

September-May Swim team schedule

Practice Group	Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
Mini	4:45-5:45 pm (3 lanes)		4:45-5:45pm (3 lanes)			
Novice		4:45-5:45pm (4 lanes)		4:45-5:45pm (4 lanes)	4:30-5:30pm (4 lanes)	
Cadet		5:45-7:15pm (3 lanes)		5:45-7:15pm (3 lanes)		8:00am-9: 15am (3 lanes)
Junior	5:45-7:15pm (3 lanes)		5:45-7:15pm (3 lanes)		5:30-7:00pm (3 lanes)	9:15-10:45am (3 lanes)
Senior	6:45*-8:45pm (2 lanes)	6:45*-8:45pm (2 lanes)	6:45*-8:45pm (2 lanes)	6:45*-8:45pm (2 lanes)	6:30*-8:30pm (2 lanes)	
* = First 30 minutes of practice is dryland						