



Frederick Area Swim Team (FAST) Locker Room Use and Monitoring Policy

PURPOSE

The following guidelines are designed to maintain personal privacy as well as to reduce the risk of misconduct in locker rooms and changing areas.

FACILITIES

The following is a description of the Frederick Area Swim Team (FAST) practice facilities to allow athletes and their families to plan their use.

PRACTICE FACILITIES

Fort Detrick and at Walkersville High School. These locations have: No locker room or changing facilities. Swimmers will be expected to come dressed for practice and to change and shower at home. The Detrick and Walkersville Facilities have a bathroom/family changing room dedicated to our swimmers.

POLICIES:

Only one swimmer is allowed in the changing room/ bathroom at a time. Coaches monitor the one at a time policy. Coaches will make every effort to recognize when an athlete goes to the bathroom/changing area during practices and if they do not return in a timely fashion, a coach will check on the athlete's whereabouts. Coaches will not enter the changing room but will call into the room for the swimmer. In an emergency, 2 coaches will enter the room to assist the athlete. Parents may not enter the changing areas/bathroom unless it is truly necessary/emergency. If this is necessary, parents should let the coach or know about this in advance.

If an athlete needs assistance for example, (a child is under the age of six), or an athlete's disability warrants assistance, then we ask that parents let the coaches know.

RESPECT THE RULES:

- Voice, camera, and video recording devices including a cell phone are not allowed in the changing facility.
- Adults should never be alone in the changing room with a minor athlete.
- The changing room is regularly monitored.

REPORTING MISCONDUCT:

- Report misconduct or rule violations to the head coach or facility management,
- Report abuse to local law enforcement, USA swimming and contact the U.S. Center for Safe Sport to make a report. Call 833-5US-SAFE (587-7233) or use the online reporting form at <http://www.uscenterforsafesport.org/>. You can also text anonymously to 888-270-SWIM (7946).



IMPORTANT:

Lack of adherence to this policy will not be tolerated. If any problems should arise or a concerning event occurs, athletes, parents and staff are encouraged to promptly notify a coach, parent, or board member by way of direct conversation, email, or phone call so that it may be investigated and dealt with. The safety and wellbeing of all our team members is of the utmost importance and preserving that is a top priority.