

Illinois YMCA Virtual State Invitational

MEET ANNOUNCEMENT

About the Invitational

Date: April 23 – May 2, 2021

Alternate Date: March 1st – April 23, 2021

Location: Local Competition, State Ranking

Meet Declaration Deadline: Monday, March 1, 2021 9:00 am

Hosted by: Illinois YMCA Swimming

Meet Director: Dave Brtva

Web Site: ilymcaswim.org

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ABOUT THE INVITATIONAL

This meet is a closed (YMCA teams only), inter- or intra-association YMCA Invitational meet open to all YMCA registered swim teams. All competition is held at the local area or local YMCA. The results of all local Virtual meet competitions will be consolidated into one Meet with individuals ranked and awarded on their virtual place and scoring.

ADJUSTMENTS TO THE MEET ANNOUNCEMENTS: The Championship Meet Committee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet or due to unforeseen issues of weather or facility problems. Changes will be communicated as far in advance as possible.

MEET TIMELINE: There is no standard meet timeline for the Virtual meet. Teams may swim any order of events in a 25-Yard (preferred) or 25-Meter Pool. However, only the Virtual Meet age groups and strokes/distances (see Appendix 1) will qualify for inclusion in the Virtual competition.

MEET DATES PRIMARY Local Competition Dates: April 23 - May 2, 2021 All competitions must be held as a single meet. A single meet may have multiple sessions over multiple days. Local meets shall be contested any day starting Friday, April 23 through and including Sunday, May 2, 2021.

****ALTERNATE Local Competition Dates:** March 1 – April 23, 2021 This alternative set of dates is only for teams that on the Meet Declaration form declare the dates and swimmers competing on those dates. A team may submit as many meets as they have declared but a swimmer may only swim in one submitted meet.

LOCATION AND FACILITY

Competition for the Illinois YMCA Virtual State Invitational meet is held locally.

POOL REQUIREMENTS: Competition must be run in a 25-yard pool (preferred) or a 25-meter pool. If you do not have a 25 yard pool and need help finding a team that would be willing to host you contact the Meet Director.

Web Site

Meet Information can be found at: ilymcaswim.org



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CONTACT INFORMATION

MEET DIRECTOR	OFFICIALS COORDINATOR	ADMINISTRATIVE OFFICIAL
Dave Brtva 815-258-6279 meetdirector@ilymcaswim.org	Rome Yount Officialschair@ilymcaswim.org	Dave Brtva 815-258-6279 meetdirector@ilymcaswim.org
Host Web Site: www.ilymcaswim.org		

NOTICES

DEADLINE SUMMARY:

Monday	February 15 th	9:00 PM	Intent to Swim Due
Monday	March 1 st	9:00 PM	Meet Declaration Due
Monday	1 st Monday after meet	12:00 PM	Meet File Submission

Racing Start Proficiency: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ELIGIBILITY

ATHLETE

YMCA Membership: An athlete must be a YMCA member in good standing who holds an annual, full privilege membership at the YMCA he/she represents for a period of at least 30 days prior to the first day of the meet. An athlete may have only represented that YMCA team in competition for a period of 30 days prior to the first day of the meet, excluding scholastic competition.

Amateur Status: An athlete may not have represented a college, university or other post-high school institution in any competition and may not have accepted pay or compensation for competing as a swimmer.

Unattached Athletes: There is no unattached status in YMCA Swimming.



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Age: Swimmer's age as of April 23rd, 2021 will determine his or her age for the entire meet. An athlete must not be older than twenty-one (21) years of age on the first day of the Meet.

YMCA Meet Participation: There is no Meet Participation requirement to participate

Times: There are no Qualifying times.

Athletes with a Disability: Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the meet referee of any disability prior to competition. See appendix 4 & 5

ENTRY INFORMATION

ENTRY LIMITS:

- 8 total events for the meet with no more than 4 events on a single day.
- **Swimmers who fail to meet entry limits will be scratched from their last event(s) that day/meet**
- There is no individual event limit per team. Teams may enter an unlimited number of swimmers in an individual event.

USA-S Approval: Each team will be responsible for acquiring their own USA-S Approval if so desired.

ENTRY FEES: The State Committee is not charging any entry fees, however a host team may charge a reasonable entry fee.

LOCAL COMPETITION PROCEDURES AND OPERATIONS

LOCAL COMPETITION: Teams may swim as an intra-squad competition (within their own team) or an inter-Association competition (two or more YMCAs). The competition must be held within the timeframe of the virtual meet contested period – Primary or Alternate

RULES: The meet must follow the Rules that Govern YMCA Sports, Addendum to the Rules that Govern YMCA Sports, and USA-S Technical Rules.



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OFFICIATING: Minimum number of officials required to participate is:

i. One. If this person is not a Level II, this person will be required to reach out to the official's committee to review processes/protocol.

1. As the official's committee or other officials are available to assist, those officials will be allowed to help work the meet.

ii. If the USA Swimming rule minimum # of officials is not met based upon teams in the pool, the times will not be included in the SWYMS database.

USA Swimming rule:

- For all meets except dual meets:
 - 1 Referee (Must be a YMCA Level II Certified Official)
 - 1 Starter who also acts as a Stroke & Turn judge
 - 1 Stroke and Turn judge
 - 1 Administrative Official
 - At least 2 of these officials must be YMCA Certified

• Dual meets:

- Same as above, but the Referee may act as a Stroke and Turn Judge

- **TIMING:** The minimum timing system for the invitational meet will be semi-automatic with manual watch backup. Any questions for this are to be directed to the official's coordinator.

MEET SETUP: Swimmers' birthdates must be included in the meet results or the swimmer will not be included in the virtual competition ranking. Team addresses and head coach information must be included on the Meet Declaration. A Meet File will be made available to all teams. Teams are permitted to set up event order, days and sessions however they want. Events and event numbers cannot be changed.

LOCAL HEALTH AUTHORITY GUIDANCE: In addition to the considerations shared in this document, make sure you understand key CDC guidelines and program considerations (Planning Ahead for Your Y: Aquatic Supplement and Safely Offering Competitive Swim During Covid-19) to inform your decisions, ensure you are in compliance with regulation and local and state codes, and always check with local health authorities for additional resources and guidance on implementing programs and competitions locally. In addition, all swimmers, officials and coaches need to be aware of and adhere to all local and facility guidelines. The considerations in this document are supplemental to, and do not replace the guidelines and considerations in the resources listed above. This document focuses on specific administration of the virtual invitational swim meet and is not a substitute for medical expertise or legal advice.



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CONCUSSION AWARENESS: This meet will follow the YMCA of USA Concussion procedure. Anyone who observes or has knowledge of a potential head injury should immediately notify lifeguards and/or hired medical personnel. Once the injury report is completed, the lifeguard and/or hired medical personnel will notify the Event Staff, the athlete's coaching staff, and the Meet Director.

If a head injury occurs, the action plan below will be followed:

1. Athlete is removed immediately from participation by the Meet Director
2. Athlete must be evaluated by a licensed health care professional experienced in identifying and treating concussions. In addition, the athlete must be in compliance with the laws that are in effect within the jurisdiction where the meet is held.
3. The coaching staff will inform the athlete's parents or guardians about the possible concussion and give or send them the fact sheet on concussion.
4. The athlete will not be allowed back to warm-up or compete until a health care professional, experienced in evaluating concussions determines that the athlete is symptom-free and is OK to return to participation.

SUBMISSION INFORMATION

SUBMISSION FEES: There is no fee to submit local meet results.

SUBMISSION DEADLINE: First Monday after meet by 12:00 pm

SUBMISSION PROCEDURE: Results must be submitted via email to the Meet Director at meetdirector@ilymcaswim.org.

Results must be in Hy-tek MeetManager unlocked backup of the meet database. The meet backup must include all teams and all results unless it is a meet held during the alternate date period in which case only those swimmers listed on the declaration form for that meet should be in the meet backup file. Results exported from Hy-tek Team Manager will not be accepted. The team hosting the local swimming is responsible for submitting the unlocked meet backup file. A completed Meet Certification Form must also accompany the submission of the meet. Results must be carefully reviewed for accuracy before submission. No corrections will be permitted. All erroneous times or obviously incorrect times will be eliminated from consideration. To maintain the integrity of the virtual competition, please ensure all result times are accurate and/or corrected according to USAS rules. Event numbers may also not be changed in any way.



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AWARDS AND RECOGNITION

AWARDS:

INDIVIDUAL AWARDS: 10 & under 1st – 10th will receive rosette Ribbons 11th – 20th will receive straight ribbons. 11 & Over 1st – 3rd will receive rosette ribbons 4th – 10th will receive straight ribbons.

TEAM AWARDS: There will be no team awards.

ATHLETE APPAREL: TBD



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APPENDIX 1: EVENTS

8 & Under			14 & Under		
Girls	Event	Boys	Girls	Event	Boys
101	25 Free	102	401	50 Free	402
103	50 Free	104	403	100 Free	404
105	25 Back	106	405	200 Free	406
107	25 Breast	108	407	500 Free	408
109	25 Fly	110	409	100 Back	410
111	100 IM	112	411	100 Breast	412
			413	100 Fly	414
			415	200 IM	416
10 & Under			21 & Under		
Girls	Event	Boys	Girls	Event	Boys
201	50 Free	202	501	50 Free	502
203	100 Free	204	503	100 Free	504
205	200 Free	206	505	200 Free	506
207	50 Back	208	507	500 Free	508
209	50 Breast	210	509	1650 Free	510
211	50 Fly	212	511	100 Back	512
213	100 IM	214	513	200 Back	514
215	200 IM	216	515	100 Breast	516
			517	200 Breast	518
			519	100 Fly	520
			521	200 Fly	522
			523	200 IM	524
			525	400 IM	526
12 & Under					
Girls	Event	Boys			
301	50 Free	302			
303	100 Free	304			
305	200 Free	306			
307	500 Free	308			
309	50 Back	310			
311	100 Back	312			
313	50 Breast	314			
315	100 Breast	316			
317	50 Fly	318			
319	100 Fly	320			
321	200 IM	322			



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APPENDIX 2: ATHLETES WITH DISABILITIES CLASSIFICATION

To ensure competition is fair and equal, all Paralympic sports have a system in place which ensures that winning is determined by skill, fitness, power, endurance, tactical ability and mental focus, the same factors that account for success in sport for able bodied athletes.

This process is called classification and its purpose is to minimize the impact of impairment on the activity (sport discipline). Having an impairment thus is not sufficient. The impact of that impairment on the sport must be proved. In IPC Swimming, athletes are grouped by the degree of activity limitation resulting from an impairment. These groups are called 'sport classes'. The process of classification determines which athletes are eligible to compete in IPC Swimming and how athletes are grouped together for competition.

Classification is sport-specific because an impairment affects the ability to perform in different sports to a different extent. As a consequence, an athlete may meet the criteria in one sport, but may not meet the criteria in another sport.

IPC Swimming caters for three impairment groups - physical, visual and intellectual.

Sport Classes

The sport class names in swimming consist of a prefix "S" or "SB" and a number. The prefixes stand for the strokes and the number indicates the sport classes.

The prefixes stand for:

- S: freestyle, butterfly and backstroke events
- SB: breaststroke
- SM: individual medley. The prefix "SM" is given to athletes competing in individual medley events. It is not a sports class, but an entry index and calculated as $(3 \times S + SB)/4$; for classes S1-4 who have a 3-discipline medley, the formula is $(2S + SB)/3$.

Sport Classes S1-S10 physical impairment

There are ten different sport classes for athletes with physical impairment, numbered 1-10. A lower number indicates a more severe activity limitation than a higher number.

Athletes with different impairments compete against each other, because sport classes are allocated based on the impact the impairment has on swimming, rather than on the impairment itself.

To evaluate the impact of impairments on swimming, classifiers assess all functional body structures using a point system and ask the athlete to complete a water assessment. The total number of points then determines the athlete's S and SB sport classes. Due to the different demands of S and SB events, swimmers are often allocated different S and SB sport classes. The SM sport class is calculated from the S and SB sport class.

The following are general examples of impairments and resulting functional abilities described in each sport class profiles. The below combinations of S and SB sport classes are the most common combinations, but it is possible that that athlete has another combination of sport classes, for example S7 and SB 7.

S1 SB1

Swimmers in this sport class have a significant loss of muscle power or control in legs, arms and hands. Some athletes also have limited trunk control. This may be caused by tetraplegia, for example. Swimmers in this class usually use a wheelchair in daily life.

S2 SB1

Swimmers in this sport class mainly rely on their arms for swimming. Their hand, trunk and leg function is limited due to tetraplegia or co-ordination problems, for example.



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S3 SB2

This sport class includes athletes with amputations of both arms and legs. Swimmers with reasonable arm strokes but no use of their legs or trunk and swimmers with severe co-ordination problems in all limbs are also included in this sport class.

S4 SB3

Swimmers who can use their arms and have fair function in their hands, but who cannot use their trunk or legs would swim in this sport class. Athletes with amputations of three limbs could also swim in this sport class.

S5 SB4

Swimmers with short stature and an additional impairment, with loss of control over one side of their body (hemiplegia) or with paraplegia compete in this sport class.

S6 SB5

This sport class includes swimmers with short stature or amputations of both arms, or moderate co-ordination problems on one side of their body, for example.

S7 SB6

This sport class is designated to athletes with one leg and one arm amputation on opposite sides, or a paralysis of one arm and one leg on the same side.

Moreover, swimmers with full control over arms and trunk and some leg function can compete in this class.

S8 SB7

Swimmers who have an amputation of one arm are eligible to compete in this sport class. Also, athletes with significant restrictions across hip, knee and ankle joints could compete in this sport class.

S9 SB8

Athletes in this sport class, for example, swim with joint restrictions in one leg or with double below-the-knee amputations.

S10 SB9

This class describes minimal physical impairments of eligible swimmers. These include the loss of one hand or a movement restriction in one hip joint.

Sport Classes S/SB11-13 visual impairment

Athletes with a visual impairment compete in three sport classes from S/SB11 to S/SB13.

S/SB11: These athletes have a very low visual acuity and/ or no light perception.

S/SB12: Athletes have a higher visual acuity than athletes competing in the S/SB11 sport class and/ or a visual field of less than 5 degrees radius.

S/SB13: Athletes have the least severe visual impairment eligible for Paralympic sport. They have the highest visual acuity and/or a visual field of less than 20 degrees radius.

In order to ensure a fair competition athletes in the S/SB11 sport class are required to wear blackened goggles. To ensure safety all S/SB11 swimmers must use a tapper, swimmers in the S/SB12 and S/SB13 sport classes may choose whether or not they wish to use one.

Sport Classes S/SB14 intellectual impairment

S14 swimmers have an intellectual impairment, which typically leads to the athletes having difficulties with regards to pattern recognition, sequencing, and memory, or having a slower reaction time, which impact on sport performance in



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general. Moreover, S14 swimmers show a higher number of strokes relative to their speed than able-bodied elite swimmers.

APPENDIX 3: EVENTS FOR ATHLETES WITH DISABILITIES

Short Course

- **S1 SB1 SM1 – S9 SB9 SM9, S11 SB11 SM11 – S14 SB14 SM14**
 - 8&U 25/50 Free, 25 Fly, 25 Back, 25 Breast, 100 IM
 - 10&U 50/100/200 Free, 50 Fly, 50 Back, 50 Breast, 100/200 IM
 - 12&U 50/100/200 Free, 50/100 Fly, 50/100 Back, 50/100 Breast, 200 IM
 - 14&U 50/100/200/500 Free, 100 Fly, 100 Back, 100 Breast, 200 IM
 - 21&U 50/100/200/500 Free, 100/200 Fly, 100/200 Back, 100/200 Breast, 200/400 IM

- **S10 SM10**
 - 8&U 25/50 Free, 25 Fly, 25 Back, 100 IM
 - 10&U 50/100/200 Free, 50 Fly, 50 Back, 100/200 IM
 - 12&U 50/100/200 Free, 50/100 Fly, 50/100 Back, 200 IM
 - 14&U 50/100/200/500 Free, 100 Fly, 100 Back, 200 IM
 - 21&U 50/100/200/500 Free, 100/200 Fly, 100/200 Back, 200/400 IM



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APPENDIX 4: VIRTUAL STATE INVITE INTENT TO SWIM FORM

(Note: Return signed Declaration form to the meet director by **February 15th**)

2021 Virtual State Invitational Intent to Swim

This form is for you to declare your team's intent to swim in the 2021 virtual state meet. This information on this form will be used to help the state championship committee plan according. Declaring your intent to swim does not commit you to swim in the meet.

Team Name: _____ Team Code: _____

Name of person submitting: _____

Email of person submitting: _____

Phone number of person submitting: _____

Expected number of swimmers competing: _____

When are you planning on competing: _____

Planned officials (Name / Level): _____

Check all that apply:

____ Can only swim at home pool

____ Can travel to other pools to swim

____ Can host teams at my pool

____ Will need help getting officials