

SHARK BITES

2022 Season, Newsletter No. 1



Registration Opens on Monday!

Online registration for returning Sharks' families opens March 7. Open online registration for all begins March 21. New and returning families can register during the open enrollment period. All registration and payments are made online.

Open House

The Smoky Hill Sharks will host two open houses at the Smoky Hill Club House, 5405 S. Telluride Street. Get help with registration, meet the coaches, get fitted for a suit, and get all of your swim team questions answered. We look forward to seeing you!

- Saturday, March 26 from 10 AM – 12 PM
- Sunday, April 3 from 4-6 PM

Meet the 2022 Coaches!



Victor Alfonso, Head Coach:

The Smoky Hill Sharks are excited to welcome back Victor Alfonso, returning to the team this year as our new Head Coach. Victor is originally from Columbus, Ohio and began swimming at the age of 8. He swam throughout high school, where he competed and played club water polo. Victor attended (and swam for) DePauw University and graduated in 2020, with a B.B. in Cellular/Molecular Biology. Since last summer, Victor enrolled in a graduate program in Bioinnovation and Entrepreneurship at the University of Colorado, Denver. After the summer swim season, he plans to go into the Biotechnology and Medical Technology field to continue his passion for biology and healthcare innovations. Victor is excited to see everyone, welcome new swimmers to the team, and have another amazing season!

Winter Swim Social Sunday, March 6, 2022

Join the Smoky Hill Shark team for our annual winter social at the Trails Rec Center Pool on Sunday, March 6th from 2-5PM. Kids can splash around with some of their favorite coaches and junior team captains from last year, Victor, Maggie, Malayne, Lauren, Evan, and Paul. Parents can join us for a game of LRC (left, right, center). Please bring \$1 bills to participate in this fun game! Attendance is free unless you and/or your family chooses to swim. Cost for swimming is \$4.50 for children or \$5.00 for adults at the front desk. Children 5 and under must have an adult (16+) in the water with them. The team will provide plates, utensils, napkins, and drinks. Please bring a snack to share. You can let us know what you will bring in the note section of invite. Sign up [here](#).

Trails Recreation Center
16799 E Lake Ave
Centennial, CO 80016

New Website

Check out our new and improved website by clicking [here](#). There are still more updates to come!



Trevor Daum, Assistant Coach:

Trevor Daum will be returning to the Sharks this summer as our new Assistant Coach! This will be his seventh year on the team, his second-year coaching, and his first year not swimming. He is currently enrolled at the University of Missouri where he is studying health science with a focus in rehabilitation science. This past year, Trevor joined Mizzou's club swim team as a way to keep in shape and meet new people. Trevor's main goal for this summer is to ensure every single swimmer is having fun (because that's what it is all about!). He can't wait to continue the Sharks' legacy and (hopefully) bring back the Mountain Hi Swim League Championship title!

Season at a Glance

Be sure to make your calendars for the following dates (subject to change):

March 6: Winter Social at Trails Rec Center, 2 PM - 5 PM
March 7: Registration opens for all returning Shark families
March 21: Registration opens for everyone
March 26: Open house at Smoky Hill Clubhouse, 10 AM – 12 noon
April 3: Open house at Smoky Hill Clubhouse, 2 PM – 4 PM
May 16-20: Preseason at Grandview HS, 6 PM -7 PM
May 23: Opening Day/Practice begins (evening practices only)
May 31: First day of AM practice
June 4, June 11, June 18, June 25, July 9, July 16: Dual Meets
Week of July 11: Prelims
July 16: Championships and End of the Season party
Week of July 18: All Stars practice (am practice only)
July 23: All Stars

Pre-Season

The Pre-season Clinic will be held May 16-20 at Grandview High School. More details to come in a later Shark Bites newsletter!

Team Captains and Junior Captains Applications

Applications for Team Captains and Junior Team Captains are currently being accepted. Requirements and expectations for each position can be found on the Smoky Hill Shark website. Print an application from the [Smoky Hill Website](http://www.shsharks.org) (About page) and email it to headcoach@shsharks.org. Team captain applications are due by May 1, 2022 and Junior Team Captains are due by June 1, 2022.

2021 Board Members:

Darcy Schenden, President:
president@shsharks.org

Linda Savage, Vice President

Stefanie Pacheco,
League Parent Rep:
parentrep@shsharks.org

Karena Williams, Secretary:
secretary@shsharks.org

Monica Burgeson, Treasurer:
treasurer@shsharks.org

Kathy Spears, Volunteer Coordinator:
volunteercoordinator@shsharks.org

Patti Robinson, Team Coordinator:
teamcoordinator@shsharks.org

Melissa Houlne, Coaches Rep:
coachesrep@shsharks.org

Natasha Vulikh, Meet Manager:
meetmanager@shsharks.org

Contact Us

Smoky Hill Sharks Website:
www.shsharks.org

Smoky Hill Sharks Facebook:
www.facebook.com/SmokyHillSharks

Mountain Hi Swim League:
www.mhsl.org

Team Captains

Team Captains are swimmers on the team who will work alongside the coaches during practices and meets. Team Captains share the responsibilities of coaching and being a swimmer. These athletes have chosen to dedicate their time and effort to helping the team grow. Working alongside the coaches, they help at practice, teaching drills and running workouts. They also are required to be at all team events and meets. They are expected to be role models and leaders for the team. They have one of the most important and difficult positions on the team.

Junior Team Captains

Junior Team Captains are swimmers on the team who help Team Captains and the coaches. This is an in-water position that focuses on teaching technique and the correct way to swim. Candidates must be over 13 years old on June 1st. This is a volunteer coaching position, and although it is not a paid position, JTCs can earn school required volunteer hours.

Volunteer Requirements and Updated Policy

Why is there a Volunteer Policy? For many years, Smoky Hill Sharks has had a reputation for running great swim meets. That would not be possible without all the help from our parent volunteers. Other than the coaches, the Smoky Hill Sharks swim team is run 100% with volunteers. By joining the team, it is understood that volunteering is mandatory. We believe in supporting our swimmers and providing them with the best possible swim meet experience.

What is the Volunteer Policy? Each family is responsible for volunteering at home meets, away meets, Prelims, Championships and/or All Stars. In addition, we require each family to volunteer at one "Social Activity" (Friday fun night, pancake breakfast, end of season party, swim-a-thon, etc.) during the season.

Families must work at least one shift during a swim meet (home or away) if a swimmer is participating in that meet. If you have more than one swimmer, you are NOT required to work multiple shifts. However, everyone is encouraged to pitch in and help when the need arises, even if you already met your assigned shift for that meet. Please note, working several shifts early in the season will not fulfill the volunteer requirements at later dates.

How is the Volunteer Policy Enforced? A \$250 deposit check will be collected at the beginning of the season. No swimmer will be allowed to participate in any team function until it is collected. The check will be returned/destroyed at the end of season once all volunteer requirements have been met.

If you are unable to cover the shift(s) that you signed up for, YOU are responsible to find a replacement volunteer. All changes must be cleared by the Volunteer Coordinator. In the event your swimmer participates in a meet and the volunteer requirement is not met, your family must sign up for two shifts during the next HOME meet.

The volunteer check will be deposited after two missed volunteer opportunities. After three missed volunteer opportunities, your swimmer will not be allowed to compete in any upcoming meets. Offenders to the Volunteer Policy will not be permitted to return to the team in future seasons. *Missed volunteer opportunities, and resulting missed meets, do not constitute a refund for registration fees.*

What Volunteer Opportunities are Available? There are numerous ways to volunteer. Descriptions are found on our website: <https://www.teamunify.com/team/mhshs/page/about/descriptions>

Some volunteer positions require additional training, such as Stroke & Turn Judges. Please contact our Volunteer Coordinator to learn more.