

ILLINOIS YMCA SWIMMING LONG COURSE CHAMPIONSHIPS

at

Lake Central High School, St. John, Indiana

Guidelines for Coaches

Welcome Illinois YMCA Swimming Coaches

Welcome to the 2021 Illinois YMCA Swimming Long Course Championship! We hope that the following information will help make the meet a positive experience for all swimmers, coaches, officials, and spectators. There are several new procedures that will be in place this year to ensure compliance with Safe Sport and Athlete Protection. We ask you to please remember that the Marshals are volunteers and parents as well and are doing a job to make sure all participants remain safe.

Athlete Tags and entry to the Pool and Locker Rooms

In an effort to make the meet safer for our swimmers and to comply with Federal Safe Sport Laws, the hallway going to the locker rooms will be off limits to everyone except swimmers and authorized personnel. There will be a Marshall posted at the doors leading to this hallway from the lobby and only swimmers with the tag for the meet will be permitted beyond this point.

You will need to give your swimmers their tags in the lobby as opposed to on the pool deck like previous years. They will not be permitted into the locker rooms or the pool deck without them.

Swimmers will be permitted to "camp out" in the hallway outside the locker rooms if they wish.

Coaches Passes

All teams will be issued a minimum of two (2) coaches deck passes. Passes above this will be issued per the meet packet. All coaches must be properly credentialed to receive a deck pass. Coaches must also be pre-registered on line by July 12th.

Timers

If your team is assigned timing the Timers will enter the pool via Timers are to enter the pool via door by Hospitality at the Diving Board end of the pool. They will have to check in with the Marshal on duty at the bottom of the stairs where they will receive a timers tag. They will have to return this tag to the Marshal when they leave the pool deck.

DFS & Relay Changes

Please make sure that if you have a swimmer that is not at the meet or is not going to swim an event, please make sure you DFS them at the Clerk of the Course so the officials will know they are not swimming. This will help keep the meet going. Also if you have any relay changes or have not listed your relay swimmers turn this into the Clerk of the Course as well. This includes changes between prelim and finals.

Team Areas

Remember Swimmers are not permitted to have chairs on deck. Also please remember to pick up your team areas. Lake Central will charge us a cleaning fee and we will pass it on to the team who was sitting in that area if there is a mess.

Thank you!

With your cooperation, this year's Long Course State Meet will be a lot of fun for everyone. Go swimmers!