

Saturday, January 20th 2024														
Session 1: 12 & Under														
	Competition Side of Pool											Non-competition Side		
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Bulk Head	Lane 11	Lane 12	Lane 13
7:00-7:25a	CAC	CAC	CAC	CAC	CAC	CAC	CAC/ GMAC	GMAC	GMAC	ROCK		ROCK	ROCK	ROCK
7:25-7:50a	ASC	ASC	ASC	HAWK	HAWK	HAWK/ SMDA	SMDA	SMDA	SMDA	SMDA		YCM	YCM	YCM

Saturday, January 20th 2024														
Session 2: 500 Freestyle														
	Competition Side of Pool													
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Bulk Head			
12:00-12:25p	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open				

Saturday, January 20th 2024														
Session 3: 13 & Over														
	Competition Side of Pool													
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Bulk Head			
2:30-2:55p	CAC	CAC	CAC	CAC	CAC	ASC	ASC	CBAC	GMAC	GMAC				
2:55-3:20p	ROCK	SMDA	SMDA	SMDA	HAWK	HAWK	YCM	YCM	YCM	YCM				

Sunday, January 20th 2024													
Session 4: 12 & Under													
	Competition Side of Pool												
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Bulk Head		
8:00-8:25a	CAC	CAC	CAC	CAC	CAC	CAC	ROCK	ROCK	ROCK	ROCK			
8:25-8:50a	YCM	YCM	YCM /HAWK	HAWK	SMDA	SMDA	SMDA	SMDA	GMAC	GMAC			

Sunday, January 20th 2024													
Session 5: 13 & Over													
	Competition Side of Pool												
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Bulk Head		
12:00-12:25p	CAC	CAC	CAC	CAC	CAC	CAC	CAC	CBAC	CBAC/ GMAC	GMAC			
12:25-12:50p	ROCK	SMDA	SMDA	SMDA	HAWK	HAWK	YCM	YCM	YCM	YCM			