



REVISED MAY 2025



FREDERICK AREA SWIM TEAM CODE OF CONDUCT: COACHES

The Frederick Area Swim Team is a member of USA Swimming and each Coach as a Non-Athlete Member of USA Swimming is bound by the Code of Conduct as listed in sections 304, 305, and 306 of the **USA Swimming Rules and Regulations**.

In addition, coaches must abide by these requirements as follows:

- I. The following additions to the Code of Conduct pertain to practices, meets, meetings, and clinics where coaches represent FAST, in or outside the LSC.
 - a. At all times, adhere to USA Swimming's rules and code of conduct. Coaches who exhibit sexist, racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.
 - b. Set a good example of respect and sportsmanship for participants and fans to follow.
 - c. Act and dress with professionalism and dignity in a manner suitable to his/her profession.
 - d. Respect officials and their judgment and abide by the rules of the event. Treat opposing coaches, participants, and spectators with respect.
 - e. Instruct participants in sportsmanship and demand that they display good sportsmanship.
 - f. Coach in a positive manner and do not use derogatory comments or abusive language.
 - g. Win with humility and lose with dignity.
 - h. Always place the well-being, health, and safety of swimmers above all other considerations, including developing performance.
 - i. Continue to seek and maintain their professional development in all areas in relation to coaching and teaching children.



- j. Always maintain a professional separation between coach and athlete.
- II. Failure to comply with any Code of Conduct rule will result in any or all these disciplinary actions,
- a. A coach may not be allowed to participate in any or all practices, meets, team events, or meetings.
 - b. A coach may be requested to leave the aquatic facility and/or lodging for the duration of the event.
 - c. A coach will be financially responsible for any damage caused by him or her.
 - d. A coach may be suspended from USA SWIMMING subject to the National Board of Review