

SHARK BITES

2023 Season, Newsletter No.



Meet no. 4 on June 24th Castle Rock East @ Smoky Hill Sharks

This week's meet is a HOME meet.

Sharks' Warm up time: 6:30 -6:55 am
Meet starts: 7:30 am

Volunteers Required:

Every meet requires volunteers in order to run efficiently and successfully. Your participation in the available jobs for this upcoming event is critical. **If you have a kid swimming you must sign up to volunteer. Click [HERE](#) to connect you to the available jobs for this upcoming event.** Remember it is a first come, first serve event, so don't delay. Access to the Job SignUp System will require you to login into your team account. If there are no volunteer positions remaining, email Elizabeth McFadin, volunteercoordinator@shsharks.org.

Some reminders and tips for you for the upcoming meet:

- The theme for the meet is Tie Dye.
- Bring a sharpie marker! Your child's name and age are written on the back side of their right shoulder.
- Bring towels, sunscreen, water, and snacks.
- Meet program will be made available online. Look for it on Friday late afternoon.
- When you arrive, check in your swimmer(s) and check in for any volunteer positions.

This Week

- Eat with Sharks is TODAY, Wednesday, June 21 at Red Robin (Cornerstar) from 5 - 9 pm. Grab dinner before (or after) our reschedule Friday Fun Night activities.
- Tie Dye Night is also TODAY, Wednesday, June 21 at 7:00pm. Each swimmer will need to bring a white t-shirt to participate in the event. The t-shirt needs to be pre-washed and dampened. The team will provide the dye for this favorite event. On June 24th we will wear our t-shirts at the meet. (Fingers crossed it doesn't rain!)
- Friday Fun Night Fun food trucks this week are Double Trouble BBQ and That Hot Chocolate Place.

Swimmers of the Week:

Swimmers of the Week are individuals the coaches recognize for their team spirit, attitude and/or determination throughout the week's practices. This week's recipients are:

Minis: Fletcher Sumner
Tigers: Victor Hiatt
Makos: David Otto
Hammerheads: Kylee Schenden
Great Whites: Austyn Darnell

Final Steps to Make Your Tie-Dye T-Shirts

- Wear gloves to remove the shirt from the bag.
- Rinse the shirt in cold water until the water runs clear.
- Cut off the rubber bands.
- Wash and dry the t-shirt separately. Use a small amount of laundry soap. Be careful the dye can stain.
- Wash separately for the first few washes.
- Wear your shirt to our meet on June 24th.

Message from Coach Heather

Parents and Swimmers,

Congrats on making it this far in the season! With three meets down and only two left (both with home pool advantage), I'd like to take a minute to reiterate the importance of good sportsmanship. We represent ourselves and the team at the meets and while some of us are doing a great job, some of us just need a few reminders on what swim meet conduct looks like. Thanks for using the sharpies appropriately the last meet and I know you will continue to do so. In the spirit of fun and competition we need to acknowledge that horseplay and "smack talk" don't belong at the meets. We are there to have a great time and to be on good behavior. Let's keep in mind that at the end of every race the swimmer should stay in the water until the last swimmer finishes, and shake hands or high five/knuckle the other lanes.

I need to give a shout out to a swimmer who did a great job of this at the last meet. I had two swimmers from the other team pointing out not only how great a swimmer was, but also how great an attitude Mikaela Heckel had towards the other team! I love hearing these great compliments about our team. Keep up the positive vibes and have fun, Sharks! Please try to soak up as many practices as we can so we can drop times and enjoying our time left together!

Private Swim Lessons

Private swim lessons are available with the all coaches and team captains between 9:30-10:00 AM. Email the coaches directly to schedule (emails can be found on the team's website.) All our coaches/team captain are very knowledgeable about swimming and proper technique. More information about the Smoky Hill Coaching Staff can be found under the [Coaches & Board](#) tab on the homepage of the Smoky Hill Sharks' website.

Coaches Concerns

All questions and/or concerns regarding coaches need to be directed to Melissa Houlne, Coaches Representative:
coachesrep@sharks.org.

Shark Communication Box

The Shark Communication Box is where families can collect ribbons, awards, recognitions from the previous Friday Fun Night, and all other team related notifications. Ribbons from the previous meet are ready to be picked up by the following Tuesday. Please check your folder weekly. Items will remain in your family's folder until after the Championship party at the end of the season. This box is placed outside the pool gate during practices and Friday Fun Nights.

Movie Tavern Aurora June 25 at 2:00 PM

There are still tickets available to come watch **Elemental** with the team and coaches. This is an event for the whole family. Coaches will be in attendance, but you are responsible for your own children at this event.

[Sign Up Here!](#)

The cost is \$14 per ticket and you may pay by cash, check, or Venmo! Write Movie Tavern in your memo if paying by Venmo. Payment is due ASAP.

Families if you have not paid yet, please contact Sarah Diemert, teamcoordinator@shsharks.org

Movie Tavern Aurora
Sunday, June 25 at 2:00pm
18605 E Hampden Avenue,
Aurora, CO 80013

Team Pictures and Retakes

Our team pictures are available to view and order: [Smoky Hill Swim Team](#), Access Code: PGVE67725.

All orders are made directly with our photographer, [Photos by Brian](#),

Individual retakes will be held Wednesday, July 5 at 7:00 on deck at the Smoky Hill Pool.

Email & SMS Verification

Have you verified your communication with the team yet?

Swim-a-Thon

Swim-a-thon was a huge success, thank you to all the swimmers who participated! An email will be sent later this week with everyone's total laps. Please return completed forms/money by Thursday, June 29th to the Swim-A – Thon folder in the Communication box. (Please let a Board Member know if you need an extension.)

The Smoky Hill Sharks are a 501.c.3 non-profit organization, so all donations to the team, specifically to the swim-a-thon fundraiser, are fully tax deductible. If you desire we will provide you with a written letter/receipt for your taxes. Please let Darcy Schednen know if you need a receipt sooner than later for employer matching programs.

Please make checks payable to Smoky Hill Sharks or Venmo @SmokyHill-Sharks (make sure to include swim-a-thon and the swimmer(s) the donation is for.)
Swimmer GOAL: 64 lengths of the pool equals 1 mile!

End of the Season Party – Date Change

Celebrate the end of the season with a potluck dinner and a pool party on **SUNDAY, July 16th from 6-9 PM at the Smoky Hill Pool**. There will be dinner and a presentation by the coaches. You will need to bring chairs and a swimsuit for the pool. Everyone will need to bring their own beverages.

Your swimmer(s) will not want to miss this fun evening! More information to come.

[RSVP for the Pool Party](#)

Area Swim Teams and Try Out Information

Fall season registration or try outs is quickly approaching for several year-round swim teams. (Please note, several teams are hosting try outs in the next couple of weeks!) Teams differ on level of competitiveness and commitment. Many Shark families swim or have competed for these clubs. Let us know if you would like us to connect you to a family to answer questions about a specific club. Click on the links below to find out more about these year-round teams.

[Aces Swim Club of Colorado](#)

[Aquawolves Swim Team](#)

[Aurora Tsunami Swim Team](#)

[Centennial Herons](#)

[Colorado Stars](#)

[Denver Swim Academy – DSA](#)

[FORM Swim Team](#)

[Mission Aurora Colorado Swimming – MACS](#)

[Parker Phenomena](#)

2023 Board Members:

Paul Otto, President:
president@shsharks.org

Stefanie Pacheco,
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Darcy Schenden, VP/Secretary:
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Melissa Houlne, Coaches Rep:
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Kelly Mullin, Meet Manager:
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