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## The Steve Molloy Invitational

Hosted by:

**The Manitoba Marlins Swim Club**

*The Steve Molloy Invitational is named in memory of one of Swim Manitoba's most dedicated and respected volunteers, who passed away in December 2023.*

*Steve Molloy served on the Marlins Board and as a meet manager for nearly a decade, exemplifying the spirit of commitment and community. As a model parent and volunteer, he devoted countless hours to creating the best possible experience for Marlins swimmers and the broader community. The Manitoba Marlins are proud to honour his legacy by hosting this annual meet in his name.*

Meet Management Team	Email address
Meet Managers: Marlins Meet Management Team	meet_management@manitobamarlins.com
Meet Entries: Heather Nicolson	entries@manitobamarlins.com
Officials Coordinator: Nancy Champagne Laurel Harrison	officials_volunteers@manitobamarlins.com

#### **SNC SANCTION NUMBER:**

#### **FACILITY & TIMING:**

Pan Am Pool, 25 Poseidon Bay, Winnipeg, MB R3M 3E4  
 Training Tank, 25m Pool  
 Electronic timing Quantum & manual watch back up  
 16 lanes for warm-ups, 8 lanes for warm downs

#### **DATES AND TIMES:**

November 02-03, 2024

Date	Sessions & Age Group	Warm – Up	Start
November 07, 2025	Session 1 – ‘A’, ‘AA’ & ‘AAA’ Level Swimmers	4:00 pm	5:00 pm
November 08, 2025	Session 2 - ‘AA’ & ‘AAA’ Level Swimmers	7:00 am	8:00 am
November 08, 2025	Session 3 - ‘A’ Level Swimmers	12:00 pm	1:00 pm

#### **EVENT LIST:**

##### **Session 1:**

Friday November 7, 2025 (Open Events)

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- 1 Girls 200m Individual Medley
- 2 Boys 200m Individual Medley
- 3 Girls 400m Freestyle
- 4 Boys 400m Freestyle
- 5 Girls 400m Individual Medley
- 6 Boys 400m Individual Medley
- 7 Girls 800m Freestyle
- 8 Boys 800m Freestyle
- 9 Girls 4x100 Freestyle Relay
- 10 Boys 4x100 Freestyle Relay

## EVENT LIST:

### Session 2:

Saturday November 8, 2025 ('AA' & 'AAA')

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- |    |                              |
|----|------------------------------|
| 11 | Girls 100m Freestyle         |
| 12 | Boys 100m Freestyle          |
| 13 | Girls 50 Butterfly           |
| 14 | Boys 50m Butterfly           |
| 15 | Girls 100m Backstroke        |
| 16 | Boys 100m Backstroke         |
| 17 | Girls 200m Breaststroke      |
| 18 | Boys 200m Breaststroke       |
| 19 | Girls 100m Individual Medley |
| 20 | Boys 100m Individual Medley  |
| 21 | Girls 200m Freestyle         |
| 22 | Boys 200m Freestyle          |
| 23 | Girls 50m Backstroke         |
| 24 | Boys 50m Backstroke          |
| 25 | Girls 100m Breaststroke      |
| 26 | Boys 100m Breaststroke       |
| 27 | Girls 100m Butterfly         |
| 28 | Boys 100m Butterfly          |
| 29 | Girls 50m Freestyle          |
| 30 | Boys 50m Freestyle           |
| 31 | Girls 200m Backstroke        |
| 32 | Boys 200m Backstroke         |
| 33 | Girls 50m Breaststroke       |
| 34 | Boys 50m Breaststroke        |

### Session 3:

Saturday, November 8, 2025 ('A')

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- |    |                              |
|----|------------------------------|
| 35 | Girls 100m Freestyle         |
| 36 | Boys 100m Freestyle          |
| 37 | Girls 50 Butterfly           |
| 38 | Boys 50m Butterfly           |
| 39 | Girls 100m Backstroke        |
| 40 | Boys 100m Backstroke         |
| 41 | Girls 100m Individual Medley |
| 42 | Boys 100m Individual Medley  |
| 43 | Girls 200m Freestyle         |
| 44 | Boys 200m Freestyle          |
| 45 | Girls 50m Backstroke         |
| 46 | Boys 50m Backstroke          |
| 47 | Girls 100m Breaststroke      |
| 48 | Boys 100m Breaststroke       |
| 49 | Girls 50m Freestyle          |
| 50 | Boys 50m Freestyle           |
| 51 | Girls 50m Breaststroke       |
| 52 | Boys 50m Breaststroke        |

Meet Management reserves the right to limit entries in any event, change the order of events or session set-up if registration exceed the pool or time capacity.

#### ELIGIBILITY:

- All swimmers must be registered with Swim Canada or FINA affiliated organizations.
- **All swimmers participating in the 'AA/'AAA' session must have at least one 'AA' mansask provincial time to participate.**
- **Meet management reserves the right to refuse entry for swimmers not complying to the session standards**
- The swimmer's age is determined by their age on the first day of the meet.
- Qualifying times required for this meet's open session are as follows:

400m Freestyle (6:30.00)

400m Individual Medley (6:45.00)

800m Freestyle (13:00.00)

4x100 Freestyle Relay (6:20.00)

#### ENTRIES:

- All entries must be submitted with a time. "No Time" (NT) entries will not be accepted.
- All entries must be uploaded to the Swim Canada web site using a Hy Tek Entry File.
- Each swimmer must have a valid swimmer ID number, and a correct birth date, and a gender.
- Errors or omissions in the entry file will cause delays in entry file acceptance and results posting on [www.Swimming.ca](http://www.Swimming.ca)

#### ENTRY LIMITATIONS:

- Swimmers are permitted to 1 Individual and 1 relay entry in session 1
- A swimmer may compete in a maximum of 3 individual events per session, and one session per day for session 2 and 3.

#### ENTRY FEES:

- Individual events: **\$15.00 per event.**
- Distance (400m and up events) **\$17.50 per event**
- Relay events will be **\$15.00 per team**
- SNM Program Development Fees (includes Splash fee and Officials fee): **\$2.50 per event.**
- SNM / SNC Participation Fee: **\$7.00 per swimmer.**

**\*\* Official Meet Program will be available for download & print from the Manitoba Marlins website <https://www.gomotion/team/mbmm/page/swim-meets/hosted-swimmeets> \*\***

**ENTRY DEADLINE:**

- **11:59pm - Wednesday, October 29, 2025**

**PAYMENT:**

- Payment must be received on or before the start of warm-ups, or the first day of competition at the Administration Desk.
- Accepted payment tender includes:
  - **Cheque: Payable to: MANITOBA MARLINS SWIM CLUB**
  - **EFT (Electronic Funds Transfer) to: [billing@manitobamarlins.com](mailto:billing@manitobamarlins.com)**
- Entry fees are not subject to refunds after entry deadline date.

**LATE OR DECK ENTRIES:**

May be permitted if the following guidelines are met:

- Lane space is available.
- No new heats will be created for deck entered swimmers.
- Deck entries for additional swims for swimmers **ALREADY ENTERED** in the competition must be submitted 15 minutes prior to the end of warm up with a late entry fee of **\$30.00 per event**.
- Deck entries for swimmers **NOT ALREADY** entered in the competition may be permitted if entries are submitted 15 minutes prior to the end of warm up with a late entry fee of **\$30.00 per event**, plus **\$2.50 per event** (SNM Program Development Fee), plus a **one-time fee of \$7.00** (\$7.00 SNC fee).
- All payments for deck entries must be made prior to lane assignment.
- Accepted payment tender is cash, cheque or EFT.
- A swimmer may request additional deck entries, provided that the total number of entries (including deck entries) does not exceed 3 in the respective session
- A swimmer does not swim in more than one session per day.
- Deck entry swims are for “time only” or “exhibition only” and will not be included in awards or scoring.

**COMPETITION:**

- SNM policies and regulations are in effect.
- Swim Canada rules apply.
- Sessions 1, 2, 3, & 4 will be swum slowest to fastest for each gender regardless of age.
- 25 metre Timed Finals

- Any changes to the competition must be approved by SNM.
- Starts will be conducted from Starting Platforms (blocks) as per World Aquatics II.4.1 and II.16.1.4 (from both end or deep end only).
- Taping is permitted.
  - Coach or Swimmer must notify the Referee at least 30 minutes prior to each session where the Swimmer has taping on their body.
  - Taping must be applied in the same position, or pattern, and on the same part of the body throughout the duration of the meet.
- Swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by SNM. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

#### SCRATCHES:

- SNM Scratch Rule in effect for this meet (Appendix 3)
- Coaches are requested to submit scratches to the Administration Desk no later than 30 minutes before the start of the session.

#### OFFICIAL SPLITS:

- Coaches must complete Official Split Request Forms no later than 30 minutes prior to the session in which the swim will occur.
- Official split swims are **\$20.00 per swim**.
- Payment for Official split swims are due at the time of request and prior to approval of the swim.
- Accepted payment tender is cash, cheque or EFT.
- Meet management reserves the right to deny any requests based upon the impact to the meet.

#### SCORING:

- There will be no team or individual scoring in this meet.

#### SAFETY:

- SNC Warm-up Procedures are in effect (Appendix 1).
- Each athlete must be under the supervision of a head or deck coach.
- It is the responsibility of the head or deck coach to inform their swimmers of the safety rules and ensure they are followed.
- SNM Competition Code of Conduct are in effect (Appendix 2)

## **Appendix 1 - SNC COMPETITION WARM-UP SAFETY PROCEDURES**

Meet Management for all sanctioned Canadian swimming competitions must ensure the following safety procedures are applied. It is incumbent on coaches, swimmers, and officials to work together to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

### **GENERAL WARM-UP:**

- Swimmers must enter the pool **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Running on the pool deck and running entries into the pool are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated through a pre-competition handout, an announcement or deck signage.
- Diving starts shall be permitted only in designated sprint lanes. Only one-way swimming from the start end of sprint lanes is permitted.
- Pools with backstroke starting ledges available may offer a designated lane for backstroke starts at meet management's discretion. (This is not mandatory if not enough general lane space is available for the number of swimmers in the meet.)
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.

### **EQUIPMENT:**

- Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the main warm-up pool during warm-up.
- Hand paddles and flippers are permitted for use in a secondary warm-up pool only (where available), at meet management's discretion and recommended only for higher level or senior competitions.
- At meet management's discretion and based on available space, the Meet Manager may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. It is recommended that this only be allowed in secondary warm-up pools as space allows. Coaches are responsible for equipment reliability and use. This is recommended only for higher level or senior competitions

### **VIOLATIONS:**

***It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgment and context is required.***

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed without warning from their first individual event following the warm-up period in which the violation occurred and the alternates in that event notified should that event be a final. They may also receive a verbal warning from the Safety Marshal. Swimmers receiving verbal warnings will have their names and clubs registered with the Meet Manager.
- In case of a second offense during the same competition the swimmer may be removed from the remainder of the competition.

**SAFETY MARSHALS:**

The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:

- Be visible wearing a safety vest.
- Be situated at each end of the competition pool and when applicable, similarly situated in designated warm-up pools when pre-competition warm-ups are scheduled.
- Actively monitor all scheduled warm-up periods.
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

Depending on the level of competition, Safety Marshals have a role to help work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the rules or communicating a concern to a coach.

Judgment, tact and confidence is required and therefore the Safety Marshal should ideally be a more experienced official.

**PARA-SWIMMER NOTIFICATION:**

Coaches are requested to notify Safety Marshals of any Para-swimmers participating in warm-ups where necessary and at the coach's discretion.

The following statement must appear in all Swimming Canada sanctioned meet information and posted notices:

**"SWIMMING CANADA COMPETITION WARM-UP SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET."**

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***Appendix 2 - COMPETITION CODE OF CONDUCT***

All sanctioned Manitoba swim meets are under the jurisdiction of SNM and shall be governed by its current policies and rules, including SNM 2011 Harassment and Abuse Policy.

The deck shall be reserved solely for SNM approved personnel, swimmers, coaches, officials and volunteers assigned specific tasks in the running of the meet.

By Swimming Canada rule and policy, the referee and meet management have full authority over the competition, the deck and the spectator areas during swim meets. The spectator area is considered part of the field of play, and as such, it falls under SNM authority and all SNM bylaws, policies, and rules apply.

Referencing the SNM Harassment and Abuse policy, the referee and meet management will require an individual to leave, if the actions of the individual are perceived to be interfering with the peace and security required for any athlete to achieve his/her best performance.

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### **Appendix 3 - SWIM MANITOBA (SNM) PROVINCIAL SCRATCH RULE**

This scratch rule WILL be in effect at ALL Swim Manitoba sanctioned meets, in accordance with Swimming Canada rule CSW 3.6.

It is superseded by:

- Swimming Canada (SNC) rule **SNC 3 (3.1 to 3.4)** at SNC designated meets held in Manitoba.
- The scratch rule for Manitoba / Saskatchewan Championships, when they are held in Manitoba.

#### **SCRATCHES:**

##### **1. Time Final Events**

- a. There is no scratch deadline for time final events. Coaches are encouraged to report scratches to the administration desk as soon as possible.
- b. **Penalties:** Scratches and all step-downs, no-shows, and unexcused incomplete swims (as determined by the referee) will result in loss of entry fee.

##### **2. Prelims/Final Events**

- a. Scratches from **preliminary heats**:
  - i. May be made at any time.
  - ii. Scratches, no-shows, and unexcused incomplete swims simply create empty lanes, as there shall be no re-seeding.
  - iii. Scratches and all step-downs, no-shows, and unexcused incomplete swims (as determined by the referee) will result in loss of entry fee.
- b. Scratches from **finals**:
  - i. Must be made within 30 minutes after the end of the preliminary session.

**Penalties:** Scratches after the scratch deadline and all step-downs, no-shows, and unexcused incomplete swims (as determined by the referee) will result in the offending swimmer being scratched from all remaining events, including relays, scheduled for that day. No monetary penalty fee is to be assessed.

If a swimmer has not reported to the blocks when the race is called, the Referee shall replace the contestant with an alternate who has reported to the Administration Desk and is present and ready to swim. The alternate shall become one of the finalists.

**ALTERNATE SWIMMERS:** Alternates **MUST** report to the Administration Desk at least 10 minutes prior to the event and be ready to swim if necessary.

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