



***2024 CAC 4th Annual Zachary “Zach” Spain
Memorial B & U Swim Meet Nov. 8 – 10
Warm-Up Schedule***

Warm-up Starts at 04:00 PM on Friday (Afternoon)

Session: 1 Friday, Nov. 8th. Positive Check-In by 04:20 PM

Meet Starts at 05:00 PM

Warm-up Starts at 07:00 am on Both Days (Mornings)

Session: 2 & 5 Saturday/Sunday Morning Session

Nov 9 - 10 Meet Starts at 08:00 AM

Warm-up Starts at 11:30 am on both Days (Mid Afternoon)

Session: 3 & 6 Saturday/Sunday Afternoon Session

Nov 9 –10 Meet Starts at 12:30 PM

Warm-up Starts at 3:30 pm on Both Days (Late Afternoon)

Session: 4 & 7 Saturday/Sunday Afternoon Session

Nov 9 –10 Meet Starts at 4:30 PM

WARM UP LANE

ASSIGNMENTS

Friday Nov. 8 Afternoon Session 1

4:00 PM - 4:25 PM

*****COMPETITION LANES*****

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
CAC	CAC	CAC	CAC	CAC	CAC	CAC	CAC	CAC	OPEN

4:25 PM - 4:50 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10
ASC	ASC	BAY	CAA	CAA	GMAC	GTAC	MBK	NAAC	ROCK

Saturday Nov. 9 Morning Session 2

7:00 AM - 7:25 AM

*****COMPETITION LANES*****

NON COMPETITION LANES

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13	Lane 14	Lane 15	Lane 16	Lane 17	Lane 18	Lane 19	Lane 20
CAC	CAC	CAC	ASC	ASC	GMAC	GTAC/RAC	ROCK	ROCK	CBAC	ASC	ASC	ASC	CAC	CAC	CAC	CAC	CAC	CAC	CAC

7:25 AM - 7:50 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13	Lane 14	Lane 15	Lane 16	Lane 17	Lane 18	Lane 19	Lane 20
BAY	BAY	CAA	CAA	MBK	MBK	NAAC	4MSC	YCM	YCM	BAY	BAY	CAA	CAA	BAY	BAY	BAY	BAY	BAY	BAY

Saturday Nov. 9 Mid Afternoon Session 3

11:30 AM - 11:55 AM

*****COMPETITION LANES*****

NON COMPETITION LANES

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13	Lane 14	Lane 15	Lane 16	Lane 17	Lane 18	Lane 19	Lane 20
CAC	CAC	CAC	ASC	ASC	ASC	GMAC	ROCK	ROCK	ROCK	ASC	ASC	ASC	ASC	CAC	CAC	CAC	ROCK	ROCK	OPEN

11:55 AM - 12:20 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13	Lane 14	Lane 15	Lane 16	Lane 17	Lane 18	Lane 19	Lane 20
BAY	BAY	CAA	CAA	RAC	MBK	NAAC	NAAC	4MSC	YCM	BAY	BAY	CAA	CAA	CAA	CAA	CAA	BAY	BAY	BAY

Saturday Nov. 9 Late Afternoon Session 4

3:30 PM - 3:55 PM

*****COMPETITION LANES*****

NON COMPETITION LANES

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13	Lane 14	Lane 15	Lane 16	Lane 17	Lane 18	Lane 19	Lane 20
CAC	CAC	GTAC	GMAC	ASC	ASC	ROCK	ROCK	NAAC	NAAC	ROCK	ASC	ASC	CAC	CAC	NAAC	NAAC	OPEN	OPEN	OPEN

3:55 PM - 4:20 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13	Lane 14	Lane 15	Lane 16	Lane 17	Lane 18	Lane 19	Lane 20
BAY	BAY	RAC	RAC	CAA	CAA	MBK	MBK	4MSC	YCM	YCM	YCM	BAY	BAY	CAA	CAA	MBK	OPEN	OPEN	OPEN

Sunday Nov. 10 Morning Session 5

7:00 AM - 7:25 AM

*****COMPETITION LANES*****

NON COMPETITION LANES

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13	Lane 14	Lane 15	Lane 16	Lane 17	Lane 18	Lane 19	Lane 20
BAY	BAY	CAA	CAA	MBK	MBK	NAAC	4MSC	YCM	YCM	BAY	BAY	CAA	CAA	BAY	BAY	BAY	BAY	BAY	BAY

7:25 AM - 7:50 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13	Lane 14	Lane 15	Lane 16	Lane 17	Lane 18	Lane 19	Lane 20
CAC	CAC	CAC	ASC	ASC	GMAC	GTAC/RAC	ROCK	ROCK	CBAC	ASC	ASC	ASC	CAC	CAC	CAC	CAC	CAC	CAC	CAC

Sunday Nov. 10 Mid Afternoon Session 6

11:30 AM - 11:55 AM

*****COMPETITION LANES*****

NON COMPETITION LANES

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13	Lane 14	Lane 15	Lane 16	Lane 17	Lane 18	Lane 19	Lane 20
BAY	BAY	CAA	CAA	RAC/GTAC	MBK	NAAC	NAAC	4MSC	YCM	BAY	BAY	CAA	CAA	CAA	CAA	CAA	BAY	BAY	BAY

11:55 AM - 12:20 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13	Lane 14	Lane 15	Lane 16	Lane 17	Lane 18	Lane 19	Lane 20
CAC	CAC	CAC	ASC	ASC	ASC	GMAC	ROCK	ROCK	ROCK	ASC	ASC	ASC	ASC	CAC	CAC	CAC	ROCK	ROCK	OPEN

Sunday Nov. 10 Late Afternoon Session 7

3:30 PM - 3:55 PM

*****COMPETITION LANES*****

NON COMPETITION LANES

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13	Lane 14	Lane 15	Lane 16	Lane 17	Lane 18	Lane 19	Lane 20
BAY	BAY	RAC	RAC	CAA	CAA	MBK	MBK	4MSC	YCM	YCM	YCM	BAY	BAY	CAA	CAA	MBK	OPEN	OPEN	OPEN

3:55 PM - 4:20 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13	Lane 14	Lane 15	Lane 16	Lane 17	Lane 18	Lane 19	Lane 20
CAC	CAC	GTAC	GMAC	ASC	ASC	ROCK	ROCK	NAAC	NAAC	ROCK	ASC	ASC	CAC	CAC	NAAC	NAAC	OPEN	OPEN	OPEN