# ILLINOIS YMCA SWIMMING LONG COURSE CHAMPIONSHIPS at Lake Central High School, St. John, Indiana

#### **Guidelines for Spectators and Swimmers**

## Welcome Illinois YMCA Swimming Families,

Welcome to the 2021 Illinois YMCA Swimming Long Course Championship! We hope that the following information will help make the meet a positive experience for all swimmers, coaches, officials, and spectators. We ask you to please remember that the Marshals are volunteers and parents as well and are doing a job to make sure all participants remain safe.

#### **Locker Rooms**

Only swimmers are permitted in boys and girls locker rooms this includes the hallway outside the locker rooms. Swimmers will need to receive their athlete tags from their Coach before they will be permitted on deck or access to the locker rooms. (*No exceptions* –This is for the protection of our swimmers and to comply with athlete protection laws.)

#### On Deck

The following people are permitted on deck during the meet:

- Swimmers in the current session
- Coaches
- Officials
- Timers
- Marshals assigned to deck duty and other approved Meet Personnel

#### **Bleachers and Area Behind Bleachers**

Spectators (including swimmers not in the current session) and all other volunteers may sit in the bleachers. Please follow the signs posted regarding spectator viewing areas. Spectators are only permitted to enter and exit the bleacher area using the main staircase closes to the entrance of the school. The other staircases are for emergencies only. Timers are to enter the pool via door by Hospitality at the Diving Board end of the pool. You will check-in with the Meet Marshall stationed at that door.

No folding chairs are permitted in the bleacher area (*no exceptions*). Stadium seats are allowed in the bleachers. Coolers are also not permitted in the bleachers.

To keep our viewing space dry, comfortable, and accommodating to all spectators, the bleachers are for spectators only.

• Swimmers competing in the current session should remain on deck or in the hallway behind the locker rooms and arrange to meet parents in the lobby or outside.

So that there is enough space for all of our swimmers' families to sit in the stands, please keep bags, coats, etc. at your feet and not on the bleacher seats. Standing along the glass in the bleachers is not permitted per order of the St. John Fire Marshall.

At this time due to COVID restrictions we have to limit the number of spectators in the building. Each family will be permitted to have 2 spectators in the building. Grassy area outside the building will be available to camp out in so if you may want to bring chairs and an easy-up.

### Thank you!

With your cooperation, this year's Long Course State Meet will be a lot of fun for everyone. Go swimmers!