

SESSION 1: THURSDAY 800 FREE TIMED FINALS SESSION

WARM-UPS: 3:00 PM MEET STARTS: 3:50 PM

[illegible]

WARM-UPS: 4:50 PM MEET STARTS: 5:40 PM

[illegible]

[illegible]

2025 NORTH BALTIMORE AQUATIC CLUB MID SUMMER CLASSIC / JULY 10 – 13, 2025
 @ ST. MARY’S COLLEGE / ST. MARY’S CITY, MARYLAND

SESSION 9: SUNDAY 13 & OVER PRELIMS/TIMED FINALS SESSIONS

WARM-UP LANE ASSIGNMENTS / SUNDAY AM PRELIM / TIMED FINALS SESSIONS
 WARM-UPS: 7:00 AM MEET STARTS: 8:10 AM

MAIN POOL	<u>LANE 1</u>	<u>LANE 2</u>	<u>LANE 3</u>	<u>LANE 4</u>	<u>LANE 5</u>	<u>LANE 6</u>	<u>LANE 7</u>	<u>LANE 8</u>
7:00 AM – 7:30 AM	YORK	YORK	YORK	FSC	LANY ROCK SMDA	BAY HAWK SVAC	OPST TCY	GBSA GMAC HAGY
7:30 AM – 8:00 AM	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NAAC	NAAC
<u>WARMUP POOL</u>	<u>LANE 1</u>	<u>LANE 2</u>	<u>LANE 3</u>	<u>LANE 4</u>	<u>LANE 5</u>	<u>LANE 6</u>	<u>LANE 7</u>	
7:00 AM – 7:30 AM	FSC	FSC	OPEN	OPEN	OPEN	YORK	YORK	
7:30 AM – 8:00 AM	NBAC	NBAC	NBAC	NBAC	NAAC	NAAC	NAAC	
8:00 AM – END OF SESSION	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	

SESSION 10: SUNDAY 12 & U PRELIMS & TIMED FINALS SESSIONS

WARM-UP LANE ASSIGNMENTS / SUNDAY – PM PRELIM / TIMED FINALS SESSIONS
 WARM-UPS: 11:40 AM MEET STARTS: 12:20 PM

MAIN POOL	<u>LANE 1</u>	<u>LANE 2</u>	<u>LANE 3</u>	<u>LANE 4</u>	<u>LANE 5</u>	<u>LANE 6</u>	<u>LANE 7</u>	<u>LANE 8</u>
11:40 AM – 12:10 PM	NBAC	NBAC	NBAC	YORK	YORK LANY GBSA	NAAC SMDA TCY	BAY FSC HAWK	GMAC HAGY OPST SVAC
<u>WARMUP POOL</u>	<u>LANE 1</u>	<u>LANE 2</u>	<u>LANE 3</u>	<u>LANE 4</u>	<u>LANE 5</u>	<u>LANE 6</u>	<u>LANE 7</u>	
11:40 AM – 12:10 PM	NBAC	NBAC	NBAC	NBAC	OPEN	OPEN	OPEN	
12:10 PM – END OF SESSION	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	

SESSION 11: MONDAY 1500 FINAL HEATS SESSION

OPEN WARMUPS

WARMUPS: 3:30 PM MEET STARTS: 4:15 PM

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SESSION 5: FRIDAY FINALS SESSIONS

OPEN WARMUPS

WARMUPS: 4:30 PM MEET STARTS: 5:15 PM

4:30 PM – 4:55 PM
OPEN WARM-UPS

4:55 PM – 5:10 PM
LANES 1 & 8 PACE
LANES 2,3,4,5,6,7 ONE WAY

SESSION 8: SATURDAY FINALS SESSIONS

OPEN WARMUPS

WARMUPS: 4:30 PM MEET STARTS: 5:15 PM

4:30 PM – 4:55 PM
OPEN WARM-UPS

4:55 PM – 5:10 PM
LANES 1 & 8 PACE
LANES 2,3,4,5,6,7 ONE WAY

SESSION 12: SUNDAY FINALS SESSIONS

OPEN WARMUPS

WARMUPS: 4:30 PM MEET STARTS: 5:15 PM

4:30 PM – 4:55 PM
OPEN WARM-UPS

4:55 PM – 5:10 PM
LANES 1 & 8 PACE
LANES 2,3,4,5,6,7 ONE WAY