

**SPY SENIORS PAGE:**

Name: Lily Quill

High School: Severna Park

Years on SPY: 9

College attending in Fall 2025: St. Mary's College of Maryland

Hobbies when not swimming: Sleeping, Reading, Working, Playing with my dog Tucker

Most memorable swim: Swimming 200 fly at Wilton finals 2024 in a heat by myself

Most memorable/funny moment: 200 Fly with the stomach flu -> getting DQ'd for anything possible

Best Event: 400 IM

Favorite Set: Allie's (400) IM Sets or her Christmas Jeopardy

Least Favorite Set: Anything involving a pull buoy or freestyle kick w/board

Pre-swim rituals: Wiggling my fingers on the block and listening to music while jumping around behind the blocks

Favorite meal before a meet: Chicken Alfredo

Advice for next year's graduating class: Don't have any regrets - go to the team events, hangout with your friends as much as you can, 110% in practices and meets. Also, Have Fun!