

2026 NBAC NEW YEAR'S KICKOFF MEET / JANUARY 10 - 11, 2026 @ LOYOLA UNIVERSITY

WARMUP LANE ASSIGNMENTS – AM SESSIONS 1 AND 3

SESSION 1 - SATURDAY JANUARY 10, 2026

SATURDAY JANUARY 10, 2026 - AM ALL GIRLS SESSION - WARMUP LANE ASSIGNMENTS:

WARMUPS: 7:30 AM – 8:20 AM

MEET STARTS: 8:30 AM

	<u>LX</u>	<u>L9</u>	<u>L8</u>	<u>L7</u>	<u>L6</u>	<u>L5</u>	<u>L4</u>	<u>L3</u>	<u>L2</u>	<u>L1</u>	<u>W4</u>	<u>W3</u>	<u>W2</u>	<u>W1</u>
7:30 AM – 7:55 AM	MBK	MBK	MBK	MBK	ACA	ACA	ACA	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC
7:55 AM – 8:20 AM	GTAC	GTAC	GTAC UN	SPRC	SPRC	SPRC	CGA	CGA	ASC	ASC	ASC	ASC	CGA	CGA
8:20 AM – END	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	OPEN	OPEN	OPEN	OPEN

SESSION 3 - SUNDAY JANUARY 11, 2026

SUNDAY JANUARY 11, 2026 - AM ALL GIRLS SESSION - WARMUP LANE ASSIGNMENTS:

WARMUPS: 7:30 AM – 8:20 AM

MEET STARTS: 8:30 AM

	<u>LX</u>	<u>L9</u>	<u>L8</u>	<u>L7</u>	<u>L6</u>	<u>L5</u>	<u>L4</u>	<u>L3</u>	<u>L2</u>	<u>L1</u>	<u>W4</u>	<u>W3</u>	<u>W2</u>	<u>W1</u>
7:30 AM – 7:55 AM	GTAC	GTAC	GTAC UN	SPRC	SPRC	SPRC	CGA	CGA	ASC	ASC	ASC	ASC	CGA	CGA
7:55 AM – 8:20 AM	MBK	MBK	MBK	MBK	ACA	ACA	ACA	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC
8:20 AM – END	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	OPEN	OPEN	OPEN	OPEN

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WARMUP LANE ASSIGNMENTS – PM SESSIONS 2 AND 4

SESSION 2 - SATURDAY JANUARY 10, 2026

SATURDAY JANUARY 10, 2026 - PM ALL BOYS SESSION - WARMUP LANE ASSIGNMENTS:

WARMUPS: 12:15 PM – 1:05 PM

MEET STARTS: 1:15 PM

	<u>LX</u>	<u>L9</u>	<u>L8</u>	<u>L7</u>	<u>L6</u>	<u>L5</u>	<u>L4</u>	<u>L3</u>	<u>L2</u>	<u>L1</u>	<u>W4</u>	<u>W3</u>	<u>W2</u>	<u>W1</u>
7:30 AM – 7:55 AM	SPRC	SPRC	SPRC	MBK	MBK	ACA	ACA	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	OPEN
7:55 AM – 8:20 AM	GTAC	GTAC	CGA	CGA	CGA	CGA	CGA	ASC	ASC	ASC	ASC	ASC	OPEN	OPEN
8:20 AM – END	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	OPEN	OPEN	OPEN	OPEN

SESSION 4 - SUNDAY JANUARY 11, 2026

SUNDAY JANUARY 11, 2026 - PM ALL BOYS SESSION - WARMUP LANE ASSIGNMENTS:

WARMUPS: 12:15 PM – 1:05 PM

MEET STARTS: 1:15 PM

	<u>LX</u>	<u>L9</u>	<u>L8</u>	<u>L7</u>	<u>L6</u>	<u>L5</u>	<u>L4</u>	<u>L3</u>	<u>L2</u>	<u>L1</u>	<u>W4</u>	<u>W3</u>	<u>W2</u>	<u>W1</u>
7:30 AM – 7:55 AM	GTAC	GTAC	CGA	CGA	CGA	CGA	CGA	ASC	ASC	ASC	ASC	ASC	OPEN	OPEN
7:55 AM – 8:20 AM	SPRC	SPRC	SPRC	MBK	MBK	ACA	ACA	NBAC	NBAC	NBAC	NBAC	NBAC	NBAC	OPEN
8:20 AM – END	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	XXX	OPEN	OPEN	OPEN	OPEN