



2024 Winter Splash Meet - Warm-up Assignments

SATURDAY MORNING SESSION

Session begins at 8:30

	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
7:00 - 7:25	FAST (12+)	FAST (12+)	FAST (12+)	FAST (12+)	FAST (12+)	FAST (12+)
7:30 - 7:55	FAST (9-11)	FAST (9-11)	FAST (9-11)	FAST (9-11)	CAC	CAC
8:00 - 8:25	ASC	ASC	ASC	ASC	ASC	ASC

Coaches may utilize any of the lanes under their control as one-way sprint lanes.

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