

2025-2026 CAC Master Schedule

MEET DATES		MEET NAME		LOCATION		QUALIFYING TIME	PARTICIPANTS			
							Discovery	Colors	Junior	Senior
Sept. 7		Welcome Back Picnic		Kings Landing		None	All	All	All	All
Sept. 2		First Day of Swim		Prince Frederick		None	All	All	All	All
Oct. 25-26		2026 MAKO Pumpkin Classic		George Mason U		None	All	All	All	All
Nov. 7-9		Zach Spain		Prince Frederick		B & Slower	All	All	All	All
Nov. 14-16		2025 ISCA Fall Classic		Hampton Aquaplex		3 x A Times or More	N/A	N/A	Top 20 Total	Top 20 Total
Dec. 5-7		Diamond Invitational		U of Delaware		Open	N/A	N/A	All	All
Dec. 13-14		2024 ASC Holiday Invitational Meet		Arundel Olympic Swim Center		Open	All	All	N/A	N/A
Jan 16-18		ISCA January Classic		Hampton Aquaplex		A & Faster	None	Qualified Athletes Only	Qualified Athletes Only	Qualified Athletes Only
Jan 24-25		Rock Swim Meet		St Marys College		Open	All	Non ISCA Athletes	Non ISCA Athletes	Non ISCA Athletes
Feb. 6-8		CAC Last Chance Meet		Prince Frederick		B & Faster	All	All	All	All
Feb. 19-22		MD LSC Senior State Championship		St Marys College		Sr State Qualifying Times	N/A	N/A	N/A	State Qualifiers Only
Feb. 21		MDHS State Championship		U. of MD			N/A	N/A	N/A	HS State Qualifiers Only
Mar. 5-8		MD LSC 14 & Under State Championship		St Marys College		AG State Qualifying Times	State Qualifiers Only	State Qualifiers Only	State Qualifiers Only	N/A

Mar. 20-22		SwimRVA Clover Cup		Richmond, VA		All Non-Shamrock Swimmers		All	All	All	All
Mar 26-29		SwimRVA Shamrock Showdown		Richmond, VA		Qualified Athletes Only		Qualified Athletes Only	Qualified Athletes Only	Qualified Athletes Only	Qualified Athletes Only
Mar 26-29		Eastern Zones Sectional Champs (TBA)		TBA		Qualified Athletes Only		N/A	N/A	Qualified Athletes Only	Qualified Athletes Only
April 1-4		Eastern Zones Age Group Championships		Buffalo, NY		Qualified Athletes Only		N/A	Qualified Athletes Only	Qualified Athletes Only	N/A
April 17-19		CAC Spring LC Meet		Prince Frederick		NT		ALL	ALL	ALL	ALL
May 2-3		MAC Mini Meet (SCY - 10 & Under)		Walkersville, MD		NT		ALL	N/A	N/A	N/A
May 16-18		RAC May LC Meet		TBA		BB & Faster		Qualified Athletes Only	Qualified Athletes Only	Qualified Athletes Only	Qualified Athletes Only
May 29-Jun. 1		FOX LC Invite Meet		UMBC		Open		ALL	ALL	ALL	ALL
June 12-14		CAC Open LC Meet		Prince Frederick		Open		ALL	ALL	ALL	ALL
June 25-28		NCAP Elite Qualifier		Sterling, VA		Qualified Athletes Only		N/A	N/A	Qualified Athletes Only	Qualified Athletes Only
July 9-12		NBAC BB & Faster Qualifying Meet		St Marys College		BB & Faster		ALL	ALL	Non ISCA	Non ISCA
July 24-26		FSC LC JR Championships		Claude Moore Swim Center		Slower than State		Qualified Athletes Only	Qualified Athletes Only	Qualified Athletes Only	Qualified Athletes Only
July 29-Aug 3		ISCA Summer Senior Blast (Team Travel)		St. Petersburg, FL		Qualified Athletes Only		N/A	N/A	Qualified Athletes Only	Qualified Athletes Only
July 30-Aug 2		MD LC State Championship		St Marys College		State Qualifying Times		State Qualifiers Only	State Qualifiers Only	State Qualifiers Only	State Qualifiers Only