

MM Nov News

Welcome to the 2024-25 Season!

Welcome back to the pool everyone! this is the second edition of our newsletter that we will be issuing monthly. Here are some events to be made aware of for this upcoming month



Manitoba Marlins Award Banquet

On November 10th the Marlins will be hosting our Annual Awards Banquet at 10:00 AM at the Viscount Gort Hotel, 1670 Portage Ave. We encourage all membership to consider attending, cost is \$10 and tickets can be purchased on our online store on the marlins website

The Steve Molloy Invitational

The Marlins will be hosting our first meet of the season this coming weekend at Pan Am Pool, Please if you have not done so already consider signing up to volunteer, we can't run successful meets without the assistance of our membership, any help would be greatly appreciated.

Mini Meets Begin in November

We have our first two Mini Meets happening this upcoming month, attendance is strongly encouraged

Nov 14th- Hold Back the Snow Mini Meet

St. James Civic Centre

Start Time 5:30 PM

Cost \$10 **RSVP Nov 12th**

Nov 28- Fall Freeze Mini Meet

Pan Am Pool (Training Tank) Start time 6:00

No Charge for Marlins swimmers **RSVP Nov 26**

NEW Manitoba Marlins Gear Store

We are excited to announce our new Team Store portal on the Marlins website. Items will be updated monthly, and orders will be made to meet demand.

Please note certain items will have a minimum order amount to purchase

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MM Nov News

Upcoming Meets:

The Steve Molloy Invitational (Nov 2-3)

NAT & TAG swimmers will be in the morning sessions for the meet this weekend (6:45 arrival on both days)

AGE, AGD, MSG, and Super Squad swimmers will be in the afternoon sessions (11:45AM arrival both days)

Last Chance (Nov 23-24)

All competitive groups will be able to participate in the upcoming Last Chance meet taking place Nov 23-24 at Pan Am. Swimmers in **AGD and Super Squad** will be limited to 100m races and down at the coach's discretion.

Kenora Flash Freeze (Nov 30)

AGD and Super Squad swimmers are able to register for the Kenora Flash Freeze taking place Nov 30th at Moncreif Construction sportsplex in Kenora. this will be a one day in and out meet, overnight accommodations will not be required. Marlins will have the later warm up, an 8:30 start.



Need help with Swim Gear?

Please reach out to the office at info@manitobamarlins.com to receive some assistance with what items you should purchase for your swimmer.

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MM Nov News

A Message From The Manitoba Swim Officials Association President- Janene Cheung



Welcome to a new swim season!

I'd like to take a moment to introduce myself to those who may not know me. I'm Janene Cheung, and I've been actively involved in the swimming community since 2012. Over the past year, I've had the privilege of serving as President of Manitoba Swim Officials Association (MSOA), and I'm excited about what's ahead for the upcoming season.

This season, my priorities are twofold. First, I'm focused on growing and developing our officials at all levels in order for Manitoba to maintain high standards in officiating. Second, I'm working on standardizing the meet package by creating a template that will simplify and streamline the process for club Meet Managers.

As we start another year of competition, this is a good time to remind volunteers of the basics, including proper deck attire. For tops, a white shirt is preferred for timers and chief timer, while all other officials including Judges of Stroke and Turn Inspectors should wear red shirts. Shirts should have minimal print and no offensive language. Preferred bottoms include BLACK pants, capris, or knee-length skirts. All clothing should be clean, presentable, and in good condition (no rips or tears). If you choose to wear shorts or shorter skirts/skorts, please keep in mind that many meets have cameras/videos, and certain lengths may not provide appropriate coverage when sitting.

It's also essential to remember that running successful swim meets takes a collective effort. We rely on the support of many to ensure our athletes have the opportunity to perform at their best. As your swimmers advance to higher performance levels, it's ideal for parents to also progress to higher levels of

officiating – it is a great way to give back to the community that supports our athletes. That being said, it's crucial to have all volunteer positions filled before the sessions start. Unless we have a complete team of volunteers in place, the unfortunate and difficult decision of not starting a session(s) will be made.

The current officials' certification pathway developed by Swimming Canada (SNC) remains in effect until September 2025, when a new streamlined pathway will be introduced. The update will make it easier and faster for officials to reach their certification goals. I encourage everyone to visit the Swimming Canada website and explore the Officials section for more information (www.swimming.ca). If you're interested in learning more about officiating or advancing your officiating career or have any questions, please don't hesitate to reach out to me directly.

I look forward to working with everyone, both on and off the pool deck!

Warm Regards,

Janene Cheung

President, MSOA

janene.cheung@gmail.com

MM Nov News

A Message From Head Coach & Director of Swimming-

Darryl Borland



After assessing our first month of training I'm happy to see all of our swimmers excelling in the skill sets that have been assigned. Our coaches are doing an excellent job delivering the skills, providing positive feedback while engaging their group ensuring the swimmers are on a path to a successful season. Looking forward into November we will be continuing with our next set of skill progressions. I'm excited to watch all the Marlins in action in November. Keep up the good work Marlin swimmers and coaches !!! Looking great out there.

Head Coach,

Darryl Borland

Need help with Swim Gear?

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Manitoba
MARLINS

MM Nov News

Mini Marlins News

We are excited to announce to the membership the return of two of our long-term staff members who will be assisting coach Darryl with program delivery and coaching education, Both coaches are quite busy with their post-secondary degrees and will be around to assist whenever they can make it work!

Welcome back ladies!

Mackenzie Alexiuk-
Mini Marlins Program Advisor

Charan Kaur-
Mini Marlins Program Advisor



Have Questions? Ask!

We always appreciate any questions or concerns you may have around programming. Please feel free to reach out to info@manitobamarlins.com

Manitoba
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MM Nov News

Swimmers of the Month

Coming back to the marlins for this season will be our Swimmer of the Month awards where our coaching staff will highlight a deserving member of their group who best exemplifies one of our club values. of Excellence, Perseverance, and Integrity.

This month's theme is **Perseverance**

NAT- Sadie Blacher



Sadie had a phenomenal October. Her 100% attendance and commitment to improving her skills have really shown throughout her practices. We are super excited to see them in action this month. Keep up the great work Sadie!



Group Calendars

Coaches will be issuing group calendars for everyone for the month, please note the dates of meets and off days noted in your calendar/



MM Nov News

Swimmers of the Month- TAG



Samuel Funk



Sam has had an amazing October. Learning new skills and a different way to approach them is hard, and Sam has gone the extra mile to really sharpen his focus and remain on top of doing his stroke adjustments correctly. Staying outside of your comfortzone is hard for any athlete, and Sam has been a model of consistency when it comes to making the right changes! Keep up the hard work Sam!

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MM Nov News

Swimmers of the Month- AGE



Jillian Grouette



Jillian has shown continuous hard work at every practice. She swam the 50m freestyle, 50m backstroke and 50m breaststroke at the first swim meet of the season. Jillian did great in all 3 events and is showing great improvement in all the skills that we are working hard on in practice. Jillian's has a smile on her face during every set that the AGE group does and her positive attitude is contagious on the pool deck.

Congratulations on being the AGE swimmer of the month Jillian!

Manitoba
MARLINS

MM Nov News

Swimmers of the Month- AGD



William Paschak



For the month of October, the Swimmer of the Month has been selected based on the value of perseverance. We believe that the swimmer who has best exemplified this value has been William! With his perfect attendance for the month, hardworking attitude, and eagerness to improve, we believe William was the perfect candidate for this award.

Congratulations William!

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MM Nov News

Swimmers of the Month- MSG



Ella Martens



Ella was new to the sport of swimming, and has made a mountain of progress in the past month. Her unwavering integrity at practice has helped her stick to her goals and accomplish them - well done!

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MM Nov News

Swimmers of the Month- SS Gold



Abhaya Sanderson



Abhaya is consistently the first one on deck and one of the first in the water. She has been working incredibly hard both in the last year and the month of October!

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MM Nov News

Swimmers of the Month- SS Green



Madison Pidhimiuk



Madison is always on deck with a smile on her face. She's always eager to start in the water and is always putting her all into each practice!

Manitoba
MARLINS

MM Nov News

Swimmers of the Month- Mini 3



Astrid Middleton-Dubois



Astrid has been named Swimmer of the Month for the Manitoba Marlins due to her impressive growth as an athlete. Over the past month, she faced challenges that tested her resilience, but she emerged stronger, improving her technique and speed significantly. Her commitment to consistent practice and a positive mindset has not only enhanced her performance but also inspired her teammates. Astrid's journey exemplifies the true spirit of perseverance in swimming.

Manitoba
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MM Nov News

Swimmers of the Month- Mini 2



Michael Chan



Michael is deserving of this as he is always motivated to learn new drills. In addition when the coaches provide feedback to Michael he always works hard to perfect whatever needs help with, in order to become the best swimmer he can.

Way to go Michael!

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MM Nov News

Swimmers of the Month- Mini 1



Natalie Poss



Natalie has been with the club for a year now and has made incredible progress. She has put in the work each practice and is getting stronger every week. Her coaches have been super impressed with her strong start to this season and are excited to watch her continue to excel!

Keep up the great work Natalie!

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