

**2025 John C. Clegg Memorial Long Course Meet - 5/2/2025 to 5/4/2025****Session Report**

Session: 1 Friday Evening

Day of Meet: 1 Starts at 05:45 PM Heat Interval: 30 Seconds / Back +10 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Mixed 9 & Over 400 Freestyle	108	14 u	05:45 PM	_____
Finals	2 Mixed 9 & Over 400 IM	54	7 u	07:16 PM	_____
	Swimmers Counts for Warm-ups: 139	=====	=====		
	Entry / Heat Totals:	162	21		
	Finish Time			08:05 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
CGA	Cardinal and Gold Aquatics	13	13		
CAA	Columbia Aquatics Association	76	61		
EST	Eagle Swim Team	27	27		
LBA	Loyola Blakefield Aquatics	41	34		
SMDA	Southern Maryland Aquatics	5	4		

**2025 John C. Clegg Memorial Long Course Meet - 5/2/2025 to 5/4/2025****Session Report**

Session: 2 Saturday Morning 9-12 Year Olds

Day of Meet: 2 Starts at 09:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	3 Mixed 9-12 100 Breaststroke	147	19 u	09:30 AM	_____
Finals	4 Mixed 9-12 50 Freestyle	183	23 u	10:20 AM	_____
Finals	5 Mixed 9-12 100 Butterfly	59	8 u	10:47 AM	_____
Finals	6 Mixed 9-12 50 Backstroke	176	22 u	11:05 AM	_____
Finals	7 Mixed 9-12 100 Freestyle	169	22 u	11:40 AM	_____
	Swimmers Counts for Warm-ups: 250	=====	=====		
	Entry / Heat Totals:	734	94		
	Finish Time			12:26 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
CGA	Cardinal and Gold Aquatics	102	34		
CAA	Columbia Aquatics Association	249	84		
EST	Eagle Swim Team	195	66		
LBA	Loyola Blakefield Aquatics	93	32		
MBK	Meadowbrook Swim Team	59	20		
SMDA	Southern Maryland Aquatics	29	11		
FMSC	The 4M Swim Club 4msc	4	2		
UN	Unattached	3	1		

**2025 John C. Clegg Memorial Long Course Meet - 5/2/2025 to 5/4/2025****Session Report**

Session: 3 Saturday Afternoon 13 &amp; Older

Day of Meet: 2 Starts at 02:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	8 Mixed 13 & Over 200 IM	100	13 u	02:00 PM	_____
Finals	9 Mixed 13 & Over 200 Backstroke	48	6 u	02:47 PM	_____
Finals	10 Mixed 13 & Over 100 Freestyle	124	16 u	03:10 PM	_____
	Break: 5 Minutes:				
Finals	11 Mixed 13 & Over 200 Butterfly	21	3 u	03:42 PM	_____
	Break: 5 Minutes:				
Finals	12 Mixed 13 & Over 100 Breaststroke	110	14 u	03:58 PM	_____
	Swimmers Counts for Warm-ups: 143	=====	=====		
	Entry / Heat Totals:	403	52		
	Finish Time			04:29 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
CGA	Cardinal and Gold Aquatics	67	23		
CAA	Columbia Aquatics Association	140	48		
EST	Eagle Swim Team	48	16		
LBA	Loyola Blakefield Aquatics	70	24		
MBK	Meadowbrook Swim Team	19	9		
SMDA	Southern Maryland Aquatics	50	19		
FMSC	The 4M Swim Club 4msc	9	4		

**2025 John C. Clegg Memorial Long Course Meet - 5/2/2025 to 5/4/2025****Session Report**

Session: 4 Sunday Morning 9-12 Year Olds

Day of Meet: 3 Starts at 09:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	13 Mixed 9-12 200 Freestyle	152	19 u	09:30 AM	_____
Finals	14 Mixed 9-12 50 Butterfly	167	21 u	10:41 AM	_____
Finals	15 Mixed 9-12 100 Backstroke	176	22 u	11:09 AM	_____
Finals	16 Mixed 9-12 50 Breaststroke	210	27 u	12:05 PM	_____
	Swimmers Counts for Warm-ups: 248	=====	=====		
	Entry / Heat Totals:	705	89		
	Finish Time			12:44 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
CGA	Cardinal and Gold Aquatics	105	35		
CAA	Columbia Aquatics Association	218	75		
EST	Eagle Swim Team	186	65		
LBA	Loyola Blakefield Aquatics	98	34		
MBK	Meadowbrook Swim Team	60	23		
SMDA	Southern Maryland Aquatics	22	10		
FMSC	The 4M Swim Club 4msc	13	5		
UN	Unattached	3	1		

2025 John C. Clegg Memorial Long Course Meet - 5/2/2025 to 5/4/2025

Session Report

Session: 5 Sunday Afternoon 13 & Older

Day of Meet: 3 Starts at 02:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	17 Mixed 13 & Over 200 Freestyle	99	13 u	02:00 PM	_____
Finals	18 Mixed 13 & Over 100 Butterfly	63	8 u	02:42 PM	_____
Finals	19 Mixed 13 & Over 200 Breaststroke	36	5 u	02:57 PM	_____
	Break: 10 Minutes:				
Finals	20 Mixed 13 & Over 100 Backstroke	94	12 u	03:27 PM	_____
Finals	21 Mixed 13 & Over 50 Freestyle	129	17 u	03:53 PM	_____
	Swimmers Counts for Warm-ups: 145	=====	=====		
	Entry / Heat Totals:	421	55		
	Finish Time			04:11 PM	_____
	=====				
	Team - #Entries - #Athletes				
	=====				
CGA	Cardinal and Gold Aquatics	75	25		
CAA	Columbia Aquatics Association	149	50		
EST	Eagle Swim Team	51	17		
LBA	Loyola Blakefield Aquatics	70	24		
MBK	Meadowbrook Swim Team	25	9		
SMDA	Southern Maryland Aquatics	41	16		
FMSC	The 4M Swim Club 4msc	10	4		