

MM Mar News

Welcome to March!

Here are some events to be made aware of for this upcoming month

Sprint Distance invitational

Marlins have our 2nd hosted meet of the year coming up on April 12th. We are hoping to have a great turnout of volunteers for this event, we would love to fill the seats with marlin parents if possible. Please keep an eye out for more information to come!

KSS Invitational

We will be travelling out to Kenora April 25-26 for the KSS invitational. This is open to all groups, spots are limited to 60 swimmers so please RSVP to the event on the website to secure your swimmers entries.

Selkirk Racing League

For our AGE, AGD, and Super Squad Swimmers we have a competition available on March 15th in Selkirk. For those not going to Man/Sask this will be the only racing opportunity for the month. Last day to RSVP is March 9th.

Spring Break

Our last day of swimming will be March 28th. All programming will be paused until school recommences April 6th.



March Mini Meet

March 20- Spring has Swum Mini Meet

6:00-8:00 Training Tank, No Cost

On March 20th we will be hosting our 5th Mini Meet of the season. Please RSVP if you are able to make it by **March 18th to be entered**

NEW Manitoba Marlins Gear Store

We are excited to announce our new Team Store portal on the Marlins website. Items will be updated monthly, and orders will be made to meet demand. A handful of new items have been added, please go check them out!

Please note certain items will have a minimum order amount to purchase

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A Message From the Marlins Volunteer Coordinators- Nancy Campange and Laurel Harrison



Volunteer with the Manitoba Marlins: Be Part of Something Special!

At the Manitoba Marlins, we believe in the power of community – and that includes YOU! Whether you're a parent, a swimmer, or someone who wants to give back because someone you love is a swimmer, there's a place for you as a Marlins volunteer.

Why Volunteer?

Volunteering is essential to keeping the heart of the Manitoba Marlins beating strong. A typical swim meet requires upwards of 30 volunteers, and there are plenty of roles for everyone. While we have a wonderful and dedicated group of volunteers, we need your help to ensure we don't burn out the regulars! If you have a competitive swimmer in the program, helping at meets is essential.

Looking for a front-row seat? Volunteering is a great way to see the action up close and personal. Watching kids compete and seeing the smiles and friendships form on deck is truly special!

Wondering What Volunteer Positions are Available?

There are many positions available to help make a swim meet run smoothly. Many require little to no training or experience, including Heat Marshall, meet setup/takedown, and hospitality.

We're currently looking for a Hospitality Coordinator!

This individual is responsible for arranging food for the officials, volunteers, and coaches during meets. Duties include handling food donations, securing sponsorships, planning the menu, and food preparation on event days. Interested? Contact Anton Moyseyenko, Vice Chair, at vice_chair@manitobamarlins.com for more details.

We continue to encourage our Marlins family members to become certified officials and take officials training (Level 1 and Level 2). Swim Canada has published a [pathway guide for officials](#). Training opportunities occur throughout the year with training sessions given by the Marlins, other clubs and Swim Manitoba. We will share information and details on training sessions as they become available!

Want More Information?

We're here to help! Our Volunteer Coordinators, Nancy Champagne, and Laurel Harrison, are happy to answer any questions and guide you through getting started. Check out our [volunteering page](#) on the marlins website or reach out at officials_volunteers@manitobamarlins.com.

Mark your calendar! Nancy and Laurel are hosting a drop-in session on Tuesday, February 25th, at the Pan Am Lounge (Canteen area) anytime between 6:00 - 8:00 PM. Come by to learn more and get involved.

We're excited for you to join our volunteer community and can't wait to see you on deck!

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A Message From Marlins Acting Head Coach and Director of Swimming- Cam Harbeck



After a successful Junior Provincials and Grand Prix, we are very excited and confident heading into the long course season after spring break. Our coaches and swimmers have done an amazing job up to this point, and I fully expect it to continue for the remainder of the season.

For the Month of March as a club, we have a common theme amongst our competitive groups of refining our skill base. With the Short Course season coming to an end, our staff will be utilizing the added benefit of shorter distances to really work, and refine everyone's technical focus and skill prior to stressing it slightly more once we hit long course. We have a common goal amongst our groups of creating an atmosphere centred around strong technical fundamentals, *teaching* our swimmers what they need to do in order to be more technically efficient is an important, and necessary step to everyone's long-term development. Repetition is key in this sport, and our coaches will continue to reinforce and create positive habits for everyone to use while they chase their goals!

Cam Harbeck

Need help with Swim Gear?

Please reach out to the office at info@manitobamarlins.com to receive some assistance with what items you should purchase for your swimmer.

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Mini Marlins News



Our Minis have been doing an amazing job in February, really picking up on some more challenging stroke skills. Our coaching staff has been very impressed and happy with the results of everyone's hard work. These skills were on full display during our mini meet. I was super impressed and proud of all the great swimming and big smiles! great work everyone!

For anyone that wasn't aware, we had a professional sports photographer and Marlins Alumni Renee Kardash at the Mini meet. We encourage you to check out her shots! Please take a look at her message in the footer below for more information, we encourage you to please consider supporting Renee! contact is hello@reneekardashphotography.com

Program Lead- Cam Harbeck

Where to find the pictures-

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Hello everyone!

Renee here - I was the photographer at the minis meet last week. I hope you and your swimmer had a wonderful time! Just a reminder that I took photos of all the swimmers and all the adorable moments of the evening, and you can reach out to me to get information for the gallery.

*10% discount offer for digital photo packages ordered by March 10th. Full details will be given with gallery information. **

Please reach out to me for all the info!
Email: hello@reneekardashphotography.com

Have a great day and talk to you soon!

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Swimmers of the Month



Coming back to the Marlins for this season will be our Swimmer of the Month awards where our coaching staff will highlight a deserving member of their group who best exemplifies one of our club values. of Excellence, Perseverance, and Integrity.

For February our theme was **Integrity**.

Group Calendars

Coaches will be issuing group calendars for everyone for the month, please note the dates of meets and off days noted in your calendar.



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Swimmers of the Month- NAT

NAT- Kira Simpson



For this month NAT would like to recognize Kira Simpson as our Swimmer of the Month! Kira since we came back from the holiday break has had a great block of training. She is a model teammate, demonstrating exactly what we want to see from our athletes, and she is someone our staff is able to turn to and use an example of what it means to be a Marlins Swimmer, and what we expect out of them as athletes. NAT is lucky to have Kira in their group, keep up the hard work!

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Swimmers of the Month- TAG



McKinnley Sanderson



This month, we recognize McKinnley for their outstanding dedication and hard work. Always showing up to practice with a positive attitude, they consistently push themselves to improve, never shying away from a challenge. Their willingness to take feedback and apply it in the water demonstrates their commitment to growth. Beyond their individual efforts, McKinnley is a fantastic teammate, always encouraging others and contributing to a strong team spirit. Keep up the great work!

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Swimmers of the Month- AGE



Collins Starkey



Collins tackles every practice with a smile on her face and a positive attitude. She has shown major improvements in her training over the past couple of months. Collins had a great meet at Junior Provincials. She swam personal best times in every event and most importantly demonstrated great sportsmanship. Collins is a great teammate and a pleasure to coach. Congratulations on being swimmer of the month Collins!

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Swimmers of the Month- AGD



Abhaya Sanderson



The Swimmer of the Month for February was selected based on the value of integrity, and we believe one swimmer from AGD stood out amongst the crowd. With each practice that Abhaya Sanderson has attended, she has continued to impress her coaches with her strong work ethic, positive attitude, and adaptability of advice. Keep up the great work, Abhaya!

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Swimmers of the Month- MSG



Casper Litvinov



Casper has been a fantastic model of integrity this month in MSG! They are a reliable resource during practice for other group members, and are always eager to help out! Thank you Casper

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Swimmers of the Month January- Super Squad



Elodie Cyrenne (Gold)



An Tran (Green)



Both Girls have been working so hard this year so far. They have really been giving it their all, and have been showing excellent progress in and out of the water! way to go girls!

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Swimmers of the Month- Mini 3



Sophia Abenoja



Sophia is our Mini 3 choice for 'integrity'! Sophia has shown a consistent and driven work ethic, she is consistently working through how to adjust and change skills to improve. Her coaches have been extremely impressed and are excited to present her with swimmer of the month!

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Swimmers of the Month- Mini 2



Maxim Baron



Max has acted with integrity since day 1 in level 2. His good attitude and listening skills are a great influence on his peers. Max comes to the pool every day with a desire to improve, the Mini 2 coaches are excited to reward Max with swimmer of the month for all of his hard work! Keep it up Max

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Swimmer of the Month- Mini 1



Daniel Zheng



Minis 1 swimmer of the month for December is Daniel! Daniel always shows up to practice excited to jump into the pool and learn something new. He is very kind to his fellow swimmers and his coaches. The level 1 coaches are very impressed with how much he has grown and learned in the pool! Keep up the great work Daniel!

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