

2025 NBAC THANKSGIVING MEET / NOVEMBER 14 - 16, 2025 @ LOYOLA UNIVERSITY

WARMUP LANE ASSIGNMENTS

FRIDAY NOVEMBER 14, 2025

FRIDAY NOVEMBER 14, 2025 FRIDAY SESSION WARMUP LANE ASSIGNMENTS:

400 IM: WARMUPS: 3:15 PM – 3:50 PM

MEET STARTS: 4:00 PM

	<u>LX</u>	<u>L9</u>	<u>L8</u>	<u>L7</u>	<u>L6</u>	<u>L5</u>	<u>L4</u>	<u>L3</u>	<u>L2</u>	<u>L1</u>	<u>W4</u>	<u>W3</u>	<u>W2</u>	<u>W1</u>
3:15 PM – 3:50 PM (400 IM Swimmers only)	RXA	RXA	LBA	OPST	EST HAGY HAWK	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC

500 FR: WARMUPS: 5:35 PM – 6:00 PM

MEET STARTS: 6:05 PM

5:35 PM – 6:00 PM (500 FR Swimmers only)	LBA OPST	LBA	OPST	CAC EST HAGY HAWK	RXA	RXA	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC
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3:50 PM – 5:35 PM AND 6:05 PM – END OF SESSION	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	OPEN	OPEN	OPEN	OPEN
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2025 NBAC THANKSGIVING MEET / NOVEMBER 14 - 16, 2025 @ LOYOLA UNIVERSITY

WARMUP LANE ASSIGNMENTS

SATURDAY NOVEMBER 15, 2025

SATURDAY NOVEMBER 15, 2025 AM 12 & U SESSION WARMUP LANE ASSIGNMENTS:

WARMUPS: 7:00 AM – 7:50 AM

MEET STARTS: 8:00 AM

	<u>LX</u>	<u>L9</u>	<u>L8</u>	<u>L7</u>	<u>L6</u>	<u>L5</u>	<u>L4</u>	<u>L3</u>	<u>L2</u>	<u>L1</u>	<u>W4</u>	<u>W3</u>	<u>W2</u>	<u>W1</u>
7:00 AM – 7:25 AM	CAC HAGY HAWK OPST	CAC HAWK	HAGY OPST	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC
7:25 AM – 7:50 AM	LBA	LBA	LBA	LBA	LBA	GTAC	RXA	EST	EST	EST	EST	EST	EST	EST
7:50 AM – END	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	OPEN	OPEN	OPEN	OPEN

SATURDAY NOVEMBER 15, 2025 PM 13 & O SESSION WARMUP LANE ASSIGNMENTS:

WARMUPS: 11:45 AM – 12:35 PM

MEET STARTS: 12:45 PM

	<u>LX</u>	<u>L9</u>	<u>L8</u>	<u>L7</u>	<u>L6</u>	<u>L5</u>	<u>L4</u>	<u>L3</u>	<u>L2</u>	<u>L1</u>	<u>W4</u>	<u>W3</u>	<u>W2</u>	<u>W1</u>
11:45 AM – 12:10 PM	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC
12:10 PM – 12:35 PM	CAC HAGY	CAC HAGY	GTAC HAWK	RXA	RXA	OPST	OPST	LBA	LBA	EST	EST	EST	LBA	LBA
12:35 PM – END	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	OPEN	OPEN	OPEN	OPEN

SATURDAY NOVEMBER 15, 2025 1650 FREE SESSION WARMUP LANE ASSIGNMENTS:

WARMUPS: 4:40 PM – 5:10 PM

MEET STARTS: 5:15 PM

	<u>LX</u>	<u>L9</u>	<u>L8</u>	<u>L7</u>	<u>L6</u>	<u>L5</u>	<u>L4</u>	<u>L3</u>	<u>L2</u>	<u>L1</u>	<u>W4</u>	<u>W3</u>	<u>W2</u>	<u>W1</u>
4:40 PM – 5:10 PM	OPEN	CAC HAWK MBK	OPST	LBA	RXA	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC
5:10 PM – END	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	OPEN	OPEN	OPEN	OPEN

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WARMUP LANE ASSIGNMENTS

SUNDAY NOVEMBER 16, 2025

SUNDAY NOVEMBER 16, 2025 AM 12 & U SESSION WARMUP LANE ASSIGNMENTS:

WARMUPS: 7:00 AM – 7:50 AM

MEET STARTS: 8:00 AM

	<u>LX</u>	<u>L9</u>	<u>L8</u>	<u>L7</u>	<u>L6</u>	<u>L5</u>	<u>L4</u>	<u>L3</u>	<u>L2</u>	<u>L1</u>	<u>W4</u>	<u>W3</u>	<u>W2</u>	<u>W1</u>
7:00 AM – 7:25 AM	LBA	LBA	LBA	LBA	LBA	GTAC	RXA	EST	EST	EST	EST	EST	EST	EST
7:25 AM – 7:50 AM	CAC HAGY HAWK OPST	CAC HAWK	HAGY OPST	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC
7:50 AM – END	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	OPEN	OPEN	OPEN	OPEN

SUNDAY NOVEMBER 16, 2025 PM 13 & O SESSION WARMUP LANE ASSIGNMENTS:

WARMUPS: 12:15 PM – 1:05 PM

MEET STARTS: 1:15 PM

	<u>LX</u>	<u>L9</u>	<u>L8</u>	<u>L7</u>	<u>L6</u>	<u>L5</u>	<u>L4</u>	<u>L3</u>	<u>L2</u>	<u>L1</u>	<u>W4</u>	<u>W3</u>	<u>W2</u>	<u>W1</u>
12:15 PM – 12:40 PM	CAC HAGY	CAC HAGY	GTAC HAWK	RXA	RXA	OPST	OPST	LBA	LBA	EST	EST	EST	LBA	LBA
12:40 PM – 1:05 PM	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC
1:05 PM – END	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	OPEN	OPEN	OPEN	OPEN