



2025 ILLINOIS YMCA SWIMMING LONG COURSE CHAMPIONSHIP BONUS CUTS

GIRLS				8 & Under		BOYS			
SCY		SCM		LCM		SCY		SCM	
00:53.09		00:59.25		01:00.33	50 Free	00:54.59		01:00.93	01:02.75
01:48.89		02:01.53		02:03.74	100 Free	01:51.99		02:04.99	02:08.72
04:21.19		04:51.51		04:55.13	200 Free	04:27.49		04:58.54	05:03.97
00:56.19		01:02.71		01:03.85	50 Back	00:58.69		01:05.50	01:07.46
01:06.49		01:14.21		01:15.56	50 Breast	01:09.19		01:17.22	01:19.53
00:57.59		01:04.27		01:05.44	50 Fly	01:01.79		01:08.96	01:11.02
04:56.39		05:30.79		05:36.81	200 IM	05:12.59		05:48.87	06:01.38
GIRLS				10 & Under		BOYS			
SCY		SCM		LCM		SCY		SCM	
00:40.69		00:45.41		00:46.24	50 Free	00:41.19		00:45.97	00:47.34
01:30.69		01:41.22		01:43.06	100 Free	01:33.29		01:44.12	01:47.23
03:37.69		04:02.96		04:05.98	200 Free	03:42.89		04:08.76	04:13.28
00:46.89		00:52.33		00:53.28	50 Back	00:48.89		00:54.56	00:56.20
00:55.39		01:01.82		01:02.94	50 Breast	00:57.59		01:04.27	01:06.20
00:48.09		00:53.67		00:54.65	50 Fly	00:51.49		00:57.47	00:59.18
04:07.09		04:35.77		04:40.78	200 IM	04:20.59		04:50.84	05:01.26
N/A		N/A		N/A	200 Free Relay	N/A		N/A	N/A
N/A		N/A		N/A	200 Mixed Free Relay	N/A		N/A	N/A
N/A		N/A		N/A	200 Medley Relay	N/A		N/A	N/A
N/A		N/A		N/A	200 Mixed Medley Relay	N/A		N/A	N/A
GIRLS				12 & Under		BOYS			
SCY		SCM		LCM		SCY		SCM	
00:34.49		00:38.49		00:39.19	50 Free	00:35.09		00:39.16	00:40.33
01:17.69		01:26.71		01:28.28	100 Free	01:18.19		01:27.27	01:29.87
02:52.69		03:12.73		03:15.13	200 Free	02:58.29		03:18.98	03:23.76
08:07.99		07:06.94		07:15.71	500/400 Free	08:22.69		07:19.80	07:34.92
00:40.89		00:45.64		00:46.47	50 Back	00:42.89		00:47.87	00:49.30
01:29.79		01:40.21		01:41.46	100 Back	01:33.59		01:44.45	01:47.57
00:47.29		00:52.78		00:53.74	50 Breast	00:47.79		00:53.34	00:54.93
01:44.69		01:56.84		02:00.33	100 Breast	01:47.19		01:59.63	02:03.92
00:39.59		00:44.19		00:44.99	50 Fly	00:41.69		00:46.53	00:47.92
01:37.29		01:48.58		01:49.31	100 Fly	01:42.19		01:54.05	01:55.47
03:16.69		03:39.52		03:43.51	200 IM	03:23.39		03:47.00	03:55.13
N/A		N/A		N/A	200 Free Relay	N/A		N/A	N/A
N/A		N/A		N/A	200 Medley Relay	N/A		N/A	N/A
GIRLS				14 & Under		BOYS			
SCY		SCM		LCM		SCY		SCM	
00:32.39		00:36.15		00:36.81	50 Free	00:30.79		00:34.36	00:35.39
01:10.49		01:18.67		01:20.10	100 Free	01:07.79		01:15.66	01:17.92
02:37.99		02:56.33		02:58.52	200 Free	02:34.19		02:52.09	02:56.22
07:16.99		06:22.32		06:30.17	500/400 Free	07:26.29		06:30.45	06:38.47
00:39.79		00:44.41		00:44.96	50 Back	00:37.59		00:41.95	00:43.21
01:22.99		01:32.62		01:33.77	100 Back	01:20.69		01:30.06	01:32.75
00:45.79		00:51.10		00:52.63	50 Breast	00:42.09		00:46.98	00:48.66
01:35.79		01:46.91		01:50.10	100 Breast	01:32.79		01:43.56	01:47.27
00:38.39		00:42.85		00:43.13	50 Fly	00:38.39		00:42.85	00:43.38
01:24.89		01:34.74		01:35.38	100 Fly	01:22.49		01:32.06	01:33.21
03:00.09		03:20.99		03:24.65	200 IM	02:55.19		03:15.52	03:22.53
N/A		N/A		N/A	200 Free Relay	N/A		N/A	N/A
N/A		N/A		N/A	200 Medley Relay	N/A		N/A	N/A
GIRLS				21 & Under		BOYS			
SCY		SCM		LCM		SCY		SCM	
00:30.89		00:34.48		00:35.10	50 Free	00:27.29		00:30.46	00:31.37
01:07.29		01:15.10		01:16.47	100 Free	00:59.59		01:06.51	01:08.49
02:28.69		02:45.95		02:48.01	200 Free	02:13.89		02:29.43	02:33.02
06:49.59		05:58.35		06:05.71	500/400 Free	06:21.49		05:33.76	05:45.24
26:03.49		25:58.81		26:27.30	1650/1500 Free	25:28.99		25:24.42	26:08.19
00:37.79		00:42.18		00:42.70	50 Back	00:34.09		00:38.05	00:39.18
01:17.79		01:26.82		01:27.90	100 Back	01:08.89		01:16.89	01:19.18
02:50.39		03:10.17		03:12.53	200 Back	02:37.19		02:55.44	03:00.68
00:43.29		00:48.31		00:49.76	50 Breast	00:38.19		00:42.62	00:44.15
01:30.59		01:41.10		01:44.13	100 Breast	01:19.59		01:28.83	01:32.01
03:14.49		03:37.06		03:41.01	200 Breast	02:59.49		03:20.32	03:27.50
00:36.49		00:40.73		00:41.00	50 Fly	00:31.69		00:35.37	00:35.81
01:18.19		01:27.27		01:27.85	100 Fly	01:07.09		01:14.88	01:15.81
03:06.59		03:28.25		03:29.65	200 Fly	02:56.99		03:17.53	03:21.12
02:51.99		03:11.95		03:15.44	200 IM	02:31.39		02:48.96	02:55.02
06:14.19		06:57.62		07:02.81	400 IM	05:59.79		06:41.55	06:53.55
N/A		N/A		N/A	200 Free Relay	N/A		N/A	N/A
N/A		N/A		N/A	400 Free Relay	N/A		N/A	N/A
N/A		N/A		N/A	200 Medley Relay	N/A		N/A	N/A
N/A		N/A		N/A	400 Medley Relay	N/A		N/A	N/A

QUALIFYING PERIOD IS JULY 1, 2024 THROUGH THE ENTRY DEADLINE