

SHARK BITES

2021 Season, Newsletter No. 2

Can you smell the chlorine in the air?

Meet Coach Mary

In case you haven't heard the news, the Smoky Hill Sharks is thrilled to introduce our new Head Coach, **Mary Woods**. Mary comes to us from St. Louis, MO, where she is currently working on her master's in Project Management at St. Louis University. Mary loves to coach swimming at all levels, but her passion is in coaching summer swim team. She was introduced to swimming at a young age through her local summer swim team, the Smokey Row Family Swim Club in Indiana. Mary then coached for the team for five years, which included two years as the Head Coach. Growing up, Mary also spent a lot of time in the Denver Metro area with family. In 2019, Mary worked in Greenwood Village and was the assistant swim coach for Chaparral High School. Mary is excited to return to the area this summer and join the Smoky Hill Sharks as our new Head Coach. Welcome, Mary!!!

COVID Policy and Practice Schedule

COVID regulations are changing faster than the weather in Colorado these days. Whether we at Level Blue, Green, Clear, or Rainbow this summer, the safety of our swimmers, coaches, families, and community are our priority. We will be following these COVID guidelines for our practices this season.

- The pool, the pool deck, and its surrounding area will be limited in capacity. For practices, we will allow up to 50 swimmers per practice time. If we have more than 50 swimmers at any one given practice, we will try to move swimmer to the next practice time or may have to revert to a sign-up process (such as signugnienus) for each practice.



2021 Board Members:

Darcy Schenden, President:
president@shsharks.org

Jill Dawes, League Parent Rep:
parentrep@shsharks.org

Karena Williams, Secretary:
secretary@shsharks.org

Monica Burgeson, Treasurer:
treasurer@shsharks.org

Kathy Spears, Volunteer Coordinator:
volunteercoordinator@shsharks.org

Melissa Houlne, Team Coordinator:
teamcoordinator@shsharks.org

Elie Wild, Coaches Rep:
coachesrep@shsharks.org

Natasha Vulikh, Meet Manager:
meetmanager@shsharks.org

Contact Us

Smoky Hill Sharks Website:
www.shsharks.org

Smoky Hill Sharks Facebook:
www.facebook.com/SmokyHillSharks

Mountain Hi Swim League:
www.mhsl.org

- Swimmers must arrive and leave each swim practice in their swimsuit. There will be no use of changing room/showers except to use the restroom.
- Only swimmers and coaches are allowed within the gated area of the pool during practice. Parents will need to remain outside of the pool area. Volunteer opportunities will be available during each practice time for parents who would like to be close at hand. We ask that these opportunities be kept open for parents of younger swimmers.
- Bring your own, properly labeled water bottle (already filled). Drinking fountains will not be available. We also encourage all swimmers to have their own fins and kick boards. (Swim 'n Things offers 15% off for Shark families.) Swimmers cannot share caps, goggles, towels, water bottles, food or other personal belongings with other swimmers.
- All personal belongings need to be labeled with swimmers' name and kept in one spot during practice.
- At this time, swimmers will not have to wear a mask during outdoor training. We ask that swimmers and families wear mask upon arrival and departure of the pool area.
- If any swimmer has a fever or symptoms of illnesses, they may not attend practice until 72 hours after the fever or other symptoms has ceased.

Our practice schedule looks a little different this season. The main reason for the change is to reduce congestion between practice groups. There is also a separate schedule for our first week of practice since most swimmers will still be in school. Preseason is still to be determined based on weather.

Week of May 24 – May 28, 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Shark Age Group Key
PM Practices ONLY:				Friday Fun Night 7:00 – 8:00 Big Shark/Little Shark reveal	Minis: 8 & under Tiger: 9-10 Mako: 11-12 Great White: 13-18
Minis 6:00 – 6:45	Minis 6:00 – 6:45	Minis 6:00 – 6:45	Minis 6:00 – 6:45		
TS 6:00 6:45	TS 6:00 6:45	TS 6:00 6:45	TS 6:00 6:45		
MS 7:00 – 7:45	MS 7:00 – 7:45	MS 7:00 – 7:45	MS 7:00 – 7:45		
GWS 8:00 – 9:00	GWS 8:00 – 9:00	GWS 8:00 – 9:00	GWS 8:00 – 9:00		

June 1- July 16, 2021

Monday	Tuesday	Wednesday	Thursday	Friday
AM Practices:				
GWS 6:30 - 7:30	GWS 6:30 - 7:30	GWS 6:30 - 7:30	GWS 6:30 - 7:30	GWS 6:30 - 7:30
MS 7:40 - 8:40	MS 7:40 - 8:40	MS 7:40 - 8:40	MS 7:40 - 8:40	MS 7:40 - 8:40
TS 8:45 – 9:30	TS 8:45 – 9:30	TS 8:45 – 9:30	TS 8:45 – 9:30	TS 8:45 – 9:30
Minis 8:45 – 9:30	Minis 8:45 – 9:30	Minis 8:45 – 9:30	Minis 8:45 – 9:30	Minis 8:45 – 9:30
	7PM Meet Sign Ups Due			
PM Practices:				
Minis 7:00 – 8:00	Minis 7:00 – 8:00		Minis 7:00 – 8:00	Friday Fun Night 7:00 – 8:00
TS 7:00 – 8:00	TS 7:00 – 8:00		TS 7:00 – 8:00	
MS 7:00 – 8:00	MS 7:00 – 8:00		MS 7:00 – 8:00	
GWS 8:15 – 9:30	GWS 8:15 – 9:30		GWS 8:15 – 9:30	

Team Captains

Thank you to all the Team Captain applicants. Coach Mary will be contacting you individually to discuss availability and scheduling. It is our goal to have the finalized coaching staff in place by mid-May.

Junior Team Captains Wanted

We still need more Junior Team Captains! JTCs are swimmers on the team who help Team Captains and the coaches. This is an in-water position that focuses on teaching technique and the correct way to swim. Candidates must be over 13 years old on June 1st. This is a volunteer coaching position, and although it is not a paid position, JTCs can earn school required volunteer hours. Further information and applications can be found on our website, located on the "About" page.

Swimsuit Orders

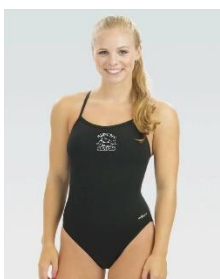
This year we are going with a simple black Dolfin suit with an optional Shark's logo on it. You can find the style options and order directly from: <https://www.swimnthings.com/swim-teams/smokyhill/>

Due to current restrictions, all sizing and orders will need to be done at their store or on their website. We will not be hosting an in-person sizing event. All suit orders are due by **May 9th**.

*****Team suits are not required.*****

Please note the Dolfin String Back is not recommended for younger female swimmers - very low cut. Instead, please consider the V2 Back.

Swim 'N Things is also giving team members an in-store discount of 15% off all regular priced items. Swim 'N Things • 5494 E. Evans Ave • Denver CO, 80222 • 303-757-8866



V2 Back



String Back



Jammer



Brief

Personalized swim caps must be ordered by **May 1st**. Any orders after this date will cost \$16.50 for a single cap, \$31 for 2 caps.

Send a "Thank you"

A few teams in our league division are battling with their HOAs to gain access to their pools for practices and dual swim meets. We are so fortunate that the Smoky Hill Metro District (SHMD) supports the Smoky Hill Sharks. Please take a moment and send a note of thanks to the SHMD and to Carol Stitt, Board Chair/ Pool Liaison for all their hard work and continuous support of our team. A little acknowledgement will go a long way in letting them know how much we appreciate them, and they made the right choice in letting us swim this season.

Messages can be left on the District's contact page, <https://shmd.info/contact> or can be sent to Carol Stitt at carol@shmd.info

The 2021 Challenge

This season the Board had to set COVID guidelines to satisfy the SHMD, MHSL, and to comply with local health requirements. These guidelines present challenges we have never had to face before, and there are many finer details we still need to work out as they are brought to our attention. The main goal of the Board is to make this a fun, safe, successful season for our kids, COVID restrictions and all. It may not be exactly what we have had in the past, but it will be an awesome season. Thank you for your patience and continued support!

Sharks Merchandise Available

Sharks merchandise is available this year! Jiggy Kitty has provided us with all their unsold merchandise from past years. Styles, sizes, and quantities are limited. A link to a spreadsheet that has photos, prices and sizes can be found on our website under "Gear/Apparel". If you are interested in seeing items in person (to try on, etc.), please contact Jill at parentrep@shsharks.org. Jill will arrange to bring any selection of items to practice, fundraisers, and/or meets. Payment by checks can be made out to Smoky Hill Sharks Swim Team.

Leads and Official Openings still Available

We are still in need of a few key volunteer positions. This summer, access to the pool deck during the swim meets will be limited. The best way to guarantee a front row view is to take advantage of these needed roles. These positions include Meet Referee, Starter, and Stroke and Turn Judge.

The Stroke and Turn Judge positions are essential to running a fair and clean meet. The process of becoming a certified official is simple. You will need to attend an in-depth 2-hour training session (schedule to be announced), where you will use videos to help teach what to look for in a swimmer's stroke.

If you have already received Stroke and Turn certification, we highly encourage you to continue your training in Referee and Starter certification. Please contact Jill Dawes, League Parent Representative, at parentrep@shsharks.org, for more information or questions.

A full list of all our Volunteer needs and a description of those positions can be found on our website (located on the FAQs page.)

Swim Meet COVID protocols

The Board has been challenged with the task to create safety protocols for our home dual swim meets. We are asking veteran members of the team to help us create a subcommittee to formulate our plan. If you would like to be a member of this committee or have any suggestion for us, please contact Darcy Schenden at president@shsharks.org.

Big Sharks/Little Sharks

We are excited to announce the return of our Big Shark/Little Shark mentorship program this summer! This program is designed to partner young/new swimmers on the team with older/more experienced swimmers to provide guidance, support and to be a team resource. We highly encourage all new members to sign up for this amazing opportunity. Big Shark/ Little Shark partners form long term relationships, and the program helps bring our team closer and helps support families through the season.

To sign up, please complete the form located on our website "About/Big Shark Little Shark" by May 25th. We will reveal Big Shark/Little Shark partners at Friday Fun Night, Friday, May 28.

Mountain Hi Swim League Update

Calling all recent graduates! The MHSL is allowing 19-year-olds to swim this summer. Due to the 2020 COVID cancellation, the league has decided to allow last years' seniors to swim this season. These swimmers need to be registered on the team, and will be allowed to swim in exhibitions, only for times, not points. Don't miss out on this amazing opportunity to swim with the Sharks for one more time!

Eating with the Sharks

Please save these dates for a dinner out with the Sharks. We will also be posting all these events on our Facebook page and will send emails and Text messages closer to each event.



Chipotle, 20209 E. Smoky Hill Rd, (Smoky Hill Rd & Himalaya)

April 21 from 5:00-9:00pm – Bring the attached flyer or tell the cashier you're supporting the Smoky Hill Sharks Swim Team. New! Order online for pickup. Use code **EC7KNM6** before checkout in "promo" field. The teams receives 33% of all orders!



Raising Cane's, 6645 S. Parker Rd (Arapahoe Rd & Parker Rd)

May 5 from 4:00-10:00pm – Mention the fundraiser while ordering, and the team receives 15% of all orders!



Chic-Fil_A, 5600 S. Parker Rd (Parker Rd & Chambers Rd)

May 26 from 5:00-8:00pm – More information will be shared closer to this date.



Coloradough Pizza, 15430 E. Smoky Hill Rd (Smoky Hill Rd & Chambers Rd)

June 2 from 3:00-9:00pm – More information will be shared closer to this date.



MOD Pizza, 23890 E. Smoky Hill Rd (Smoky Hill Rd across from Southlands)

June 23 from 10:30am-9:00pm – We need 20 commitments for this event by June 20.

<https://www.groupraise.com/events/186697-smoky-hill-sharks-swim-team-inc-at-mod-pizza>



Freddy's Frozen Custard & Steakburgers, 15705 E. Briarwood Cir (Arapahoe Rd & Parker Rd)

July 8 – More information will be shared closer to this date.

Sponsorship Opportunities

We are seeking new and returning sponsors to help support our team in the 2021 season. Sponsorship levels range in values and can be customized to work with any business' budget. It is our goal as the only organized community athletic activity in the Smoky Hill Metro District to create working relationships with businesses within the area to mutually support each other. Our 2021 Sponsorship Flyer is attached to the end of this newsletter. Please share with employers, neighbors, friends, etc. Please contact **Melissa Houlné** at teamcoordinator@shsharks.org about signing up as a sponsor or for more information.

SUMMER 2021 COMMUNITY SPONSORSHIP



The Sharks remain the only organized community athletic activity in the Smoky Hill Metro District. We are a local non-profit summer swim program located at 5405 South Telluride Street, Centennial, Colorado 80015.

Swimming, especially competitive swimming, offers numerous benefits for the children such as building self-esteem, teamwork and physical conditioning. We believe in community involvement that strengthens relationships between our organization and local businesses. This valuable relationship is a benefit to all, as both sides provide support to each other. We, as a local nonprofit organization, are asking for your support for the 2021 Smoky Hill Sharks season.

2021 is an exciting year as we celebrate our 40th Anniversary (again)! As a community sponsor, you and your business can help the Sharks obtain and maintain resources critical to the team's seasonal success and longevity. This year the Sharks have an ambitious goal to raise over \$12,000 to replace the dive blocks at the Smoky Hill Metropolitan District Pool. Every dollar raised will bring us one step closer to this goal. Thank you for your consideration.

BUTTERFLY \$1500 +

- **Individual banner at every home pool event***
- **Your logo on 40th Anniversary (again) Banner displayed at all home swim meets ***
- **"Congrats from our Butterfly Sponsors" flyer in family folders (weekly, we provide)**
- Your logo on 40th Anniversary (again) Banner displayed at all home swim meets
- Thank you recognition announcement at all home swim meets
- Your logo (one color, **large**) on swimmer shirts*
- Recognition on Smoky Hill Sharks website
- Recognition on Smoky Hill Sharks Facebook page

BREASTSTROKE \$1000

- **Your logo on 40th Anniversary (again) Banner displayed at all home swim meets ***
- **Thank you recognition announcement at all home swim meets**
- Your logo (one color, **medium**) on swimmer shirts*
- Recognition on Smoky Hill Sharks website
- Recognition on Smoky Hill Sharks Facebook page





BACKSTROKE \$500

- **Thank you recognition announcement at all home swim meets**
- **Your logo (one color, small) on swimmer shirts***
- Recognition on Smoky Hill Sharks website
- Recognition on Smoky Hill Sharks Facebook page

FREESTYLE \$250

- Recognition on Smoky Hill Sharks website
- Recognition on Smoky Hill Sharks Facebook page

****Commitment must be received by 5/1/2021 for banner and t-shirt application.***

For more details, please contact Melissa Houlne at 720-235-6489
teamcoordinator@shsharks.org

Please make all checks payable to **Smoky Hill Sharks Swim Team**

(Sponsorship amounts are generally deductible as an advertising expense. Please check with your CPA regarding your specific situation. Donation opportunities are also available.)

Thank you for your consideration and support!



ONE FOR THE TEAM



Show your team spirit by joining us for a fundraiser to support Smoky Hill Sharks Swim Team. Come in to the Chipotle at **20209 E Smoky Hill Rd** in Centennial on **Wednesday, April 21st** between **5:00pm** and **9:00pm**. Bring in this flyer, show it on your smartphone or tell the cashier you're supporting the cause to make sure that 33% of the proceeds will be donated to Smoky Hill Sharks Swim Team.

NEW! ORDER ONLINE FOR PICKUP

Use code EC7KNM6 before checkout in 'promo' field. Orders placed on Chipotle.com or through the Chipotle app for pickup using this unique code will be counted towards the fundraiser.



MEXICAN GRILL

All online orders must be placed for pickup at the same time/location of the fundraiser. Delivery cannot be counted at this time. Gift card purchases during fundraisers do not count towards total donated sales, but purchases made with an existing gift card will count. \$150 minimum event sales required to receive any donation.