

Saturday Warm-up Schedule

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
12:15-12:35	MAC	MAC	MAC	FSC	FSC	GTAC
12:35-12:55	NBAC	4MSC	SPRC	YCM	EST	EST
12:55-1:15	BAY	BAY	BAY	BAY	ASC	ASC

Sunday Warm-up Schedule

	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
8:00-8:20	MAC	MAC	MAC	MAC	FSC	FSC
8:20-8:40	EST	EST	YCM	NBAC	4MSC	GTAC
8:40-9:00	BAY	BAY	BAY	BAY	ASC	ASC