

SHARK BITES

2022 Season, Newsletter No. 5



Meet no. 1 @ Piney Creek Heat on June 4th

This week's meet is hosted by Piney Creek Heat.

5800 S Joplin Way
Centennial, CO 80015

You must register your swimmer(s) by Tuesday, May 31st. A Guide to Swim Meets can be found under the FAQs tab. In this presentation you will find out everything you need to know for swim meets including how to register! Please use this resource to help you. Click [HERE](#) to access this resource.

Volunteers Required:

Every meet requires volunteers in order to run efficiently and successfully. Your participation in the available jobs for this upcoming event is critical. Click [HERE](#) to connect you to the available jobs for this upcoming event. Remember it is a first come, first serve event, so don't delay. Access to the Job SignUp System will require you to login into your team account. Don't worry, if you have forgotten your password, you can click the "Here" link on the login page and you will be re-directed to submit your account email address. Your password will immediately be emailed to you.

Some reminders and tips for you for the upcoming meet:

- The theme for the meet is Pajama Day.
- Map and directions are found under the Maps tab.
- Bring a sharpie marker! Your child's name and age are written on the back side of their right shoulder.
- Bring towels, sunscreen, water, and snacks.
- Meet program will be made available online. Look for it on Friday late afternoon.
- When you arrive, check in your swimmer(s) and check in for any volunteer positions.
- Bring any questions you have to Friday Fun Night.

Eat with the Sharks – June 1

Eat with the Sharks are fundraisers held by the team at local restaurants that donate a portion of the proceeds back to the team. These donations help maintain the quality of the Smoky Hill Sharks program. Donations are used to help offset operation expenses, support coaching staff, and overall help keep our registration fees low. We hope you can attend a few and maybe even find a new family favorite!

Just make sure to mention the **Smoky Hill Sharks Swim Team!**

Parry's Pizza

Wednesday, June 1 from 5-9pm

12501 E. Lincoln Ave
Englewood 80112

<https://parryspizza.com/>

Friday Fun Night – June 3

Join us for our first Friday Fun Night of the season on June 3, 2022. Get acquainted with your BIG SHARK/LITTLE SHARK and enjoy some team bonding before our first meet of the season. We will be serving a yummy pancake dinner to get us ready for our PAJAMA themed meet the next morning. Please use the following form to help us plan accordingly. RSVP by June 1st.

[Pancake Dinner Sign Up](#)

[Volunteer Sign Up](#)

Register for a Meet

Swimmers can swim up to 3 individual events, plus two relays per meet. Coaches will approve/finalize the individual events. They will also assign swimmers to relays. Swimmers must have their meet entries submitted by Tuesday before the meet. There are no exceptions to this rule.

Directions for Registering for a Meet

1. Login to your Team Unify/Sharks Account.
2. Declare your intention to either Attend or Decline a particular meet.
3. Register each swimmer separately.
4. Select up to 3 individual events.
5. Provide any necessary notes for coaches to review (example: your swimmer is only able to attend a portion of the meet).
6. Check back to confirm the events and relays for each swimmer.

Volunteer Policy Deposit Checks

Volunteer Policy deposit checks are past due! **No swimmer will be allowed to participate in any team function including practice until their family check has been collected.** This \$250 deposit check (one check per family) was explained and agreed to during the registration process. Checks can be given to any Board Member or contact Kathy Spears, volunteercoordinator@shsharks.org. Checks will be destroyed (or returned if requested) at the end of the season once all volunteer requirements have been met. Checks should be made out to "Smoky Hill Sharks Swim Team". Please refer to the team's [Volunteer Policy](#) posted on the website.

Volunteer Incentive Program

If you sign up by the Tuesday prior to a meet you will be entered in a drawing to win some great prizes. They include a VIP parking spot at the meets, concession vouchers, and Shark swag. Drawings will take place at Friday Fun Night, winners need not be present to win and will be notified via email. Concession stand vouchers and VIP parking are only valid for that Saturday. If there are any questions regarding this program, please contact Kathy Spears at volunteercoordinator@shsharks.org.

Big Shark/Little Shark

We highly encourage ALL team members to participate in this amazing program. We will reveal Big Sharks and Little Sharks at our first Friday Fun Night, on Friday, June 3. During a swim meet, Big Sharks and Little Sharks will cheer each other on during their races, as well as, have team building activities through out the season. This year no gifts will be exchanged as they have in years past. We intend for this to be a bonding/supportive program instead of a monetary obligation.

Please contact Darcy Schenden at president@shsharks.org by May 31st if you would like to opt your swimmer(s) out of the program.

Team Suits

Suits and caps can be picked up Wednesday morning through Friday morning during practice. If you ordered anything extra (ie swim bag) it will all be together. A table will be set up in front of the pool starting at 7:30AM Wednesday morning for pick up.

Stroke and Turn Training on May 31st - CANCELLED

Due to a scheduling conflict, we will not be hosting the May 31st S&T training. However, there are two more league sessions that you can attend. RSVP by click [HERE](#).

- May 29, 1-2 PM, Smoky Hill Library in Meeting Room A
- June 5, 1-2 PM, Parker Library in the conference room on the second floor

Mock Meet – June 2

During evening practice on June 2nd the coaches will run a mock meet. Swimmers should come to practice at their regular practice times. Timers will get the chance to use our new Dolphin Timers for the first time. If you plan to volunteer at our first meet, this is a great opportunity for you to learn your position.

Picture Day – June 8

Wednesday, June 8th is team picture night, there will be no practice that evening. Come in a team suit, if you don't have one, please come in a black suit. You can take the team photo, individual photos and small group photos. A link will be sent out to place your orders. Pictures start promptly at 7 PM. Swimmers should arrive by 6:45 PM so the photographers can start on time.

Practice Schedule

Below is the schedule beginning on May 31. All practices will take place at the Smoky Hill Pool. You may also access the full schedule by clicking [HERE](#).

Shark Age Group Key

Minis: 8 & under

Tiger: 9-10

Mako: 11-12

Hammerhead: 13-14

Great White: 15-18

May 31 - July 15, 2022

Monday	Tuesday	Wednesday	Thursday	Friday
AM Practices:				
GWS 6:30 - 7:30	GWS 6:30 - 7:30	GWS 6:30 - 7:30	GWS 6:30 - 7:30	GWS 6:30 - 7:30
HS 6:30 - 7:30	HS 6:30 - 7:30	HS 6:30 - 7:30	HS 6:30 - 7:30	HS 6:30 - 7:30
MS 7:30 - 8:30	Minis 7:30 - 8:15	MS 7:30 - 8:30	Minis 7:30 - 8:15	MS 7:30 - 8:30
TS 8:30 - 9:15	TS 7:30 - 8:15	TS 8:30 - 9:15	TS 7:30 - 8:15	TS 8:30 - 9:15
Minis 8:30 - 9:15	MS 8:15 - 9:15	Minis 8:30 - 9:15	MS 8:15 - 9:15	Minis 8:30 - 9:15
	7 PM Meet Sign Ups Due			
PM Practices:				
Minis 7:00 - 8:00	Minis 7:00 - 8:00	No PM Practice	Minis 7:00 - 8:00	Friday Fun Night 7:00 - 8:00
TS 7:00 - 8:00	TS 7:00 - 8:00		TS 7:00 - 8:00	
MS 7:00 - 8:00	MS 7:00 - 8:00		MS 7:00 - 8:00	
HS 8:00 - 9:15	HS 8:00 - 9:15		HS 8:00 - 9:15	
GWS 8:00 - 9:15	GWS 8:00 - 9:15		GWS 8:00 - 9:15	

Below are a few expectations for practice this year.

- Only swimmers and coaches are allowed within the gated area of the pool during practice. **Parents will need to remain outside of the pool area.**
- Bring your own, properly labeled water bottle (already filled).
- All personal belongings need to be labeled with swimmer's name.
- Sign up for SMS notifications to receive last minute notifications of canceled practices in the event of weather.

Private Swim Lessons

Private swim lessons are available with the all coaches and team captains between 9:30-10:00 AM. Email the coaches directly to schedule (emails can be found on the team's website.) The cost of a private lesson is \$30/30 min. for Coach Victor and Coach Trevor and \$20/30 min. for the Team Captains. All our coaches/team captain are very knowledgeable about swimming and proper technique. More information about the Smoky Hill Coaching Staff can be found under the [Coaches & Board](#) tab on the homepage of the Smoky Hill Sharks' website.

Venmo

You can now Venmo the Smoky Hill Sharks Swim Team for many payment needs @SmokyHill-Sharks. Venmo is a mobile payment service that you can download and set up on your smart phones. Swim Meet concessions, donations, and other miscellaneous team charges can all be done now in the palm of your hand!

Shark Communication Box

The Shark Communication Box is where families can collect ribbons, awards, recognitions from the previous Friday Fun Night, and all other team related notifications. Ribbons from the previous meet are ready to be picked up by the following Tuesday. Please check your folder weekly. Items will remain in your family's folder until after the Championship party at the end of the season. This box is placed outside the pool gate during practices and Friday Fun Nights.

Coaches Concerns

All questions and/or concerns regarding coaches need to be directed to Elie Melissa Houlne, Coaches Representative: coachesrep@sharks.org.

Email & SMS Verification

Don't forget to update your account information! Quick communication with all Shark families is critical throughout our season. Whether we need to send a SMS/text notification of a weather cancellation or an email with a practice update, you need to verify your account to receive these.

To verify, log into you team unify account (www.shsharks.org) then go to "My Account". Above the email and SMS number it states "unverified", click that and it will say "resend verification email (or SMS) now?" Click "yes". Then, go to your email or text messages and follow the instructions to verify. Please provide an SMS number for your account.

Season at a Glance

May 31: First Day of AM Practice @ Smoky Hill Pool
June 3: Friday Fun/Pancake Dinner/Big Shark & Little Shark
June 4: @Piney Creek Heat (theme: Pajama Day)
June 8: Team Pictures 7PM at Smoky Hill Pool
June 11: HOST Tallyn's Reach (theme: College/Sports Team)
June 18: @ Cook Creek (theme: Superhero)
June 21: Swimathon
June 25: HOST Wheatlands (theme: 80's/Neon)
June 26: Sharks go to the movies: Lightyear
July 9: HOST Stroh Ranch (theme: Patriotic)
Week of July 11: Prelims - exact dates TBD
July 16: Championships and End of the Season Party
Week of July 18: All Stars practice (am only)
July 23: All Stars

Other Ways to Support the Sharks

King Soopers Community Rewards Program – Use your King Soopers (or City Market) loyalty card to help raise funds for the SH Sharks! Registration is easy as 1, 2, 3.

1. Sign up or Login to your King Soopers Account.
<http://www.kingsoopers.com>.
2. Visit the Kings Soopers Community Rewards page.
3. Click "Enroll Now" on the Community Rewards page and "Smoky Hill Sharks Swim Team INC" either by name or by using code "QK234", then click enroll.

Amazon Smile – switch from amazon.com to smile.amazon.com and earn .5% for the team! This is another easy way to contribute to Smoky Hill Sharks with purchases you already make. Remember, only purchases made at smile.amazon.com (not amazon.com or the mobile app) generate AmazonSmile donations.

2022 Board Members:

Darcy Schenden, President:
president@shsharks.org

Stefanie Pacheco, League Parent Rep:
parentrep@shsharks.org

Karena Williams, Secretary:
secretary@shsharks.org

Monica Burgeson, Treasurer:
treasurer@shsharks.org

Kathy Spears, Volunteer Coordinator:
volunteercoordinator@shsharks.org

Patti Robinson, Team Coordinator:
teamcoordinator@shsharks.org

Melissa Houlne, Coaches Rep:
coachesrep@shsharks.org

Natasha Vulikh, Meet Manager:
meetmanager@shsharks.org

Contact Us

Smoky Hill Sharks Website:
www.shsharks.org

Smoky Hill Sharks Facebook:
www.facebook.com/SmokyHillSharks

Mountain Hi Swim League:
www.mhsl.org

Go Sharks!