



Warm-Up Schedule

Session 1 - Distance	1	2	3	4	5	6	7	8
5:00-5:30 pm	FSC/CGA	CAA	SPY/ACA/JCC/SPRC	EST	MAC	GBSA/MBK/YCM	CAC/MAS	FAST/BAY

Session 2 - Saturday 13&O	1	2	3	4	5	6	7	8
7:00-7:25 AM	FSC	MAS	ACA	FAST	CAA	EST	EST	EST
7:25-7:50 AM	YCM	YCM	CAC	CAC	MBK	SPY/MAC	FMSC/BAY/SPRC	GBSA/JCC/HFY/CGA

Session 3 - Saturday 10&U	1	2	3	4	5	6	7	8
12:00-12:25	FSC/GBSA	CAA	EST	CGA/SPRC/SPY	YCM/MAS/BAY	MBK/FAST/HAWK/CAC	MAC/FMSC	MAC

Session 4 - Saturday 11-12	1	2	3	4	5	6	7	8
3:20-3:40	FSC	FSC/GBSA	CAA	CAA	CAA/HAWK	EST	EST	EST/SPY
3:40-4:00	MAC	MAC	MAS	CAC	MBK	FMSC/CGA	FAST/BAY/ESA	SPRC/YCM

Session 5 - Sunday 13&O	1	2	3	4	5	6	7	8
7:00-7:25 AM	FSC/ESA	FAST	FAST/FCY	YCM	YCM/FMSC	EST	EST	EST
7:25-7:50 AM	CAA	CAA/SPRC	MAS/CGA	ACA/GBSA	CAC	BAY	SPY/HFY	MAC/RAC

Session 6 - Sunday 10&U	1	2	3	4	5	6	7	8
12:00-12:25	MAC	MAC/BAY	EST	EST/MBK/SPY/CAC	CAA	CGA/GBSA/MAS/RAC	FAST/HAWK/ESA/YCM	FSC/SPRC

Session 7 - Sunday 11-12	1	2	3	4	5	6	7	8
3:20-3:40	FSC	FSC/SPRC	MAS/ESA	MBK/GBSA	EST	EST	MAC	MAC
3:40-4:00	CAC/HAWK	CAA	CAA	CAA	FAST/CGA	FMSC/SPY	RAC/BAY	YCM

