swims! The Disney theme was a hit! It was great to see what direction the teams went in.

The stands still seem to be an issue. It was refreshing to see other parents help and educate others about safe sport and cameras. I will be proposing something in safe sport/new business to help with this.

Throughout the season I have had the opportunity to officiate at several swim meets. I've observed that while we have a strong and dedicated group of volunteers, many of our officials would benefit significantly from additional mentoring. The state will also benefit from more officials. Coaches, please continue to encourage your parents to sign up and take the officials' training.

Again, coaches need to be on top of their certifications. If they know they are expiring during the season they need to make sure they are getting reloaded into the national system. Even in the summertime, submit them early.

Communication is going to be the key moving forward to addressing many of the issues we are seeing.

Good luck to you all this Long Course Season.

I look forward to seeing everyone on the pool deck this season.

Swimmingly,
Darby Brtva
IL YMCA Swimming Chairman
chairman@ilymcaswim.org



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Chicago Suburban				Illini			
				Champaign County	HEAT		471
McGaw YMCA	MYST		87	Springfield	SPY		184
Buehler YMCA	PALA		41	Peoria	DOCS		33
Foglia YMCA	FA		28	Knox County	KNCY		71
Hastings Lake YMCA	HLYS		52	Clinton	CLY		51
Irving Park YMCA	IRVP		59	Mattoon	SAMY		43
Pav YMCA	PAV		25	Decatur	DECY		66
Sage YMCA	SAGE		93	McDonough	MCDN		26
The West Cook YMCA	TOPS		104	Canton	CANY		28
Greater Joliet Area YMCA	JETS		159	Danville	DANY		43
McCormick			10	Warren County	WCY		41
				Jacksonville	JAXY		25
				Toledo	HASTY		52
		TOTAL	658				
							1134
Northwest							
Kishwaukee Family YMCA	DCST		124				
Illinois Valley YMCA	ILVY		63				
The YMCA of Rock River Valley	RAYS		145				
Ottawa YMCA	OTTY		73				
Dixon Sauk Valley YMCA	DIXN		10				
The YMCA of Kewanee	KEWE		22				
Fox Valley Family YMCA	FVfy		126				
Kankakee Area YMCA	KKEE		63				
		TOTAL	626				



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TEAM		CODE	2014	2015	2016	2017	2018	2019	2020	2022	2023	2024	2025	AVG
Belvidere YMCA	Barracudas	BVDY	77	88	76	59	38	47	41	0	0	0	0	39
Bloomington YMCA		BNY	84	55	57	69	68	69	64	66	0	0	0	48
BR Ryall YMCA of Northwestern Dupage County	BR Ryall	BRRY	128	162	160	134	147	146	131	125	0	0	0	103
Buehler YMCA	Blue Malrins	PALA	152	148	159	142	132	126	121	83	40	45	41	108
Canton		CANY	37	44	38	36	32	40	40	41	40	28	28	37
Champaign County	Heat	HEAT	212	210	236	255	270	258	254	280	242	322	417	269
Christian County		CCY	21	21	20	33	32	26	28	8	0	0	0	17
Clinton	Ottors	CLY	51	56	66	59	46	54	53	57	54	65	51	56
Danville		DANY	65	32	37	30	29	32	31	31	27	36	43	36
Decatur	Gators	DECY	24	26	48	65	94	81	63	71	67	67	66	61
Dixon Sauk Valley YMCA	Dolphins	DIXN	42	54	35	32	39	36	36	0	29	32		34
Foglia YMCA	Aquaducks	FAST	116	113	119	119	109	84	75	0	25	32	28	75
Fox Valley Family YMCA	Aqua Force	FVFY	140	134	109	139	84	109	120	127	115	112	126	120
Freeport YMCA of Northwest Ill	Bluefins	BLFN	37	33	32	25	22	26	16	0	0	0		19
Greater Joliet Area YMCA	Jets	JETS	151	133	162	159	189	179	159	138	158	159	159	159
Hastings Lake YMCA	Stingrays	HLYS	62	68	76	68	81	59	63	51	49	43	52	61
Hige Ridge YMCA	Dolphins	HIGH	46	58	53	63	64	61	68	0	0	0	0	38
Illinois Valley YMCA	Dolphins	ILVY	130	140	116	103	91	93	83	69	60	55	63	91
Irving Park YMCA	Penguins	IRVP	38	42	34	39	40	61	66	56	68	59	59	51
Jacksonville	Sharks	JAXY	35	41	27	45	30	40	43	31	31	28	25	34
Kankakee Area YMCA	Stingrays	KKEE	60	44	33	35	45	21	22	32	50	49	63	41
Kenosha YMCA	Seahorses	KENO	40	38	33	47	38	37	47	0	0	0	0	25
Kishwaukee Family YMCA	DeKalb County Swim Team	DCST	220	185	200	172	144	129	148	109	97	122	124	150
Knox County		KNCY	104	103	76	76	68	75	71	50	51	66	71	74
LaGrange YMCA		GLAY	3	0	0	0	0	0	0	0	0	0	0	0
Lakeview YMCA	Wahoo	WAHOO	34	36	66	87	75	58	71	18	21	0	0	42
Lattof YMCA	Neptunes	LATT	134	117	113	141	140	139	116	0	0	0	0	82
Leaning Tower YMCA	Sharks	LEAN	223	239	249	215	0	0	0	0	0	0	0	84
Mattoon		SAMY	65	50	60	114	48	36	18	38	27	38	43	49
McDonough		MCDN	48	46	41	35	45	35	43	29	25	20	26	36
McGaw YMCA	Myst	MYST	254	231	227	249	234	217	189	157	141	120	87	191
Naperville Area YMCA	Porpoises	NAPY	284	317	261	288	192	158	120	0	0	0	0	147
North Suburban YMCA	Flying Turtles	NSFT	12	44	42	44	44	17	35	0	0	0	0	22
Ottawa YMCA	Dolphins	OTTY	63	69	65	69	75	61	59	64	70	69	73	67
Pav YMCA	Posidens	PAV	76	35	13	20	30	38	35	25	29	29	25	32
Peoria		PEOY	89	55	92	58	17	12	20	38	34	39	33	44
Quincy		QFY	32	56	44	28	36	37	37	0	0	0	0	25
Sage YMCA	Piranhas	SAGE	201	161	229	241	229	211	193	81	65	94	93	163
Springfield	Cyclones	SPY	178	154	183	178	195	171	176	172	164	191	184	177
Streator YMCA	Stingrays	STRY	34	23	32	24	32	39	30	0	0	0	0	19
Taylor Family YMCA	Pelicans	ELY	78	70	46	48	48	36	0	0	0	0	0	30
The West Cook YMCA	TOPS YMCA Swim Team	TOPS	202	208	193	220	140	180	154	90	70	105	104	151
The YMCA of Kewanee	Kingfish	KEWE	33	35	34	29	17	14	12	6	8	13	22	20
The YMCA of Rock River Valley	Stingrays	RAYS	131	106	102	133	134	106	125	122	148	167	145	129
Toledo		HASTY							35	29	36	59	52	35
Warren County		WCY	30	33	36	40	34	32	34	25	23	27	41	32
	STATE TOTALS		4276	4113	4130	4265	3697	3486	3345	2319	2064	2291	2344	3704



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	2025	2026	2027	2028	2029
IHSA Boys State	Feb. 28-Mar. 1	Feb. 27-28	Feb. 26-27	Feb. 25-26	Feb. 23-24
ISI Sr.	March 6 -9 Tent	March 5 -8 Tent	March 4 - 7 Tent	March 2 - 5 Tent	March 1-4 Tent
ISI Age Group	March 13 - 16 Tent	March 12 -13 Tent	March 11 - 14 Tent	March 9 -12 Tent	March 8-11 Tent
IL YMCA State	March 7 - 9	March 13-15	March 12-14	March 10-12	March 9-11
Y Nat SC	March 31 - April 4 Tent	March 30 - April 3 Tent	March 22- 26 Tent	March 27 - 30 Tent	March 27-30 Tent
Easter	April 20	April 5	March 28	April 16	April 1
ISI Age Group LC	July 24 - 27 Tent	July 23 - 26 Tent	July 22 -25 Tent	July 18 -21 Tent	July 19-21 Tent
IL YMCA State LC	July 18 - 20	July 17 - 19	July 16-18	July 21 -23	July 20 -22
Y Nat LC	July 29-Aug 2	July 27 - 31 Tent	July 26 - 30 Tent	July 24 - 28 Tent	July 31-Aug 3 Tent
ISI Sr LC	July 29 -Aug 1 Tent	July 28 - 31 Tent	July 27-30 Tent	July 25 - 28 Tent	July 26-29 Tent
Olympic Trials					
Olympics				July 14-July 30	



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You can see what the current line on the State Committee Account looks like. April financials will not be closed out until Mid-May so you can see what the expected balance would be as of 5/1 once those April financials are finalized and then outstanding payments.

Things of notice: State Medals were paid in 2025 versus 2024 so the Year Start Balance was higher than expected but then the medal cost was taken out. There has been a subsequent order for 12th place medals so expect that marginal expense. Uncollected State Meet Fees are listed. IRVP and KNCY payments are anticipated any day now. Foglia and McCormick need to be contacted for payment.

I suggest firming up and streamlining reimbursements for Officials Training. As I was not treasurer this past fall I have not done any Officials Reimbursements other than a trainer reimbursement. If we are reimbursing teams or individuals we just need to get a clear way for that to be submitted and who it should be submitted to.

Alex Totura
Springfield YMCA

Month/Year Date Comments Amount Name Modify User Modify Date

1/2025 1/01/2025 Beginning Balance -77,250.58

2/2025 1/21/2025	State Meet Medal Payment	11,915.01	Hasty Awards	lbarker	2/11/2025 03:14 PM
1/2025 1/31/2025	Short Course YMCA Sanction	50.00	USA Swim Div	SeR Toebainms oUnnify	2/26/2025 03:59 PM
2/2025 2/14/2025	Short Course Bag Tags	1,456.25	Bag Tags, Inc.	lbarker	2/20/2025 12:41 PM
2/2025 2/28/2025	3/4/2025 - 4 rooms	Schererville, IN 1,566.41	Hotels.com	SRobinson	3/26/2025 02:40 PM
3/2025 3/12/2025	State Meet - Meet Operations	700.00	Joliet Jets	SRobinson	3/12/2025 06:33 PM
3/2025 3/12/2025	State Meet - Officials Items	486.40	Paula Hastings	SRobinson	3/12/2025 06:38 PM
3/2025 3/12/2025	Officials - Training Reimbursement	50.00	Cynthia Raatz	SRobinson	3/12/2025 06:29 PM
3/2025 3/12/2025	State Meet - Announcer	260.00	Rick Warren	SRobinson	3/12/2025 06:30 PM
3/2025 3/12/2025	State Meet - Awards	700.00	Ottawa YMCA	SRobinson	3/12/2025 06:33 PM
3/2025 3/14/2025	Ryan Held Scholarship	500.00	Ana Hall	SRobinson	3/21/2025 04:29 PM
3/2025 3/14/2025	Ryan Held Scholarship	500.00	Isaac Reng	SRobinson	3/21/2025 04:44 PM
3/2025 3/17/2025	Short Course State Meet Rental	14,140.00	Lake Central Slibcahrokoelr Corporation		3/18/2025 12:39 PM
3/2025 3/17/2025	IN Swimming Surcharges and Meet Fees	6,650.08	Indiana Swim	lmbainrgke, rInc.	3/18/2025 12:43 PM
3/2025 3/17/2025	IN Swimming USA Sanction	50.00	Indiana Swim	lmbainrgke, rInc.	3/18/2025 12:43 PM
3/2025 3/26/2025	State Meet - Marshalls	270.00	Illinois Valley SYR	MoCbAin Sswonim Team	4/02/2025 11:57 AM
3/2025 3/26/2025	State Meet - Marshalls	180.00	Clinton Comm	lubnaritkye rYMCA	3/28/2025 02:17 PM
3/2025 3/31/2025	Hopsitality	61.56	Aldi	lbarker	4/25/2025 11:47 AM
3/2025 3/31/2025	Hopsitality	33.48	Aldi	lbarker	4/25/2025 11:47 AM
3/2025 3/31/2025	Hopsitality	322.62	Aldi	lbarker	4/25/2025 11:47 AM
3/2025 3/31/2025	Hopsitality	262.50	Chick-fil-a	lbarker	4/25/2025 11:47 AM
3/2025 3/31/2025	Hopsitality	480.75	Chick-fil-a	lbarker	4/25/2025 11:47 AM
3/2025 3/31/2025	Hopsitality	1,017.60	Doc's Smoke	hlobuasrkeer	4/25/2025 11:47 AM
3/2025 3/31/2025	Hopsitality	541.86	IHOP	lbarker	4/25/2025 11:47 AM
3/2025 3/31/2025	Hopsitality	261.62	McDonald's	lbarker	4/25/2025 11:47 AM
3/2025 3/31/2025	Hopsitality	639.69	Panera Bread	lbarker	4/25/2025 11:47 AM
3/2025 3/31/2025	Hopsitality	188.20	Panera Bread	lbarker	4/25/2025 11:47 AM
3/2025 3/31/2025	Hopsitality	959.26	QDoba	lbarker	4/25/2025 11:47 AM
3/2025 3/31/2025	Hopsitality	38.98	Sam's Club	lbarker	4/25/2025 11:47 AM
3/2025 3/31/2025	Hopsitality	257.28	Sam's Club	lbarker	4/25/2025 11:47 AM
3/2025 3/31/2025	Hopsitality	77.04	Sam's Club	lbarker	4/25/2025 11:47 AM
3/2025 3/31/2025	Hopsitality	24.82	Sam's Club	lbarker	4/25/2025 11:47 AM
3/2025 3/31/2025	Hopsitality	503.97	Rosati's Pizza	lbarker	4/25/2025 11:47 AM
3/2025 3/31/2025	Hopsitality	554.26	Rosati's Pizza	lbarker	4/25/2025 11:47 AM
3/2025 3/31/2025	Hopsitality	170.52	Rosati's Pizza	lbarker	4/25/2025 11:47 AM



ILLINOIS YMCA SWIMMING

4/08/2025 Collected State Meet Fees 3/18/2025 -30,111.00 MPetropoulos 4/08/2025 07:27 PM

2025 Ending Balance -61,491.42

Account Balance as of 4/8/2025 \$61,491.42

Collected Fees not accounted for yet

Collected Meet Fees 4/24 \$4,925.00

Elsmore \$915.00

SPY Meet Fees to 2912 \$4,142.00

State Meet Hospitality -\$1,000.00

Collected Meet Fees 4/30 \$2,711.00

\$11,693.00

Expected Balance 5/1/2025 \$73,184.42

Uncollected Fees Foglia (have not invoiced) \$75

IRVP (has invoiced, anticipating payment) \$1,479.00

Knox County (anticipating payment) \$2,193.00

McCormick YMCA (have not invoiced) \$68.00

Fine Designs

\$3,815

2024 Account Balance				Forcasted			Actual	
				\$ 64,000.00			\$ 77,250.58	\$ 13,250.58
SC Income				Budget			Actual	Diff
Individual Entry Fees	2500	\$7.00	\$ 17,500.00		2678	\$ 18,746.00	\$ 1,246.00	
Relay Entry Fees	400	\$20.00	\$ 8,000.00		427	\$ 8,540.00	\$ 540.00	
IN Splash Fee	800	\$5.00	\$ 4,000.00		894	\$ 4,470.00	\$ 470.00	
Athlete Surcharge	800	\$15.00	\$ 12,000.00		894	\$ 13,410.00	\$ 1,410.00	
T-shirts			\$ 9,500.00			\$ 11,714.01	\$ 2,214.01	
Hotel			\$ 300.00			\$ -	\$ (300.00)	
Maui Wauai			\$ 150.00			\$ -	\$ (150.00)	
Photographer			\$ 275.00			\$ -	\$ (275.00)	
Swim Shop			\$ 500.00			\$ 915.00	\$ 415.00	
Fines			\$ -			\$ -	\$ -	
TOTAL			\$ 52,225.00			\$ 57,795.01	\$ 5,570.01	
SC Expenses				Budget			Actual	Diff
Pool Rental			\$ 13,500.00			\$ 14,140.00	\$ 640.00	
Banners			\$ 1,600.00			\$ 1,454.57	\$ (145.43)	



ILLINOIS YMCA SWIMMING

YMCA Sanction Fee				\$ 50.00			\$ 50.00	\$ -
IN Sanction Fee				\$ 50.00			\$ 50.00	\$ -
IN Splash Fee		800	\$5.00	\$ 4,000.00			\$ 4,470.00	\$ 470.00
IN Entry Fee				\$ 2,500.00			\$ 2,180.08	\$ (319.92)
Hospitality				\$ 6,500.00			\$ 6,383.61	\$ (116.39)
Bag Tags		1800	\$0.80	\$ 1,440.00			\$ 1,456.25	\$ 16.25
Signage				\$ 50.00			\$ -	\$ (50.00)
Hotel Rooms (Chair/Key Officials)				\$ 3,000.00			\$ 1,578.41	\$ (1,421.59)
Office Supplies				\$ 250.00			\$ -	\$ (250.00)
Volunteer t-shirts		50	\$5.00	\$ 250.00			\$ -	\$ (250.00)
Officials Polos		60	\$18.00	\$ 1,080.00			\$ 645.00	\$ (435.00)
Printing				\$ 500.00			\$ -	\$ (500.00)
Volunteer compensation	19.5	29	\$10.00	\$ 5,655.00			\$ 3,110.00	\$ (2,545.00)
Family Discouts		10	\$15.00	\$ 150.00			\$ 180.00	\$ 30.00
Officials Gifts				0			\$ 486.40	\$ 486.40
Total				\$ 40,575.00			\$ 36,184.32	\$ (4,390.68)
Net				\$ 11,650.00			\$ 21,610.69	\$ 9,960.69
LC Income				Budget			Actual	Diff
								\$
Individual Entry Fees		1850	\$7.00	\$ 12,950.00		0	\$ -	(12,950.00)
Relay Entry Fees		150	\$20.00	\$ 3,000.00		0	\$ -	\$ (3,000.00)
IN Splash Fee		400	\$5.00	\$ 2,000.00		0	\$ -	\$ (2,000.00)
Athlete Surcharge		400	\$15.00	\$ 6,000.00		0	\$ -	\$ (6,000.00)
T-shirts				\$ 2,500.00			\$ -	\$ (2,500.00)
Hotel				\$ -			\$ -	\$ -
Maui Wauai				\$ -			\$ -	\$ -
Photographer				\$ -			\$ -	\$ -
Swim Shop				\$ -			\$ -	\$ -
Fines				\$ -			\$ -	\$ -
							\$ -	\$ -
								\$
TOTAL				\$ 26,450.00			\$ -	(26,450.00)
LC Expenses				Budget			Actual	Diff
Pool Rental				\$ 13,000.00			\$ -	\$



ILLINOIS YMCA SWIMMING

								(13,000.00)
Banners				\$ 1,600.00			\$ -	\$ (1,600.00)
YMCA Sanction Fee				\$ 50.00			\$ -	\$ (50.00)
IN Sanction Fee				\$ 50.00			\$ -	\$ (50.00)
IN Splash Fee		400	\$5.00	\$ 2,000.00			\$ -	\$ (2,000.00)
IN Entry Fee				\$ 1,600.00			\$ -	\$ (1,600.00)
Hospitality				\$ 6,500.00			\$ -	\$ (6,500.00)
Bag Tags		1000	\$1.07	\$ 1,070.00			\$ -	\$ (1,070.00)
Signage				\$ 50.00			\$ -	\$ (50.00)
Hotel Rooms (Chair/Key Officials)				\$ 2,000.00			\$ -	\$ (2,000.00)
Office Supplies				\$ 250.00			\$ -	\$ (250.00)
Volunteer t-shirts		50	\$5.00	\$ 250.00			\$ -	\$ (250.00)
Officials Polos		40	\$18.00	\$ 720.00	\$ 13.00		\$ -	\$ (720.00)
Printing				\$ 500.00			\$ -	\$ (500.00)
Volunteer compensation	19.5	29	\$10.00	\$ 5,655.00			\$ -	\$ (5,655.00)
Family Discouts		5	\$15.00	\$ 75.00			\$ -	\$ (75.00)
Total				\$ 35,370.00			\$ -	\$ (35,370.00)
Net				\$ (8,920.00)			\$ -	\$ 8,920.00
Year Program Income				Budget			Actual	Diff
Year Program Expenses								
								\$
Swim Camp				\$ 12,000.00			\$ -	\$ (12,000.00)
National Caps and T-shirts				\$ 1,500.00			\$ -	\$ (1,500.00)
State Financial Assistance				\$ 500.00			\$ -	\$ (500.00)
Name Tags				\$ 800.00			\$ -	\$ (800.00)
Spring Meeting				\$ 400.00			\$ -	\$ (400.00)
Fall State Meeting				\$ 400.00			\$ -	\$ (400.00)
							\$	
Medal Order				\$ 16,000.00			11,915.01	\$ (4,084.99)
Website and Conferance Call				\$ 100.00			\$ -	\$ (100.00)



ILLINOIS YMCA SWIMMING

Officials Trainer Training				\$ 3,000.00			\$ 50.00	\$ (2,950.00)
Scholarships				\$ 1,000.00			\$ 1,000.00	\$ -
Radios				\$ 250.00			\$ -	\$ (250.00)
Year Program Expenses							\$	\$
Total				\$ 35,950.00			12,965.01	(22,984.99)
2025 Year End Balance				\$ 30,780.00			\$ 85,896.26	\$ 55,116.26



ILLINOIS YMCA SWIMMING

Spring 2025 Officials Chair report

Since last fall, we had 1 live training class that Pingo held at Fox Valley, and at least 4 other virtual classes held by Pingo, Joe and Cynthia Raatz out of Wisconsin. Many thanks to all of the trainers as at least one of the classes was put together quickly to accommodate the folks in Danville as there was a strong interest from them. As of this report, I am still trying to locate the rosters in my email to ensure all of our Illinois folks have been added to the roster.

Short Course 2025-I had no complaints from any of the Officials attending. From what I understand it went well. Unfortunately I could not control my schedule in order to be there, however I will be at Long Course!

The old excel version of the Officials roster has been migrated into google sheets. The Webmaster, State Chair, trainers, and the Officials Committee have been given editor rights. This should allow everyone to add new folks as they do training, and have a more living document to help the webmaster with updated emails.

Per the discussion held prior to Short Course State, going forward, swimmers who false start (i.e. enter the water with starting motion) prior to the starting signal, shall be removed from the heat. This does NOT apply to swimmers losing balance and falling in the water.

An email has been sent to Officials regarding our selection for Meet and Admin Referee for Long course. Joe Roznai has already made a commitment to the Meet Ref position, and Marko Skubiak wants to be the Meet Referee assistant, so we can continue to progress our people forward to these positions. If no candidates express interest in the Admin position, I can think of one person who would likely do it.

Respectfully submitted,

John Williams



ILLINOIS YMCA SWIMMING

Leadership Summit

By: Ella Herrera, IL YMCA Athlete Representative

Why a Leadership Summit?

- A Leadership Summit would promote more leadership throughout IL YMCA swimming and get more athletes involved
- This would allow athletes to learn about ways to get involved in IL YMCA swimming, since they may not be aware of the opportunities
- This would help get more athletes involved, so more ideas can be shared from the athletes to improve IL YMCA swimming
- A leadership summit would help prepare the future leaders of IL YMCA swimming, since athlete reps cycle in and out through the years
- This would help strengthen connections between teams and form a unified IL YMCA swimming team, which can be useful at Nationals or Illinois Swimming events to have people the athletes know
- This would get more teams involved since they would have athletes contributing to IL YMCA swimming
- Athletes that attend can this summit learn leadership skills in and out of pool that will help them become a strong leader
- This will generate excitement across the state for athletes getting involved
- Athletes will learn about ideas to help improve their team

How would this get done?

1. Each team(40) gets to select 1 or 2 athletes 13 and older to attend the summit so it would be either 40
 - a. I encourage coaches to pick athletes who they think would be a good role model, contribute lots of knowledge, are committed to team, swimmers of ALL levels, and are interested in a leadership role
 - b. If a team cannot participate, then teams can request another athlete on a first come first serve basis until the maximum is met
2. Everyone invited would meet at a YMCA and participate in an hour and a half pool session
 - a. I was thinking Illinois Valley Y since it is used for the state meeting, due to it being somewhat in the middle of all the teams hosted on a Sunday between August and early October so high school girls can attend
 - b. Pool session: 10-15 min warmup, quick IM set, a mock meet where two teams will each compete a 50 IM and the team with the most points wins, then fun relays until the end
 - c. A few coaches and I could help run the pool session since these athletes are supposed to be leaders, so they can lead themselves



ILLINOIS YMCA SWIMMING

3. There would be a lunch break from the pool session with Jimmy John's Catering (Sandwiches, chips, cookies, and water)
4. Next, a presentation that I can create that will go over the importance of leadership and ways to get involved
 - a. This would cover why leaders are important
 - b. The presentation will include a “game” where groups are given dry spaghetti and marshmallows and have to make the tallest tower, which promotes working as a whole instead of by yourself and a team building activity that they can
 - c. Coach Dave and I thought of possibly having a guest speaker who could be a former YMCA swimmer, to speak on the importance of a good team environment and how important it is to lead your team
 - d. I can share my leadership experiences from YMCA Swimming to Illinois Swimming and what JETS does to get involved with the team
 - e. This presentation will emphasize the importance of athletes to the sport since athletes are the way we can improve our teams and the sport

Cost Breakdown

- I was made aware of leftover money
- Jimmy John's for 40 around: \$350.00 - Includes $\frac{1}{3}$ sandwich (60), 44 chips, and 44 cookies
- 48 water around \$12
- 42 Swim caps: \$390.00 (\$9.2 per silicone cap)
- My understanding is that if it is held at a YMCA there is no cost to a room and pool space and
- For activity: marshmallows and spaghetti noodles at \$5
- Get a guest speaker? - Could be a coach that swam??

For 40: \$740.07 for food, caps, activity
(possibly need to include pool and room space)



ILLINOIS YMCA SWIMMING

Records Sub Committee Report

Illinois YMCA Swimming State Committee Meeting
May 5, 2023

All Records are updated an current as of the beginning of the 2024-2025 Short Course Season. Records will once again be updated and sent to coaches for review at the end of the 2025 Long Course Season. State Records are now in the State Meet files.

Respectfully Submitted,
Dave Brtva
Chairman Records Committee
Webmaster@ilymcaswim.org



ILLINOIS YMCA SWIMMING

Illinois YMCA Swimming Records											
GIRLS						BOYS					
Swimmer	Team	Time	Year	Event	Swimmer	Team	Time	Year	Event	Swimmer	Team
Olivia Musick	SPY	14.30	3/18/2017	25 Free	Jacob Scheffler	SPY	13.83	9/22/2019	25 Free	Olivia Musick	SPY
Olivia Musick	SPY	31.20	3/18/2017	50 Free	Jonathan Wang	NAPY	30.30	3/21/2015	50 Free	Olivia Musick	SPY
Kelly Tran	LEAN	1:13.77	9/30/2016	100 Free	Jonathan Wang	NAPY	1:08.84	1/24/2015	100 Free	Kelly Tran	LEAN
Abigail Uhl	SAGE	2:38.64	12/4/2015	200 Free	Jonathan Wang	NAPY	2:32.95	1/24/2015	200 Free	Abigail Uhl	SAGE
Olivia Musick	SPY	16.61	3/18/2017	25 Back	Gage Helfrich	DIXN	16.04	3/4/2017	25 Back	Olivia Musick	SPY
Kira Perry	YDSC	37.18	2/29/2020	50 Back	Jonathan Wang	NAPY	35.09	2/14/2015	50 Back	Kira Perry	YDSC
Michelle Feng	FA	18.20	3/22/2014	25 Breast	Jonathan Wang	NAPY	18.03	1/10/2015	25 Breast	Michelle Feng	FA
Michelle Feng	FA	42.24	1/4/2014	50 Breast	Leonardo Ramos	FVfy	42.00	4/13/2022	50 Breast	Michelle Feng	FA
Tessa Ritter	BNY	15.00	3/4/2017	25 Fly	Gage Helfrich	DIXN	14.76	3/18/2017	25 Fly	Tessa Ritter	BNY
Izabella Aviles	BNY	35.50	12/1/2018	50 Fly	Jacob Scheffler	SPY	33.13	1/4/2019	50 Fly	Izabella Aviles	BNY
Abigail Uhl	SAGE	1:19.40	10/10/2015	100 IM	Gage Helfrich	DIXN	1:14.81	3/4/2017	100 IM	Abigail Uhl	SAGE
Bridget McGann	ILVY	2:57.67	1/24/2015	200 IM	Jonathan Wang	NAPY	2:49.75	2/14/2015	200 IM	Bridget McGann	ILVY
West Bird, Londrigan, Musick	SPY	1:04.73	3/4/2017	100 Free Relay	Thien-Knotts, Anderson, Anderson, Scheffler	SPY	1:02.95	10/25/2019	100 Free Relay	West Bird, Londrigan, Musick	SPY
Jacobs, Pressnall, Scheffler, Gilmore	SPY	1:09.15	1/13/2024	Mixed 100 Free Relay	Jacobs, Pressnall, Scheffler, Gilmore	SPY	1:09.15	1/13/2024	Mixed 100 Free Relay	Jacobs, Pressnall, Scheffler, Gilmore	SPY
Szymanski, Gonzalez, Palermo, Hickey	LEAN	1:11.28	3/1/2015	100 Medley Relay	Prackowski, Venslauskas, Rupniewski, Sar	SAGE	1:14.25	12/12/2015	100 Medley Relay	Szymanski, Gonzalez, Palermo, Hickey	LEAN
Jacobs, Pressnall, Elliott, Miffin	SPY	1:18.85	2/25/2024	Mixed 200 Medley Relay	Jacobs, Pressnall, Elliott, Miffin	SPY	1:18.85	2/25/2024	Mixed 200 Medley Relay	Jacobs, Pressnall, Elliott, Miffin	SPY
GIRLS						BOYS					
Swimmer	Team	Time	Date	Event	Swimmer	Team	Time	Date	Event	Swimmer	Team
Katherine Morris	BRRY	25.95	3/22/2014	50 Free	Evan Stegall	MCDN	26.84	3/22/2014	50 Free	Katherine Morris	BRRY
Katherine Morris	BRRY	58.20	3/22/2014	100 Free	Jake Regenwetter	HEAT	58.12	3/12/2015	100 Free	Katherine Morris	BRRY
Katherine Morris	BRRY	2:09.42	3/22/2014	200 Free	Jake Regenwetter	HEAT	2:04.40	3/12/2015	200 Free	Katherine Morris	BRRY
Sophia Szymanski	LEAN	5:46.93	3/9/2017	500 Free	Velizar Filipov	LATT	5:43.77	3/7/2019	500 Free	Sophia Szymanski	LEAN
Sophia Szymanski	LEAN	30.39	3/9/2017	50 Back	Andrew Lin	HEAT	29.78	1/17/2014	50 Back	Sophia Szymanski	LEAN
Sophia Szymanski	LEAN	1:04.36	3/9/2017	100 Back	Velizar Filipov	LATT	1:02.55	3/7/2019	100 Back	Sophia Szymanski	LEAN
Yeira Vazquez	BRRY	35.65	1/27/2017	50 Breast	Jake Regenwetter	HEAT	33.58	3/12/2015	50 Breast	Yeira Vazquez	BRRY
Annika Gandhi	BNY	1:17.94	3/15/2018	100 Breast	Jake Regenwetter	HEAT	1:13.05	3/12/2015	100 Breast	Annika Gandhi	BNY
Sophia Szymanski	LEAN	29.59	3/9/2017	50 Fly	Andrew Lin	HEAT	28.75	1/17/2014	50 Fly	Sophia Szymanski	LEAN
Virginia Bradley	HEAT	1:04.72	1/21/2023	100 Fly	Andrew Lin	HEAT	1:02.82	1/17/2014	100 Fly	Virginia Bradley	HEAT
Sophia Szymanski	LEAN	1:06.87	3/9/2017	100 IM	Gage Helfrich	DCST	1:05.71	3/7/2019	100 IM	Sophia Szymanski	LEAN
Sophia Szymanski	LEAN	2:21.41	3/9/2017	200 IM	Andrew Lin	HEAT	2:21.16	1/17/2014	200 IM	Sophia Szymanski	LEAN
Palmerio, Gonzalez, Tran, Szymanski	LEAN	1:54.85	3/9/2017	200 Free Relay	Regenwetter, Bergman, Ning, Lin	HEAT	1:58.92	1/17/2014	200 Free Relay	Palmerio, Gonzalez, Tran, Szymanski	LEAN
Chaback, Walsh, Croke, Collins	SPY	2:05.72	3/9/2024	Mixed 200 Free Relay	Chaback, Walsh, Croke, Collins	SPY	2:05.72	3/9/2024	Mixed 200 Free Relay	Chaback, Walsh, Croke, Collins	SPY
Szymanski, Gonzalez, Tran, Palmerio	LEAN	2:07.31	3/9/2017	200 Medley Relay	Lin, Regenwetter, Ning, Bergman	HEAT	2:11.14	1/17/2014	200 Medley Relay	Szymanski, Gonzalez, Tran, Palmerio	LEAN
Fisher, Ramos, Mosher, Nevarez	FVfy	2:22.70	3/10/2024	Mixed 200 Medley Relay	Fisher, Ramos, Mosher, Nevarez	FVfy	2:22.70	3/10/2024	Mixed 200 Medley Relay	Fisher, Ramos, Mosher, Nevarez	FVfy
GIRLS						BOYS					
Swimmer	Team	Time	Date	Event	Swimmer	Team	Time	Date	Event	Swimmer	Team
Katherine Morris	BRRY	23.87	3/19/2016	50 Free	Andrew Lin	HEAT	23.80	1/14/2016	50 Free	Katherine Morris	BRRY
Katherine Morris	BRRY	51.48	3/10/2016	100 Free	Andrew Lin	HEAT	51.64	1/14/2016	100 Free	Katherine Morris	BRRY
Katherine Morris	BRRY	1:54.81	3/10/2016	200 Free	Andrew Lin	HEAT	1:53.43	1/14/2016	200 Free	Katherine Morris	BRRY
Eliot Kennedy	BNY	5:04.64	1/16/2015	500 Free	Adam Milling	SPY	5:05.45	3/12/2015	500 Free	Eliot Kennedy	BNY
Athena Ye	DCST	26.48	3/22/2014	50 Back	Andrew Lin	HEAT	25.89	3/10/2016	50 Back	Athena Ye	DCST
Athena Ye	DCST	56.50	4/1/2014	100 Back	Andrew Lin	HEAT	56.08	3/10/2016	100 Back	Athena Ye	DCST
Athena Ye	DCST	2:07.60	4/1/2014	200 Back	Andrew Lin	HEAT	2:04.05	1/14/2016	200 Back	Athena Ye	DCST
Annika Wagner	LEAN	31.39	1/16/2015	50 Breast	Adam Milling	SPY	28.86	3/12/2015	50 Breast	Annika Wagner	LEAN
Yeira Vazquez	BRRY	1:07.29	1/18/2019	100 Breast	Thomas Reedy	BNY	1:02.76	3/12/2015	100 Breast	Yeira Vazquez	BRRY
Annika Wagner	LEAN	2:29.74	12/13/2014	200 Breast	Thomas Reedy	BNY	2:15.25	2/27/2015	200 Breast	Annika Wagner	LEAN
Katherine Morris	BRRY	25.37	3/10/2016	50 Fly	Andrew Lin	HEAT	25.33	3/10/2016	50 Fly	Katherine Morris	BRRY
Katherine Morris	BRRY	57.49	3/10/2016	100 Fly	Andrew Lin	HEAT	55.18	3/10/2016	100 Fly	Katherine Morris	BRRY
Julia Heimsstead	BNY	2:15.85	2/27/2015	200 Fly	Quinton Cynor	DCST	2:11.38	3/1/2015	200 Fly	Julia Heimsstead	BNY
Annika Wagner	LEAN	1:01.96	2/13/2015	100 IM	Andrew Lin	HEAT	57.25	3/10/2016	100 IM	Annika Wagner	LEAN
Katherine Morris	BRRY	2:11.50	3/19/2016	200 IM	Andrew Lin	HEAT	2:04.32	3/10/2016	200 IM	Katherine Morris	BRRY
Annika Wagner	LEAN	4:46.44	1/24/2015	400 IM	Thomas Reedy	BNY	4:32.06	2/27/2015	400 IM	Annika Wagner	LEAN
Rosenthal, Gasperko, Hall, Morris	BRRY	1:44.02	3/19/2016	200 Free Relay	Sadcopen, Johnson, Siminoi, Venhrynovch	JETS	1:41.70	3/19/2023	200 Free Relay	Rosenthal, Gasperko, Hall, Morris	BRRY
Ye, Wilkins, Pardridge, Williams	DCST	1:56.86	3/8/2014	200 Medley Relay	Venhrynovch, Johnson, Dadcopen, Siminoi	JETS	1:54.85	3/18/2023	200 Medley Relay	Ye, Wilkins, Pardridge, Williams	DCST
GIRLS						BOYS					
Swimmer	Team	Time	Date	Event	Swimmer	Team	Time	Date	Event	Swimmer	Team
Katherine Morris	BRRY	22.96	3/15/2018	50 Free	Tyler Liska	FVfy	21.93	4/3/2024	50 Free	Katherine Morris	BRRY
Katherine Morris	BRRY	49.83	4/3/2018	100 Free	Alexander Shilt	HEAT	48.12	3/10/2016	100 Free	Katherine Morris	BRRY
Grace Ariola	BNY	1:48.13	3/12/2015	200 Free	Matthew Knox	SPY	1:45.05	3/12/2015	200 Free	Grace Ariola	BNY
Angela Coe	HEAT	4:49.67	4/1/2019	500 Free	Isaac Carr	HEAT	4:41.51	3/1/2022	500 Free	Angela Coe	HEAT
Kaitlynn Wheeler	SPY	10:01.86	3/30/2015	1000 Free	Nicholas Andres	BRRY	9:45.46	3/9/2017	1000 Free	Kaitlynn Wheeler	SPY
Eliot Kennedy	BNY	16:24.84	3/9/2017	1650 Free	Nicholas Andres	BRRY	16:16.00	3/9/2017	1650 Free	Eliot Kennedy	BNY
Athena Ye	DCST	26.64	4/4/2016	50 Back	David Paskvan	JETS	24.88	4/4/2016	50 Back	Athena Ye	DCST
Grace Ariola	BNY	54.53	3/12/2015	100 Back	Andrew Lin	HEAT	51.12	4/3/2018	100 Back	Grace Ariola	BNY
Grace Ariola	BNY	1:57.11	12/12/2013	200 Back	Andrew Lin	HEAT	1:53.95	4/3/2018	200 Back	Grace Ariola	BNY
Olivia Borawski	LEAN	30.86	3/21/2015	50 Breast	Adam Milling	SPY	27.88	12/18/2015	50 Breast	Olivia Borawski	LEAN
Angela Coe	HEAT	1:03.07	4/1/2019	100 Breast	Caleb Babb	JAXY	58.16	3/10/2016	100 Breast	Angela Coe	HEAT
Ema Rajic	HEAT	2:21.38	1/30/2015	200 Breast	Caleb Babb	JAXY	2:08.02	3/10/2016	200 Breast	Ema Rajic	HEAT
Athena Ye	DCST	25.19	2/28/2016	50 Fly	Tyler Liska	FVfy	23.80	4/3/2024	50 Fly	Athena Ye	DCST
Julia Heimsstead	BNY	54.59	3/9/2017	100 Fly	Andrew Lin	HEAT	51.32	4/3/2018	100 Fly	Julia Heimsstead	BNY
Angela Coe	HEAT	2:03.24	3/7/2019	200 Fly	Andrew Lin	HEAT	1:53.93	4/3/2018	200 Fly	Angela Coe	HEAT
Angela Coe	DCST	58.18	2/28/2016	100 IM	Tyler Liska	FVfy	57.96	1/26/2024	100 IM	Angela Coe	DCST
Kaitlynn Wheeler	SPY	2:01.69	1/16/2015	200 IM	Caleb Babb	JAXY	1:55.65	3/10/2016	200 IM	Kaitlynn Wheeler	SPY
Angela Coe	HEAT	4:20.46	3/7/2019	400 IM	Yezan Alsader	BNY	4:08.64	3/12/2015	400 IM	Angela Coe	HEAT
Gasperko, Andres, White, Morris	BRRY	1:38.43	3/9/2018	200 Free Relay	Ruetten, Cynor, Ruetten, Dean	DCST	1:31.93	3/19/2016	200 Free Relay	Gasperko, Andres, White, Morris	BRRY
Maureer, Coe, Oelze, Ma	HEAT	1:48.91	3/15/2019	200 Medley Relay	Cynor, Jackson, Castro, Orndahl	SAGE	1:43.19	3/18/2017	200 Medley Relay	Maureer, Coe, Oelze, Ma	HEAT
GIRLS						BOYS					
Swimmer	Team	Time	Date	Event	Swimmer	Team	Time	Date	Event	Swimmer	Team
Grace Ariola	BNY	22.20	12/7/2016	50 Free	Ryan Held	SPY	19.52	4/1/2014	50 Free	Grace Ariola	BNY
Angela Coe	HEAT	49.47	3/31/2022	100 Free	Ryan Held	SPY	43.31	4/1/2014	100 Free	Angela Coe	HEAT
Melissa Pish	BNY	1:46.06	12/7/2016	200 Free	Ryan Held	SPY	1:36.85	4/1/2014	200 Free	Melissa Pish	BNY
Melissa Pish	BNY	4:44.07	12/7/2016	500 Free	Matthew Knox	SPY	4:26.45	4/1/2019	500 Free	Melissa Pish	BNY
Kaitlynn Moon	DCST	9:54.98	4/1/2014	1000 Free	Nicholas Andres	BRRY	9:17.17	4/1/2019	1000 Free	Kaitlynn Moon	DCST
Kaitlynn Moon	DCST	16:26.56	4/1/2014	1650 Free	Nicholas Andres	BRRY	15:43.32	4/1/2019	1650 Free	Kaitlynn Moon	DCST
Angela Coe	HEAT	25.44	4/3/2023	50 Back	Rayburn Kohl	MYST	22.69	4/2/2024	50 Back	Angela Coe	HEAT
Grace Ariola	BNY	53.04	12/7/2016	100 Back	Daniel W Hein	DCST	47.08	4/4/2016	100 Back	Grace Ariola	BNY
Grace Ariola	BNY	1:55.25	12/7/2016	200 Back	Daniel W Hein	DCST	1:43.73	4/4/2016	200 Back	Grace Ariola	BNY
Ema Rajic	HEAT	27.89	3/14/2017	50 Breast	Ryan Held	SPY	25.84	4/1/2014	50 Breast	Ema Rajic	HEAT
Angela Coe	HEAT	1:00.22	4/3/2023	100 Breast	Ryan Held	SPY	55.40	4/1/2014	100 Breast	Angela Coe	HEAT
Noelle Peplowski	BNY	2:13.50	12/6/2017	200 Breast	Jake Regenwetter	HEAT	2:00.63	3/29/2022	200 Breast	Noelle Peplowski	BNY
Angela Coe	HEAT	24.63	2/19/2023	50 Fly	Daniel W Hein	DCST	21.93	4/4/2016	50 Fly	Angela Coe	HEAT
Angela Coe	HEAT	52.52	4/3/2023	100 Fly	Daniel W Hein	DCST	47.53	4/4/2016	100 Fly	Angela Coe	HEAT
Kaitlynn Wheeler	SPY	2:00.86	12/6/2017	200 Fly	Daniel W Hein	DCST	1:46.33	3/30/2015	200 Fly	Kaitlynn Wheeler	SPY
Kaitlynn Wheeler	SPY	58.80	9/24/2017	100 IM	Gage Hamill	SPY	50.61	5/12/2017	100 IM	Kaitlynn Wheeler	SPY
Angela Coe	HEAT	1:57.38	4/3/2023	200 IM	Camden Taylor	YRRV	1:48.09	4/3/2023	200 IM	Angela Coe	HEAT
Megan Van Berkum	SPY	4:10.50	12/11/2019	400 IM	James Doromal	BRRY	3:53.72	4/1/2019	400 IM	Megan Van Berkum	SPY
Coe, McAndrew, O'Donnell, Ma	HEAT	1:34.23	3/28/2022	200 Free Relay	Held, Patton, Hohm, Wilkey	SPY	1:21.71	4/1/2014	200 Free Relay	Coe, McAndrew, O'Donnell, Ma	HEAT
Haschemeyer, Wheeler, Radloff, Rivera	SPY	3:11.11	11/10/2017	400 Free Relay	Regenwetter, Williams, Lin, Miller	HEAT	3:04.40	4/1/2022	400 Free Relay	Haschemeyer, Wheeler, Radloff, Rivera	SPY
Broaders, Coe, Coe, Ma	HEAT	1:42.06	4/1/2019	200 Medley Relay	Lin, Regenwetter, Glynn, Miller	HEAT	1:33.88	3/30/2022	200 Medley Relay	Broaders, Coe, Coe, Ma	HEAT
Broaders, Coe, Coe, Ma	HEAT	3:47.67	4/1/2019	400 Medley Relay	Lin, Regenwetter, Miller, Glynn	HEAT	3:23.48	3/29/2022	400 Medley Relay	Broaders, Coe, Coe, Ma	HEAT



ILLINOIS YMCA SWIMMING

Illinois YMCA State Swimming Long Course Records									
GIRLS					BOYS				
Swimmer	Team	Time	Year	Event	Swimmer	Team	Time	Year	Event
Sophia Szymanski	LEAN	36.08	6/5/2015	50 Free	Maks Kovalkov	BRRY	34.58	7/20/2019	50 Free
Olivia Musick	SPY	1:20.53	7/22/2017	100 Free	Maks Kovalkov	BRRY	1:20.37	5/18/2019	100 Free
Alicia Czosnyka	PALA	2:54.17	7/22/2017	200 Free	Chase Juirns	LATT	2:54.21	7/20/2019	200 Free
Sophia Szymanski	LEAN	41.50	6/20/2015	50 Back	Maks Kovalkov	BRRY	41.15	7/21/2019	50 Back
Nina Gatchell	MYST	48.89	7/20/2018	50 Breast	Maks Kovalkov	BRRY	49.07	7/20/2019	50 Breast
Alexa Barajas	JETS	39.90	7/27/2017	50 Fly	Tyler Frazier	QFY	40.12	7/23/2015	50 Fly
Alicia Czosnyka	PALA	3:16.92	7/22/2017	200 IM	Chase Juirns	LATT	3:16.99	7/21/2019	200 IM
GIRLS					BOYS				
Swimmer	Team	Time	Date	Event	Swimmer	Team	Time	Date	Event
Katherine Morris	BRRY	30.28	5/30/2014	50 Free	Andrew Lin	HEAT	30.82	6/20/2014	50 Free
Sophia Szymanski	LEAN	1:08.13	6/16/2017	100 Free	Ignas Venslauskas	SAGE	1:06.69	7/25/2019	100 Free
Sophia Szymanski	LEAN	2:30.26	6/9/2017	200 Free	Joshua Fujimoto	BNY	2:23.44	7/23/2015	200 Free
Canence Fort	BNY	5:02.22	7/23/2015	400 Free	Joshua Fujimoto	BNY	4:55.11	7/23/2015	400 Free
Sophia Szymanski	LEAN	34.94	5/26/2017	50 Back	Andrew Lin	HEAT	33.42	7/24/2014	50 Back
Sophia Szymanski	LEAN	1:16.55	5/26/2017	100 Back	Andrew Lin	HEAT	1:12.27	7/24/2014	100 Back
Kylie Sullens	SPY	41.68	7/19/2019	50 Breast	Gage Helfrich	DCST	38.22	7/20/2019	50 Breast
Kylie Sullens	SPY	1:30.92	7/25/2019	100 Breast	Gage Helfrich	DCST	1:24.54	7/25/2019	100 Breast
Sophia Szymanski	LEAN	33.22	6/9/2017	50 Fly	Andrew Lin	HEAT	32.59	7/24/2014	50 Fly
Sophia Szymanski	LEAN	1:16.06	6/16/2017	100 Fly	Gage Helfrich	DCST	1:12.25	7/25/2019	100 Fly
Sophia Szymanski	LEAN	2:45.73	6/9/2017	200 IM	Andrew Lin	HEAT	2:41.31	7/24/2014	200 IM
Priyakulvej, Palmerio, Tran, Szymanski	LEAN	2:19.13	7/28/2016	200 Free Relay	Venslauskas, O. Rupniewski, Nietzel, S. Rupniewski	SAGE	2:19.50	7/27/2017	200 Free Relay
J Gillibrand, J Jordan, M Hilario, M Crowe	FVY	2:23.88	7/12/2024	Mixed 200 Free Relay	J Gillibrand, J Jordan, M Hilario, M Crowe	FVY	2:23.88	7/12/2024	Mixed 200 Free Relay
B Gonzalez, P Priyakulvej, S Szymanski, I Palmerio	LEAN	2:35.22	7/23/2016	200 Medley Relay	Rupniewski, Venslauskas, Rupniewski, Nietzel	SAGE	2:37.08	7/22/2017	200 Medley Relay
J Croke, C Pressnall, M Burger, N Collins	SPY	2:44.65	7/12/2024	Mixed 200 Medley Relay	J Croke, C Pressnall, M Burger, N Collins	SPY	2:44.65	7/12/2024	Mixed 200 Medley Relay
GIRLS					BOYS				
Swimmer	Team	Time	Date	Event	Swimmer	Team	Time	Date	Event
Katherine Morris	BRRY	27.49	7/23/2015	50 Free	Caleb Babb	JAXY	27.78	6/20/2014	50 Free
Katherine Morris	BRRY	59.79	7/23/2015	100 Free	Ben Castro	SAGE	1:00.32	7/8/2016	100 Free
Katherine Morris	BRRY	2:12.38	7/23/2015	200 Free	Quinton T Cynor	DCST	2:09.00	7/23/2015	200 Free
Eliot Kennedy	BNY	4:34.63	7/23/2015	400 Free	Quinton T Cynor	DCST	4:30.08	7/23/2015	400 Free
Suzana Sharakhija	LEAN	32.70	7/23/2015	50 Back	Andrew Lin	HEAT	29.37	7/28/2016	50 Back
Izabella Aviles	BNY	1:11.10	7/21/2022	100 Back	Andrew Lin	HEAT	1:03.78	7/28/2016	100 Back
Julia Heimstead	BNY	2:30.68	7/23/2015	200 Back	Andrew Lin	HEAT	2:20.47	7/28/2016	200 Back
Yeira Vazquez	BRRY	36.26	1/12/2019	50 Breast	Caleb Babb	JAXY	34.29	6/20/2014	50 Breast
Yeira Vazquez	BRRY	1:18.55	1/12/2019	100 Breast	Thomas Reedy	BNY	1:16.55	7/24/2014	100 Breast
Kathryn Clausen	BNY	2:51.38	7/24/2014	200 Breast	Thomas Reedy	BNY	2:40.05	7/24/2014	200 Breast
Katherine Morris	BRRY	29.46	5/27/2016	50 Fly	Andrew Lin	HEAT	28.20	7/28/2016	50 Fly
Julia Heimstead	BNY	1:06.36	7/23/2015	100 Fly	Andrew Lin	HEAT	1:01.93	7/28/2016	100 Fly
Julia Heimstead	BNY	2:24.34	7/23/2015	200 Fly	Andrew Lin	HEAT	2:23.98	7/28/2016	200 Fly
Julia Heimstead	BNY	2:31.14	7/23/2015	200 IM	Andrew Lin	HEAT	2:22.19	7/28/2016	200 IM
Annika G Wagner	LEAN	5:26.38	7/28/2014	400 IM	Andrew Lin	HEAT	5:18.36	7/28/2016	400 IM
A Sewell, A Fernandez, E Nofz, A Uhl	SAGE	2:01.38	7/21/2019	200 Free Relay	T Oatman, L Fahnestock, R Gao, A Bergren	HEAT	1:57.16	7/21/2019	200 Free Relay
A Stauder, M Cheng, S Juirns, A Rimas	LATT	2:15.73	7/20/2019	200 Medley Relay	L Fahnestock, H Rauther, R Gao, A Bergren	HEAT	2:21.57	7/20/2019	200 Medley Relay
GIRLS					BOYS				
Swimmer	Team	Time	Date	Event	Swimmer	Team	Time	Date	Event
Sally Ma	HEAT	26.52	7/25/2019	50 Free	Andrew Lin	HEAT	24.95	7/26/2018	50 Free
Melissa Pish	BNY	57.01	7/24/2014	100 Free	Owen Lippoldt	FVY	55.60	7/22/2023	100 Free
Grace Ariola	BNY	2:06.18	7/24/2014	200 Free	Isaac Carr	HEAT	1:58.54	7/23/2022	200 Free
Angela Coe	HEAT	4:20.71	7/1/2019	400 Free	Yezan Alsader	BNY	4:10.23	7/23/2015	400 Free
Kaitlynn Wheeler	SPY	9:01.09	8/3/2015	800 Free	Isaac Carr	HEAT	8:40.39	7/21/2022	800 Free
McKenzie Gordon	BNY	17:17.77	7/24/2014	1500 Free	Isaac Carr	HEAT	16:39.69	7/24/2022	1500 Free
Athena Ye	DCST	30.23	8/3/2015	50 Back	Ben H Huynh	LEAN	29.81	8/3/2015	50 Back
Athena Ye	DCST	1:04.27	8/3/2015	100 Back	Andrew Lin	HEAT	59.73	7/26/2018	100 Back
Angela Coe	HEAT	2:17.15	7/25/2019	200 Back	Yezan Alsader	BNY	2:09.49	7/23/2015	200 Back
Olivia Borawski	LEAN	35.35	8/3/2015	50 Breast	Christopher Johnson	JETS	32.18	7/12/2024	50 Breast
Annika G Wagner	LEAN	1:16.17	8/3/2015	100 Breast	Jake Regenwetter	HEAT	1:08.77	7/20/2019	100 Breast
Annika G Wagner	LEAN	2:42.87	8/3/2015	200 Breast	Thomas Reedy	BNY	2:31.19	7/23/2015	200 Breast
Athena Ye	DCST	28.70	8/3/2015	50 Fly	Luke Oland	DCST	27.52	7/12/2024	50 Fly
Julia Heimstead	BNY	1:01.66	7/27/2017	100 Fly	Andrew Lin	HEAT	57.93	7/26/2018	100 Fly
Angela Coe	HEAT	2:17.62	7/25/2019	200 Fly	Yezan Alsader	BNY	2:09.26	7/23/2015	200 Fly
Angela Coe	HEAT	2:18.54	7/25/2019	200 IM	Jake Regenwetter	HEAT	2:11.98	7/21/2019	200 IM
Annika G Wagner	LEAN	4:58.84	7/23/2015	400 IM	Isaac Carr	HEAT	4:41.36	7/23/2022	400 IM
V Gojakovic, N Gatchell, S O'Hara, S Deliduka	MYST	1:56.51	7/23/2023	200 Free Relay	Castro, Herrera, Cebula, Cynor	SAGE	1:47.27	7/23/2017	200 Free Relay
S Kohl, N Gatchell, V Gojakovic, S Deliduka	MYST	2:07.46	7/22/2023	200 Medley Relay	Cynor, Cebula, Castro, Herrera	SAGE	1:59.70	7/22/2017	200 Medley Relay
GIRLS					BOYS				
Swimmer	Team	Time	Date	Event	Swimmer	Team	Time	Date	Event
Katherine Morris	BRRY	26.10	7/30/2019	50 Free	Camden Taylor	YRRV	23.77	7/27/2023	50 Free
Katherine Morris	BRRY	56.96	7/30/2019	100 Free	Nolan Miller	HEAT	51.90	7/27/2023	100 Free
Katherine Morris	BRRY	2:02.18	7/30/2019	200 Free	Stuart Hohm	SPY	1:53.87	8/3/2017	200 Free
Caitlynn Moon	DCST	4:16.78	7/28/2014	400 Free	Nick Andres	BRRY	4:06.01	7/30/2019	400 Free
Caitlynn Moon	DCST	8:48.06	7/28/2014	800 Free	Nick Andres	BRRY	8:26.89	7/30/2019	800 Free
Caitlynn Moon	DCST	16:40.05	7/28/2014	1500 Free	Nick Andres	BRRY	15:58.71	7/20/2018	1500 Free
Athena Ye	DCST	29.70	7/27/2016	50 Back	Daniel Hein	DCST	26.40	8/3/2015	50 Back
Angela Coe	HEAT	1:04.22	3/18/2021	100 Back	Daniel Hein	DCST	56.76	8/3/2015	100 Back
Anna Peplowski	BNY	2:17.74	7/11/2019	200 Back	Daniel Hein	DCST	2:05.17	8/3/2015	200 Back
Sarah Helm	SPY	33.39	8/3/2015	50 Breast	Thomas LeSeure	JETS	30.20	7/27/2016	50 Breast
Angela Coe	HEAT	1:13.56	3/18/2021	100 Breast	James Doromal	BRRY	1:06.53	7/30/2019	100 Breast
Megan Van Berkum	SPY	2:38.76	6/22/2018	200 Breast	James Doromal	BRRY	2:22.33	11/6/2019	200 Breast
Athena Ye	DCST	27.88	7/27/2016	50 Fly	Alexander Shifts	HEAT	25.19	7/31/2017	50 Fly
Julia Heimstead	BNY	1:01.27	7/11/2019	100 Fly	Daniel Hein	DCST	55.76	8/3/2015	100 Fly
Julia Heimstead	BNY	2:16.94	7/11/2019	200 Fly	Nick Andres	BRRY	2:05.29	11/6/2019	200 Fly
Angela Coe	HEAT	2:19.47	3/18/2021	200 IM	Camden Taylor	YRRV	2:04.96	7/27/2023	200 IM
Megan Van Berkum	SPY	4:50.27	6/21/2019	400 IM	James Doromal	BRRY	4:31.56	7/30/2019	400 IM
Preski, Blair, McCormick, Hierstos	SPY	1:50.46	7/23/2016	200 Free Relay	J Gramer, O Cynor, J VanderSchee, T Braun	DCST	1:37.65	7/25/2021	200 Free Relay
Pish, Ariola, Gordon, Arens	BNY	3:59.75	7/24/2014	400 Free Relay	J Gramer, T Braun, D Sanahurskyj, Q Cynor	DCST	3:38.26	7/24/2021	400 Free Relay
Olson, Keck, Hein, Ye	DCST	2:03.99	8/3/2015	200 Medley Relay	Hein, Bjork, Powers, Carlson	DCST	1:48.33	8/3/2015	200 Medley Relay
Blair, Radloff, K Wheeler, M Wheeler	SPY	4:29.60	8/3/2017	400 Medley Relay	Hein, Bjork, Powers, Carlson	DCST	3:57.32	8/3/2015	400 Medley Relay



ILLINOIS YMCA SWIMMING

YMCA Swim Clinic Series Proposal

Dave Hedden, Will Barker, Kayleigh Kozlowski, Pam Soja, Dan Vale, Kate Young

Objectives:

1. For athletes, starting at a young age, to promote YMCA values and the sport of swimming, and paint the picture of what their pathway can be. At older ages, to nurture relationships between athletes on different teams, inspire kids to reach higher levels and help equip them with knowledge and resources to help them get there.
2. For parents, to promote the sport of swimming, specifically the benefits of YMCA swimming, and provide education on a variety of topics that will help them provide the best experience for their swimmer and set them up for success.
3. For coaches, to nurture relationships, share ideas and learn from one another.

Four potential tiers / progressions:

1. 10&Under Clinic
 - a. In an 8 lane pool, can accommodate up to 48 girls and 48 boys (6 per lane)
 - i. Invite based on top 48 scorers at short course YMCA State
 - b. Half day format (3-4 hours)
 - i. Girls in morning, boys in afternoon
 - c. Focused on technique, fun, meeting new kids and learning about the sport
 - d. Include parent education segment teaching about sport, benefits of YMCA swimming, tips for success
2. 11-12 Clinic
 - a. In an 8 lane pool, can accommodate up to 48 girls and 48 boys (6 per lane)
 - i. Invite based on top 48 scorers at short course YMCA State
 - b. Half day format (3-4 hours)
 - i. Girls in morning, boys in afternoon
 - c. Focused on technique, fun, meeting new kids and learning about the sport
 - d. Include parent education segment teaching about sport, benefits of YMCA swimming, tips for success
3. 13&Over National Prep Clinic
 - a. In an 8 lane pool, can accommodate up to 24 girls and 24 boys (6 per lane)
 - i. Invite based on top 24 scorers at short course YMCA State who are not qualified for YMCA Nationals
 - b. Full day format (6-8 hours)
 - i. Girls and boys combined
 - c. Focused on racing, training, motivation and bonding, plus educational topics such as nutrition, dryland and stress management
 - d. Include parent education portion to teach about benefits of YMCA swimming, nutrition, college search, tips for success
4. National Team Clinic
 - a. Invite all swimmers qualified for YMCA Nationals who plan on attending
 - b. Full day format (6-8 hours)
 - i. Girls and boys combined
 - c. Focused on racing, training, motivation and bonding, plus educational topics such as nutrition, dryland and stress management
 - d. Include parent education portion to teach about benefits of YMCA swimming, nutrition, college search, tips for success

Budget for each clinic

1. Minimum around \$35 per swimmer



ILLINOIS YMCA SWIMMING

2. T-shirt & swim cap (~ \$24 per swimmer)
3. Lunch (~ \$10 per swimmer)
4. Facility rental (YMCA facilities may host for free)
5. Stipend for any special presenters (e.g. Olympic athlete, nutritionist, sport psychologist, personal trainer)

Proposal is to charge a small fee (\$35-40) per swimmer to cover apparel and food. If there are facility rental fees or presenter stipends, the YMCA State Committee can use surplus funds to pay for those to keep the fees lower for families.

Staff

1. Staffed by YMCA swim coaches
 - a. All coaches eligible for a deck pass at YMCA State can apply to work clinics
 - b. Delegate from YMCA State Committee placed in charge of selecting coaches in a fair manner

Possible Locations

1. Joliet Y
2. Kishwaukee Y
3. Illinois Valley Y
4. Rock River Y
5. Ottawa Y?
6. Champaign Y?
7. Springfield Y?

Possible dates

1. Late March
2. April
3. Late August
4. September
5. Best dates would likely be during the offseason or early season when they're aren't a lot of swim meets

These are initial thoughts and subject to more feedback and adjustments. We can choose to hold all or some of the clinics each year, depending on availability of dates, facilities, staff and funding to run them. Consensus was to go with single-day clinics versus an overnight type of format to keep things simpler, less risk management, and more budget-friendly.



ILLINOIS YMCA SWIMMING

Chicago Suburban District Report Illinois YMCA Swimming State Committee Meeting May 4, 2025

The Chicago Suburban District Committee met on April 9, 2025. Of the ten teams that were in the water this year we had nine teams represented at the meeting along with our Official's Chair and State Chair

We reviewed our district meet that was held at Sage YMCA where we had all 10 teams participate. 416 of our 658 swimmers swam in our combined District & Jr District Meet. The meet ran well however we were struggling to find championship level officials.

Our 2026 District meet will be held March 7th. For the first time we will be swimming the boys in the morning and girls in the afternoon. By recommendation of our Athlete Representatives on the District committee, the District voted to alternate who swims in the morning every other year. So in even years the boys will swim first and in odd years the girls will swim first. We will be electing new Officers and State Representatives at our next District Meeting that will be held on August 27th, 2025.

Respectfully Submitted.

Dave Brtva

Chicago District Chairman



ILLINOIS YMCA SWIMMING

Illini District Spring 25 Report

The Illini District Committee met on Sunday April 13th at the Canton YMCA. There were seven teams represented.

Coaching changes/Team check ins,

- Bloomington has a team and will be operational in the fall
- Heartland is currently without a head coach
- Most of our teams plan to attend summer state
- All teams plan to be operational this summer

Treasurer Report

- Springfield holds the account and was told we don't need money just "sitting" there
- \$16,458.95 is in the account. Each team will receive a \$1,000 payment

Jr. District Meet

- Bids to host the 2026 meet will be open in the fall

District Meet

- Springfield will host the 2026 meet

State Meet

- Could there be better heads up with coaches that have all their certs in and are approved by Ali sooner than the day the meet starts.
- More on deck seating for swimmers, bleachers?

Election of Officers

- Danielle elected as chair
- Darren elected as officials chair
- Kristen elected as secretary
- Alex elected as treasurer
- State reps elected in even years

State committee business

Concern over meeting minutes and results not being posted on the state site. We can't have a successful district meeting without the minutes from the previous state meeting. Could the secretary be given the ability to post the minutes on the website

State meet results from 2023 and 2025 not posted as of 4/13/25

Safe sport chair

- Will we be electing/appointing one?

Illini District Report



ILLINOIS YMCA SWIMMING

2025 Illinois YMCA Swimming Championships Meet Director's Report Illinois YMCA Swimming State Committee Meeting May 4, 2025

I would first like to thank my Championship Committee of John Williams, Dave Hedden, Kate Young and Darby Brtva. All of them spent a lot of time and several conference calls this past season to make this meet a great success. I would also like to thank John for his work coordinating the Officials. A thank-you also needs to go out to Paula Hastings for stepping up and taking on the role of Meet Referee and running a great meet as well as Mark Sobieszczyk for taking on the role of Administrative Referee. I would also like to thank all the officials who came out and helped to officiate the meet. We once again had several officials step up who did not have any swimmers swimming in the meet, so a special thank you goes out to them. It was great to see a full pool deck of officials once again. Of course I must send a thank-you to Springfield, Ottawa, Knox County and Joliet and Illinois Valley YMCAs and all the individuals that signed up to Marshall for stepping up and help with the operation of the meet. I believe the meet was very well run and the swimmers performed with some great swimming.

There were five new Meet records set:

8&Under Mixed Free and Medley relays Springfield

10&Under Mixed Free and Medley relays Springfield

Boys 21&Under 100 Back Rayburn Kohl

There was also 6 State records set:

8&Under Mixed Free and Medley relays Springfield

10&Under Mixed Free and Medley relays Springfield

Boys 14&Under Medley Relay Joliet

Boys 14&Under 50 Free Hermes Sadcopen

Entries- Our number in individual events (2678 down from 2716 in 2024), total number of athletes (894 up from 878 in 2024) and relays (427 up from 346 in 2024). There was 215 relay only swimmers. In comparison had we held the 2020 meet we had 3048 individual events, 1092 athletes and 427 relays.

Format- the format continues to work. I will be talking about the qualifying times in new business.

Meet Staff- We had several more Meet Marshals this year. We did change the focus of the Marshals this year by having them at the doors and not up in the stands to police that area. This was done because for the past several years the spectators in the stands did not listen to them or anybody other than their team's coaches. The Facility Coordinator did arrange to have a Lake Central Police Officer to our rental so that they can control the stands. I have tried and will continue to see if I can find a group in the area that



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would be interested in making a little money to be the timers for both Finals sessions to take the burden off of our teams but have had no luck so far.

Meet Budget- Overall the budget looks good (see included). We are still waiting on numbers from the photographer and hotel. We were over budget for all revenue line items. On the expense side we were over budget in a few items, but most are due to the increase in the amount owed to Indiana Swimming because of more swimmers and individual events than we budgeted for. That is a good problem. The rental was up a little due to the hiring of a Police Officer.

We still need to continue to encourage teams to use the hotel booking system with the Convention Bureau. We receive a cut for all rooms booked with them which in turn helps pay for the State Committee rooms. Another added benefit to this is the school also receives some money from this and helps keep us on their good side.

Respectfully Submitted,

Dave Brtva

Meet Director

2025 Illinois YMCA State Swimming Championship

Meetdirector@ilymcaswim.org



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Proposed Rule Change Proposed by: Illini District	Reason for Change	Amended Language	Passed/Failed /Tabled
R1 Section 5.5.1(a) any Meet Certification form that is submitted for a meet to the ILSWYMS Database will have a received email provided to the submitter within 30 days of submission with either an automated email or an actual response from ILSYMS	Since the database is not accessible to the coaches, it is hard to make sure that meet certification forms were received and recorded in a timely manner. This process will make sure submitted forms are not lost or not recorded timely. The email receipt can be an automated email, but at a minimum.	If there is an issue, then whomever submitted it has to respond back to ILSWYMS within 30 days.	Tabled
Notes			
Proposed Rule Change Proposed by: Illini District	Reason for Change	Amended Language	Passed/Failed /Tabled
B1 Article VI 6.01(1) After the completion of the fall and spring IL YMCA Swim Committee meetings the secretary will email the meeting minutes back to the District Chairperson and all members of the IL State YMCA Swim Committee as well as post to the IL YMCA State Swims website.	Having the previous meeting minutes from the fall or spring meeting will allow for better discussion for		Tabled



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	any potential tabled changes to the policies/proce dures/bylaws at the district meetings prior to the regular scheduled state meetings as well as other items for discussion		
Notes			



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Proposed Rule Change Proposed by: Dave Hedden	Reason for Change	Amended Language	Passed/Failed /Tabled
R2 7.1 The qualifying period is from March 1st February 1st of the previous year to the entry deadline for the State Championship and July 1st April 1 st of the previous year to the entry deadline for the State Long Course Championship.	This would align with the same qualifying period as the Y National meets. There are some end-of-season meets for kids that happen in February, such as IHSA conference, IHSA sectionals and IL Regionals which would become included in the qualifying period if we change it. Also, the long course season is pretty short and some Y teams don't have a lot of access to LCM meets, so opening up the qualifying period to include the entire previous long course season might help some kids		



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	qualify or stay qualified..		
Notes			
Proposed Rule Change Proposed by: Illini District	Reason for Change	Amended Language	Passed/Failed /Tabled
R3 14.3.1 A "B" Final will be swam for all 21 & Under Prelim/Final events at the YMCA Short Course State Meet. This heat will be swam after the A final.	This is the largest, most competitive age group in the meet. 10 out of the 14 events (boys and girls) had at least 31 swimmers this past year. It would give second opportunities to more athletes on the younger end of the age group.		
Notes			



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	+/-	2026	2025	Avg.	2025	2024	2023	2022	2021
8&U Girls									
25 Free	+	00:20.19	00:20.39	00:20.93	00:19.47	00:20.11	00:20.88	00:21.27	00:22.90
50 Free	+	00:45.89	00:45.99	00:47.54	00:44.42	00:46.30	00:48.23	00:50.71	00:48.04
25 Back	+	00:23.79	00:23.99	00:24.25	00:22.56	00:23.53	00:24.14	00:24.40	00:26.61
25 Breast	=	00:28.49	00:28.49	00:32.36	00:29.20	00:29.25	00:31.47	00:34.04	00:37.86
25 Fly	=	00:24.59	00:24.59	00:28.86	00:25.95	00:25.41	00:28.11	00:29.98	00:34.83
100 IM	-	02:00.59	02:00.49	02:38.56	02:14.88	02:12.63	02:33.79	03:31.89	02:39.63
100 Free Relay	-	01:36.29	01:34.29	02:01.56	01:57.36	01:57.36	01:57.36	02:44.82	01:30.89
100 Medley Relay	-	01:50.09	01:48.09	02:21.07	02:31.87	02:31.87	02:31.87	02:25.34	01:44.42
100 Mixed Free Re	=	01:44.79	01:44.79	00:00.00	00:00.00	00:00.00	00:00.00	00:00.00	00:00.00
100 Mixed Medley	-	01:57.99	01:55.99	00:00.00	00:00.00	00:00.00	00:00.00	00:00.00	00:00.00
10&U Girls									
50 Free	-	00:35.29	00:35.19	00:36.03	00:36.03	00:35.70	00:36.98	00:35.68	00:35.76
100 Free	-	01:18.69	01:18.59	01:22.36	01:22.12	01:23.12	01:24.31	01:21.26	01:20.99
200 Free	=	03:08.49	03:08.49	03:17.54	03:12.33	03:06.53	03:16.91	03:07.33	03:44.58
50 Back	-	00:40.69	00:40.59	00:42.02	00:41.80	00:42.40	00:42.63	00:41.96	00:41.32
50 Breast	-	00:48.49	00:47.99	00:49.55	00:49.76	00:49.70	00:50.97	00:48.39	00:48.94
50 Fly	-	00:41.69	00:41.59	00:44.30	00:43.46	00:45.75	00:46.97	00:42.90	00:42.44
100 IM	-	01:31.49	01:31.39	01:34.87	01:35.12	01:35.47	01:36.48	01:31.75	01:35.54
200 IM	-	03:33.99	03:33.89	04:03.97	03:52.50	03:50.17	04:09.78	04:42.58	03:44.83
200 Free Relay	=	02:42.29	02:42.29	02:58.07	02:59.13	03:03.02	03:03.02	03:07.76	02:37.44
200 Medley Relay	=	03:02.59	03:02.59	03:35.82	03:07.03	04:07.91	04:07.91	03:40.22	02:56.02
200 Mixed Free Re	=	02:54.69	02:54.69	00:00.00	00:00.00	00:00.00	00:00.00	00:00.00	00:00.00
200 Mixed Medley	=	03:13.29	03:13.29	00:00.00	00:00.00	00:00.00	00:00.00	00:00.00	00:00.00
12&U Girls									
50 Free	-	00:30.69	00:29.89	00:30.65	00:31.49	00:31.25	00:30.29	00:29.96	00:30.25
100 Free	-	01:09.19	01:07.19	01:09.22	01:10.54	01:10.89	01:09.17	01:08.25	01:07.27
200 Free	-	02:29.59	02:29.49	02:35.07	02:38.96	02:39.40	02:33.62	02:31.74	02:31.61
500 Free	=	07:02.49	07:02.49	07:11.00	07:06.09	07:15.62	07:13.96	07:09.30	07:10.03
50 Back	-	00:36.29	00:35.39	00:36.27	00:36.84	00:36.86	00:35.42	00:35.47	00:36.78
100 Back	-	01:19.69	01:17.69	01:20.04	01:21.61	01:22.57	01:18.94	01:19.05	01:18.05
50 Breast	-	00:41.09	00:40.99	00:42.10	00:42.03	00:42.43	00:41.61	00:42.33	00:42.11
100 Breast	-	01:30.79	01:30.69	01:33.28	01:33.69	01:34.33	01:32.81	01:33.27	01:32.29
50 Fly	-	00:35.29	00:34.29	00:36.08	00:37.37	00:36.69	00:35.31	00:35.01	00:36.00
100 Fly	-	01:24.39	01:24.29	01:29.99	01:31.56	01:32.87	01:28.49	01:28.77	01:28.24
200 IM	-	02:54.29	02:50.29	02:56.92	02:58.78	02:59.61	02:59.63	02:55.91	02:50.69
200 Free Relay	-	02:20.19	02:16.09	02:30.53	02:43.30	02:36.92	02:36.92	02:18.90	02:16.62
200 Medley Relay	-	02:42.89	02:38.89	02:56.85	03:07.12	03:07.12	03:07.12	02:45.31	02:37.59
14&U Girls									
50 Free	-	00:28.49	00:28.09	00:28.54	00:29.16	00:28.64	00:27.86	00:28.11	00:28.92
100 Free	-	01:02.69	01:01.09	01:02.66	01:04.86	01:03.15	01:01.95	01:01.85	01:01.51
200 Free	-	02:20.79	02:16.79	02:19.62	02:23.18	02:19.86	02:17.52	02:15.69	02:21.85
500 Free	-	06:23.39	06:18.39	06:28.53	06:40.58	06:25.44	06:22.60	06:20.34	06:33.69
100 Back	-	01:13.29	01:11.89	01:13.34	01:14.60	01:12.99	01:11.77	01:12.44	01:14.92
100 Breast	-	01:24.99	01:22.99	01:25.05	01:27.87	01:26.41	01:22.71	01:22.38	01:25.89
100 Fly	-	01:15.89	01:13.49	01:15.87	01:18.62	01:15.25	01:13.75	01:12.69	01:19.06
200 IM	-	02:38.89	02:35.89	02:38.87	02:42.80	02:39.74	02:35.89	02:35.41	02:40.52
200 Free Relay	-	02:15.69	02:11.69	02:18.67	02:26.17	02:16.50	02:16.50	02:26.17	02:08.00
200 Medley Relay	=	02:31.09	02:31.09	02:34.66	02:31.68	02:31.68	02:31.68	02:51.14	02:27.10



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21&U Girls									
50 Free	=	00:26.79	00:26.79	00:27.01	00:26.68	00:27.23	00:27.18	00:26.89	00:27.07
100 Free	=	00:58.29	00:58.29	00:58.91	00:58.59	00:58.77	00:59.11	00:58.94	00:59.15
200 Free	-	02:08.69	02:08.79	02:09.44	02:10.07	02:11.35	02:10.02	02:05.26	02:10.52
500 Free	-	05:54.79	05:54.69	06:05.03	06:06.58	06:11.89	05:52.19	06:13.95	06:00.54
1650 Free	=	22:33.69	22:33.69	23:32.10	22:34.52	25:59.70	21:35.68	22:42.10	24:48.50
100 Back	=	01:07.29	01:07.29	01:08.03	01:07.98	01:08.27	01:07.71	01:06.65	01:09.55
200 Back	=	02:27.49	02:27.49	02:29.13	02:29.45	02:26.24	02:26.52	02:28.12	02:35.34
100 Breast	-	01:18.59	01:18.49	01:20.13	01:20.01	01:20.45	01:18.62	01:20.10	01:21.46
200 Breast	-	02:52.29	02:48.39	02:52.34	02:55.23	02:55.89	02:50.27	02:46.31	02:53.98
100 Fly	=	01:07.69	01:07.69	01:08.38	01:07.80	01:08.61	01:07.96	01:08.23	01:09.32
200 Fly	-	02:45.49	02:41.49	03:02.72	03:09.88	03:32.61	02:46.09	02:41.23	03:03.78
200 IM	+	02:28.89	02:28.99	02:29.40	02:27.25	02:30.82	02:28.04	02:29.47	02:31.40
400 IM	-	05:36.99	05:23.99	05:36.97	05:40.60	05:45.57	05:26.53	05:26.44	05:45.70
200 Free Relay	=	02:00.59	02:00.59	02:04.68	02:10.86	02:05.32	02:05.32	02:03.54	01:58.38
400 Free Relay	=	04:39.09	04:39.09	04:41.75	04:36.11	04:36.11	04:36.11	05:02.71	04:37.73
200 Medley Relay	=	02:23.09	02:23.09	02:25.47	02:23.11	02:23.11	02:23.11	02:39.79	02:18.24
400 Medley Relay	=	05:17.19	05:17.19	05:20.85	05:17.10	05:17.10	05:17.10	05:18.34	05:34.62
8&U Boys									
25 Free	+	00:21.19	00:21.29	00:22.10	00:20.17	00:20.56	00:20.27	00:22.36	00:27.15
50 Free	=	00:47.19	00:47.19	00:50.35	00:48.04	00:47.39	00:45.74	00:49.49	01:01.09
25 Back	=	00:24.69	00:24.69	00:25.32	00:23.94	00:24.00	00:23.72	00:25.84	00:29.08
25 Breast	-	00:30.19	00:29.19	00:38.16	00:34.28	00:34.10	00:29.90	00:36.09	00:56.44
25 Fly	-	00:25.99	00:25.89	00:32.71	00:27.28	00:29.36	00:27.87	00:36.16	00:42.90
100 IM	-	02:01.09	01:59.09	02:38.14	02:56.88	02:44.75	02:33.17	02:40.52	02:15.40
100 Free Relay	-	01:46.69	01:44.69	02:32.40	02:37.32	02:37.32	02:37.32	02:52.30	01:57.76
100 Medley Relay	-	02:04.69	02:02.69	02:14.38	02:15.40	02:15.40	02:15.40	02:12.85	02:12.85
10&U Boys									
50 Free	=	00:35.69	00:35.69	00:36.28	00:35.33	00:35.81	00:37.00	00:36.47	00:36.81
100 Free	=	01:20.79	01:20.79	01:22.32	01:19.47	01:22.00	01:25.58	01:21.96	01:22.60
200 Free	+	03:12.89	03:12.99	03:17.64	02:56.93	03:13.76	03:11.78	03:29.81	03:35.91
50 Back	=	00:42.39	00:42.39	00:43.18	00:42.02	00:42.53	00:44.61	00:43.05	00:43.67
50 Breast	=	00:49.89	00:49.89	00:51.69	00:49.81	00:51.62	00:52.49	00:51.59	00:52.92
50 Fly	=	00:44.59	00:44.59	00:46.78	00:43.91	00:44.80	00:49.31	00:48.18	00:47.71
100 IM	=	01:34.39	01:34.39	01:38.21	01:34.74	01:36.10	01:40.90	01:40.11	01:39.21
200 IM	=	03:45.59	03:45.59	04:04.83	03:34.78	04:11.44	04:17.75	04:03.00	04:17.20
200 Free Relay	=	02:58.69	02:58.69	03:28.14	03:35.37	03:35.37	03:35.37	03:39.68	02:54.89
200 Medley Relay	-	03:21.29	03:17.29	03:43.33	03:58.41	03:58.41	03:58.41	03:28.32	03:13.10



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12&U Boys									
50 Free	-	00:31.19	00:30.39	00:31.19	00:31.51	00:30.87	00:30.53	00:30.96	00:32.07
100 Free	-	01:08.49	01:08.39	01:10.41	01:11.56	01:09.73	01:09.37	01:10.37	01:11.02
200 Free	-	02:43.19	02:34.09	02:40.44	02:43.89	02:39.05	02:33.09	02:41.37	02:44.78
500 Free	=	07:15.19	07:15.19	08:20.66	07:17.30	07:22.71	07:02.97	10:05.83	09:54.51
50 Back	-	00:37.19	00:37.09	00:38.11	00:38.31	00:37.42	00:36.73	00:37.36	00:40.74
100 Back	-	01:21.19	01:21.09	01:23.90	01:23.93	01:23.68	01:19.84	01:23.39	01:28.68
50 Breast	-	00:42.39	00:41.39	00:42.74	00:43.83	00:42.53	00:41.82	00:43.22	00:42.32
100 Breast	-	01:32.99	01:32.89	01:36.16	01:35.98	01:35.99	01:35.93	01:34.50	01:38.42
50 Fly	-	00:36.19	00:36.09	48:01.65	00:38.41	00:37.79	00:34.92	57:36.00	00:41.14
100 Fly	-	01:28.59	01:28.49	01:38.02	01:34.52	01:39.67	01:31.58	01:34.02	01:50.30
200 IM	-	02:55.89	02:55.79	03:04.98	03:10.97	03:04.99	03:02.12	02:59.76	03:07.08
200 Free Relay	-	02:35.79	02:31.79	02:44.92	02:45.09	02:45.09	02:45.09	03:01.28	02:28.04
200 Medley Relay	-	02:54.09	02:50.09	03:39.10	03:41.50	03:41.50	03:41.50	04:22.02	02:48.97
14&U Boys									
50 Free	=	00:26.59	00:26.59	00:26.72	00:26.24	00:26.58	00:26.50	00:26.81	00:27.45
100 Free	=	00:58.69	00:58.69	00:59.45	00:57.71	00:59.18	00:59.47	00:59.80	01:01.08
200 Free	=	02:13.49	02:13.49	02:14.74	02:11.53	02:11.88	02:14.46	02:16.47	02:19.38
500 Free	+	06:26.19	06:26.39	06:24.87	05:59.08	06:13.95	06:05.64	06:17.29	07:28.39
100 Back	=	01:09.89	01:09.89	01:10.81	01:10.06	01:08.66	01:11.13	01:10.99	01:13.20
100 Breast	=	01:20.39	01:20.39	01:21.71	01:20.63	01:20.53	01:21.17	01:21.57	01:24.63
100 Fly	=	01:11.39	01:11.39	01:13.17	01:09.86	01:13.59	01:13.43	01:10.88	01:18.10
200 IM	=	02:31.69	02:31.69	02:34.33	02:31.57	02:33.18	02:34.64	02:35.35	02:36.90
200 Free Relay	-	02:16.29	02:12.29	02:37.43	02:45.67	02:45.67	02:45.67	02:39.18	02:10.96
200 Medley Relay	-	02:35.29	02:31.29	03:03.44	03:21.33	03:21.33	03:21.33	02:39.06	02:34.14
21&U Boys									
50 Free	=	00:23.59	00:23.59	00:23.38	00:23.26	00:23.34	00:23.66	00:23.14	00:23.52
100 Free	=	00:51.59	00:51.59	00:51.32	00:51.09	00:51.64	00:52.04	00:50.47	00:51.35
200 Free	=	01:55.89	01:55.89	01:56.25	01:56.33	01:55.10	01:59.50	01:53.99	01:56.33
500 Free	-	05:30.39	05:30.29	05:29.28	05:36.03	05:28.38	05:30.80	05:17.18	05:34.03
1650 Free	=	22:03.79	22:03.79	24:53.10	21:23.82	24:23.16	27:48.68	28:24.76	22:25.09
100 Back	-	00:59.69	00:59.59	00:59.69	01:01.10	01:00.16	00:59.11	00:58.05	01:00.01
200 Back	-	02:16.19	02:16.09	02:17.81	02:18.30	02:17.69	02:16.97	02:13.87	02:22.21
100 Breast	+	01:08.69	01:08.79	01:08.05	01:07.82	01:07.22	01:10.23	01:06.48	01:08.50
200 Breast	=	02:35.39	02:35.39	02:35.18	02:33.39	02:37.44	02:37.81	02:29.67	02:37.57
100 Fly	=	00:57.89	00:57.89	00:57.56	00:57.35	00:58.20	00:57.96	00:56.17	00:58.13
200 Fly	+	02:33.09	02:33.19	02:26.60	02:19.72	02:28.73	02:24.79	02:19.47	02:40.29
200 IM	-	02:11.19	02:11.09	02:12.14	02:13.86	02:12.41	02:14.14	02:08.75	02:11.55
400 IM	=	05:11.49	05:11.49	05:08.99	05:00.94	04:59.67	05:12.97	04:58.54	05:32.81
200 Free Relay	=	01:55.79	01:55.79	01:57.03	01:55.05	01:55.05	01:55.05	02:07.44	01:52.55
400 Free Relay	-	04:22.99	04:19.05	04:22.96	04:25.48	04:25.48	04:25.48	04:19.19	04:19.19
200 Medley Relay	=	02:11.19	02:11.19	02:18.16	02:23.39	02:23.39	02:23.39	02:13.70	02:06.92
400 Medley Relay	=	05:03.69	05:03.69	05:01.54	04:59.24	04:59.24	04:59.24	05:05.00	05:05.00
				Same	48				
				Slower	61		27 -.1	34 - per rules	
				Faster	9				