

MARYLAND SWIMMING
2026 MARYLAND LSC SHORT COURSE CHAMPIONSHIPS
2026 QUALIFYING TIMES

EVENT	9 & 10 BOYS		11 & 12 BOYS		13 & 14 BOYS		15 & O BOYS	
	Junior Champs Qualifying Time	14 & U Champs Qualifying Time	Junior Champs Qualifying Time	14 & U Champs Qualifying Time	Junior Champs Qualifying Time	14 & U Champs Qualifying Time	Junior Champs Qualifying Time	Senior Champs Qualifying Time
	B Champs slower than	Junior Champs slower than	B Champs slower than	Junior Champs slower than	B Champs slower than	Junior Champs slower than	B Champs slower than	Junior Champs slower than
50 FREE	36.59	31.49	32.49	27.79	29.69	24.69	28.29	23.19
100 FREE	1:20.89	1:10.69	1:08.39	1:01.09	1:02.29	53.59	59.59	50.19
200 FREE	2:52.59	2:35.69	2:26.89	2:14.89	2:12.29	1:57.89	2:06.29	1:50.49
500 FREE	7:33.79	6:48.39	6:29.99	5:53.89	5:58.19	5:19.99	5:42.09	4:59.99
1000 FREE						10:47.29		10:25.89
1650 FREE						18:29.69		17:50.69
50 BACK	44.89	37.99	37.59	32.79	33.29	29.09	32.29	27.09
100 BACK	1:32.09	1:20.79	1:17.69	1:10.39	1:08.19	1:01.69	1:07.19	57.89
200 BACK			2:40.49	2:32.89	2:23.69	2:13.49	2:17.09	2:08.49
50 BREAST	49.69	42.49	42.09	37.09	37.79	32.89	36.79	29.59
100 BREAST	1:44.29	1:33.39	1:27.49	1:19.59	1:16.79	1:10.39	1:13.39	1:05.99
200 BREAST			3:02.39	2:56.29	2:42.39	2:33.09	2:35.19	2:28.09
50 FLY	43.29	37.09	36.19	31.29	32.79	28.09	31.79	25.29
100 FLY	1:40.99	1:26.69	1:18.09	1:10.99	1:07.49	1:00.49	1:04.39	55.69
200 FLY			2:43.99	2:38.29	2:25.59	2:17.99	2:19.49	2:11.39
100 IM	1:31.69	1:21.29	1:17.89	1:10.69	1:13.99	1:01.79	1:09.99	57.99
200 IM	3:15.99	2:55.99	2:45.79	2:31.39	2:26.69	2:13.69	2:20.19	2:04.39
400 IM			5:50.09	5:27.89	5:13.59	4:47.09	4:59.19	4:27.79

No 8 & Under swimmers may swim at the Junior Championship Meet or B Championship Meets. There are no qualifying times for the 8 & Under Championship Meet.
No swimmer may swim the same individual event at the Senior Championship, 14 & Under Championship, Junior Championship, and/or the B Championship Meets.
Swimmers may only swim the event at one Championship Meet.

MARYLAND SWIMMING
2026 MARYLAND LSC SHORT COURSE CHAMPIONSHIPS
2026 QUALIFYING TIMES

EVENT	9 & 10 GIRLS		11 & 12 GIRLS		13 & 14 GIRLS		15 & O GIRLS	
	Junior Champs Qualifying Time	14 & U Champs Qualifying Time	Junior Champs Qualifying Time	14 & U Champs Qualifying Time	Junior Champs Qualifying Time	14 & U Champs Qualifying Time	Junior Champs Qualifying Time	Senior Champs Qualifying Time
	B Champs slower than	Junior Champs slower than	B Champs slower than	Junior Champs slower than	B Champs slower than	Junior Champs slower than	B Champs slower than	Junior Champs slower than
50 FREE	37.99	31.59	33.69	28.19	32.19	26.29	31.49	25.99
100 FREE	1:23.09	1:10.89	1:11.39	1:01.19	1:07.89	56.79	1:05.79	56.09
200 FREE	3:02.59	2:36.39	2:32.89	2:13.89	2:22.69	2:03.69	2:18.39	2:01.69
500 FREE	7:45.09	6:48.39	6:45.69	5:53.89	6:22.79	5:29.99	6:12.39	5:26.39
1000 FREE						11:13.99		11:11.09
1650 FREE						18:39.69		18:39.59
50 BACK	45.29	37.19	37.99	32.59	35.69	30.49	34.69	29.09
100 BACK	1:35.99	1:20.59	1:21.79	1:09.89	1:15.19	1:04.09	1:11.39	1:03.89
200 BACK			2:46.69	2:31.69	2:34.49	2:17.49	2:30.59	2:17.39
50 BREAST	50.69	42.49	42.89	36.89	41.09	34.89	40.09	33.39
100 BREAST	1:48.89	1:33.39	1:21.79	1:19.99	1:24.29	1:13.89	1:21.79	1:13.79
200 BREAST			3:10.99	2:54.69	2:57.39	2:40.39	2:52.69	2:40.29
50 FLY	44.69	36.09	36.29	30.99	35.29	29.29	34.29	28.69
100 FLY	1:43.39	1:26.69	1:21.09	1:10.29	1:13.29	1:03.59	1:11.09	1:02.69
200 FLY			2:50.29	2:38.29	2:38.99	2:22.39	2:33.99	2:22.29
100 IM	1:35.19	1:20.49	1:21.09	1:09.89	1:17.99	1:04.59	1:14.99	1:03.09
200 IM	3:18.79	2:55.99	2:50.69	2:31.59	2:39.49	2:19.89	2:34.29	2:17.69
400 IM			6:03.69	5:26.99	5:45.59	4:57.39	5:29.69	4:54.29

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