

FAST 2024 Fall Sprint & Distance Meet - 10/26/2024 to 10/27/2024
Session Report

Session: 1 Saturday Morning - 11&Over 1650s
Day of Meet: 1 Starts at 09:00 AM Heat Interval: 35 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Mixed 15 & Over 1650 Freestyle	14	3 u	09:00 AM	_____
Finals	2 Mixed 11-14 1650 Freestyle	16	3 u	10:09 AM	_____
	Swimmers Counts for Warm-ups: 30	=====	=====		
	Entry / Heat Totals:	30	6		
	Finish Time			11:29 AM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
BAY	Bayside Aquatics	2	2		
EPSC	Eastern Panhandle Swim Club	7	7		
FAST	Frederick Area Swim Team	21	21		

Session: 3 Sunday Morning - 12&Under 500s
Day of Meet: 2 Starts at 08:00 AM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	3 Mixed 12 & Under 500 Freestyle	49	9 u	08:00 AM	_____
	Swimmers Counts for Warm-ups: 49	=====	=====		
	Entry / Heat Totals:	49	9		
	Finish Time			09:21 AM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
BAY	Bayside Aquatics	8	8		
EPSC	Eastern Panhandle Swim Club	5	5		
FAST	Frederick Area Swim Team	36	36		

FAST 2024 Fall Sprint & Distance Meet - 10/26/2024 to 10/27/2024
Session Report

Session: 4 Sunday Morning - 13&Over 50s
Day of Meet: 2 Starts at 10:30 AM Heat Interval: 35 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	4 Girls 15 & Over 50 Butterfly	21	4	10:30 AM	_____
Finals	5 Boys 15 & Over 50 Butterfly	24	4	10:35 AM	_____
Finals	6 Girls 13-14 50 Butterfly	32	6	10:40 AM	_____
Finals	7 Boys 13-14 50 Butterfly	17	3	10:47 AM	_____
	Break: 5 Minutes:				
Finals	8 Girls 15 & Over 50 Backstroke	21	4	10:56 AM	_____
Finals	9 Boys 15 & Over 50 Backstroke	24	4	11:02 AM	_____
Finals	10 Girls 13-14 50 Backstroke	33	6	11:08 AM	_____
Finals	11 Boys 13-14 50 Backstroke	16	3	11:17 AM	_____
	Break: 5 Minutes:				
Finals	12 Girls 15 & Over 50 Breaststroke	21	4	11:27 AM	_____
Finals	13 Boys 15 & Over 50 Breaststroke	21	4	11:33 AM	_____
Finals	14 Girls 13-14 50 Breaststroke	35	6	11:38 AM	_____
Finals	15 Boys 13-14 50 Breaststroke	14	3	11:46 AM	_____
	Break: 5 Minutes:				
Finals	16 Girls 15 & Over 50 Freestyle	16	3	11:55 AM	_____
Finals	17 Boys 15 & Over 50 Freestyle	24	4	11:59 AM	_____
Finals	18 Girls 13-14 50 Freestyle	37	7	12:03 PM	_____
Finals	19 Boys 13-14 50 Freestyle	19	4	12:11 PM	_____
	Swimmers Counts for Warm-ups: 102	=====	=====		
	Entry / Heat Totals:	375	69		
	Finish Time			12:16 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
BAY	Bayside Aquatics	66	17		
EPSC	Eastern Panhandle Swim Club	68	18		
FAST	Frederick Area Swim Team	239	66		
UN	Unattached-BAY	2	1		