

MARYLAND SWIMMING
2025 MARYLAND LSC LONG COURSE CHAMPIONSHIPS
2025 QUALIFYING TIMES

EVENT	9 & 10 BOYS		11 & 12 BOYS		13 & 14 BOYS		15 & O BOYS	
	Junior Champs Qualifying Time	Champs Qualifying Time	Junior Champs Qualifying Time	Champs Qualifying Time	Junior Champs Qualifying Time	Champs Qualifying Time	Junior Champs Qualifying Time	Champs Qualifying Time
		Junior Champs slower than		Junior Champs slower than		Junior Champs slower than		Junior Champs slower than
50 FREE	43.89	35.19	37.39	31.79	34.29	28.49	32.89	26.49
100 FREE	1:40.99	1:19.09	1:22.09	1:10.29	1:15.09	1:02.29	1:11.79	57.39
200 FREE	3:36.69	2:51.89	2:59.19	2:33.39	2:43.99	2:17.49	2:36.59	2:06.29
400 FREE	7:38.29	5:59.59	6:21.09	5:21.89	5:48.39	4:52.99	5:34.09	4:31.39
800 FREE						10:05.99		9:27.29
1500 FREE						19:15.89		18:19.89
50 BACK	44.29	42.99	44.49	37.69	41.84	33.99	39.69	30.79
100 BACK	55.39	1:31.69	1:37.19	1:22.09	1:23.69	1:11.39	1:19.39	1:06.49
200 BACK			3:22.99	2:53.79	3:01.79	2:33.59	2:52.29	2:22.69
50 BREAST	1:00.89	48.19	49.79	41.99	46.89	37.39	44.74	33.89
100 BREAST	2:12.89	1:44.69	1:47.79	1:31.69	1:33.79	1:19.59	1:29.49	1:15.59
200 BREAST			3:47.89	3:17.09	3:22.79	2:55.79	3:14.49	2:42.89
50 FLY	52.29	40.89	41.99	35.89	40.14	31.89	38.39	27.99
100 FLY	2:09.49	1:36.09	1:35.09	1:20.39	1:20.29	1:08.99	1:16.79	1:03.59
200 FLY			3:25.79	2:53.59	2:59.69	2:33.29	2:51.69	2:22.89
200 IM	4:09.49	3:16.89	3:24.39	2:52.49	3:02.89	2:35.39	2:56.19	2:24.09
400 IM			7:17.89	6:11.49	6:30.69	5:33.29	6:14.69	5:10.99

No swimmer may swim the same individual event at the Championship and Junior Championship Meets.
Swimmers may only swim the event at one Championship Meet.

MARYLAND SWIMMING
2025 MARYLAND LSC LONG COURSE CHAMPIONSHIPS
2025 QUALIFYING TIMES

EVENT	9 & 10 GIRLS		11 & 12 GIRLS		13 & 14 GIRLS		15 & O GIRLS	
	Junior Champs Qualifying Time	Champs Qualifying Time	Junior Champs Qualifying Time	Champs Qualifying Time	Junior Champs Qualifying Time	Champs Qualifying Time	Junior Champs Qualifying Time	Champs Qualifying Time
		Junior Champs slower than		Junior Champs slower than		Junior Champs slower than		Junior Champs slower than
50 FREE	45.29	35.19	38.49	31.69	37.19	30.09	36.09	29.49
100 FREE	1:44.09	1:21.19	1:25.59	1:10.09	1:21.19	1:05.49	1:18.39	1:03.79
200 FREE	3:50.99	2:57.49	3:06.39	2:32.39	2:55.29	2:22.79	2:49.19	2:17.59
400 FREE	7:48.59	6:05.89	6:32.89	5:23.29	6:08.09	5:01.69	5:55.19	4:53.19
800 FREE						10:20.99		9:59.99
1500 FREE						19:48.09		19:36.29
50 BACK	55.79	43.39	44.79	37.19	44.84	35.99	43.44	33.79
100 BACK	2:01.59	1:33.09	1:40.59	1:20.79	1:29.69	1:15.59	1:26.89	1:12.79
200 BACK			3:28.09	2:54.29	3:13.29	2:41.99	3:06.79	2:35.49
50 BREAST	1:02.19	48.09	49.79	42.09	51.19	39.19	49.29	38.39
100 BREAST	2:19.39	1:46.49	1:50.39	1:32.79	1:42.39	1:26.39	1:13.59	1:23.09
200 BREAST			3:56.79	3:21.09	3:40.29	3:06.89	3:32.49	2:57.99
50 FLY	54.49	41.49	41.79	34.99	43.59	33.19	42.14	30.89
100 FLY	2:12.79	1:36.79	1:13.29	1:21.89	1:27.19	1:13.99	1:24.29	1:10.79
200 FLY			3:31.09	2:59.29	3:15.69	2:42.29	3:07.79	2:35.59
200 IM	4:15.69	3:17.59	3:30.59	2:51.69	3:17.19	2:41.29	3:11.19	2:37.19
400 IM			7:28.89	6:10.99	6:57.99	5:47.69	6:44.59	5:35.09

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