



Illinois YMCA Swimming Level II on-deck Training

Trainee Name: _____	YMCA: _____	Date: _____
Trainee Email: _____		
Meet: _____	Meet Session: _____	Training Session: _____
Rating system: P (proficient to perform unsupervised) I (understands concepts and rules, but needs more training) N (not satisfactory) N/A (not observed at this meet)		

Skill Observed	Rating	Comments
Starter		
Deck Position		
Professional Manner (dress+demeanor)		
Quality of "Take your marks" command (calm and conversational)		
Understands how to "read" athletes		
Patience and confidence		
Able to identify False Starts and follows protocol for dual confirmation		
Uses "stand please" and other commands as appropriate		
Prompt in position and ready with microphone		
Able to manage "flyover" starts		
Able to do OOF		
Knows hand protocol for disabled athletes		
Can conduct a proper timers meeting		

DECK REFEREE		
Whistle/Starting Protocol (chirps and long whistle as directed by Meet Ref)		
Professional manner (communication and teamwork)		
Position, awareness (eyes on the pool)		
Timeline management		
Radio proficiency		
Understands false starts and protocol		

Understands timing adjustments and table management					
Can run Officials meeting (assignments, protocol, stroke brief)					
Can Officiate athletes with disabilities					
Reviews and tracks DQ's					
Knows about Meet Certification form					
Should this session count for training? YES _____ NO _____ (if no, please explain)					
What can you tell the Committee about the session, the trainee and the training conducted? What should the trainee work on in their next session(s)?					
Trainer _____			Club: _____		
Meet Referee signature: _____			Club: _____		
This training sheet needs to be photographed(or scanned) and emailed to your district representative and the State Officials Chair					