AT A GLANCE

 <u>Practice Schedule</u> - Check the website daily for the most upto-date schedule (Keep an eye on this as it changes frequently!)

Welcome



Hello Atlantis Families,

Did you hear?! Atlantis, once again, has the distinguished honor of being a **USA Swimming Safe Sport Recognized Club**. This means our club has demonstrated a commitment to creating a safe, abuse-free environment through specific policies, training, and best practices. It involves implementing the Minor Athlete Abuse Prevention Policy, providing education and background checks for coaches and staff, and ensuring that athletes and parents have the knowledge and resources to recognize and report misconduct. We appreciate the efforts of all our swimmers, coaches and parents who took the time to complete hours of training to help us achieve this recognition. A special shout-out to our Safe Sport Coordinator, Lindsey Feldman, whose diligence helped us achieve this very important honor for our club.

We also want to thank all the swimmers, volunteers, and coaches who took part in our Atlantis Fall Quack-Tack-Ular meet at Seaholm High School a few weeks ago. We saw some fast times and great swims, but more importantly, had the opportunity to show off just what great hosts our team can be. **Thanks to all who helped make this meet one of our largest and most successful in years!**

Heading into the holiday season, don't miss our annual "Candy Cane Relays" on December 17. This is a full team, fun event where groups participate in mixed age relay teams across a variety of entertaining races. Come enjoy - we encourage parents to stay to watch all the silliness - and hopefully you aren't too sick of Mariah Carey's voice by the end of it all! RSVP here - we hope to see you there!

Wishing all of our families safe travels and great food this weekend! See you in December!

Upcoming Meet Info



New swim families, feel free to check out our Swim Meet 101 to help navigate the season smoothly.

- December 6 & 7: GPG Fast & Furious Grosse Pointe South High School
 - There is limited seating at this venue. It is **NOT** a good meet to bring additional spectators!
 Last year it was **VERY** crowded and pretty warm.
 - Tip: Wear layers & bring a neck fan if you have one!
 - There is limited convenient parking at this location. It is best to come early if you want a
 decent parking spot. There is parking in various locations around the high school, but you
 might have to walk a bit.
 - Tip: Do not park at the library next door!
- December 10 13: Speedo Winter Juniors IU Natatorium, Indianapolis, IN
 - This meet is a <u>Junior National Championship</u> meet that only a few of our elite Senior swimmers qualify to attend. Check out the <u>USA Swimming Network</u> to livestream the event and cheer our swimmers on.
- January 16 18: USSC Odd Age Invite Waterford Kettering HS
 - Swimmers race in unique age group classifications with 'odd number' years being the top age in many races (8 & 9 yr olds, 10 & 11 yr olds, etc). Stay tuned for the official meet packet & more information about signup deadlines.
 - Waterford Kettering has lots of parking & plenty of seating
- January 23 25: Circle City Classic aka "INDY" IU Natatorium, Indianapolis, IN
 - ENTRIES CLOSE 12/15!
 - Swimmers qualify for this meet based on achieving <u>"BB" time standards</u>. Please review the most current <u>time standards</u> (USA Motivational SCY times) to understand qualifications.
 - Due to other youth sports events, many hotel blocks in the city are full. There are currently rooms available at the following hotels where other Atlantis families have booked rooms:
 <u>Towne Place Suites Downtown</u> or <u>Tru by Hilton Indianapolis Downtown</u> (located next door to each other). These are only suggestions and by no means mandatory.

Important Info



Key items to focus on this month

- With cold & flu season in full effect, we would like to remind our families about our Atlantis TeamMillness Policy. Thanks for helping to keep all our swimmers and coaches healthy and in the pool all season long! Please reach out to teamadmin@bbaswimming.org with any questions.
- **Important!** *Scratching Finals:* If your swimmer is participating in a prelim / finals meet (GPG is our next one) and qualifies for finals but cannot return, the swimmer **must** "scratch" (officially decline their spot) **and** let their coaches know.

- Swimmers have 30 minutes after results are posted/announced to scratch this will happen THROUGHOUT the morning session. Be sure your swimmer knows if they need to scratch for finals. They will need to communicate that with coaches and scratch themselves from finals.
- Scratches are done on deck.

Our Team



A Special Congratulations to our very own **Ava Pruden** who competed in the 2025 Tokyo Deaflympics from November 20th through 25th. Ava represented Team USA in 8 different events throughout the competition. We are so proud of her!

Atlantis was also well represented at the three MHSAA Girls State Meets held this past weekend across Michigan! We had an impressive **32 swimmers compete in prelims**, with **25 advancing to finals**. Congratulations to all on your outstanding performances!

A special shout-out to **Coach Drew Edson** and Mercy High School Swim & Dive for capturing the **Division 2 State Championship** by just 2 points!

Major highlights include:

- Avery Tack 1st place in the 200 IM
- Livvy Kamp & Payton Garn Tied for 1st in the 100 Breast, both qualifying for Junior Nationals
- Campbell Shore, Lyla Collins & Avery Tack 1st place in the 400 Free Relay

TD1 State Championship BBA Qualifiers: Nov 20–21 at Oakland University

Bloomfield Hills HS: Kailey Bachmann, Carissa Hurnevich

Stony Creek HS: Opal Frazier-Johnson

Troy HS: Olivia Boike

To D2 State Championship BBA Qualifiers: Nov 21–22 at Eastern Michigan University

Berkley HS: Maddie Collins, Mia Mracna

Groves HS: Mallory Gerkin, Ashley Glime, Livvy Kamp, Maya Shelton

Mercy HS: Lyla Collins, Leah Greaves, Gabby Mannino, Campbell Shore, Avery Tack

Royal Oak HS: Amelia Cavicchioli, Kamryn Eberhardt, Ella Rose

Seaholm HS: Payton Garn, Leah Isaksen, Rowan McDowall, Natalie Rijnovean, Noelle Schneider, Mila Skubik, Lucy Sowle, Layla Stephens

To D3 State Championship BBA Qualifiers: Nov 21–22 at Holland Aquatic Center

Cranbrook HS: Lily Elder, Angela Jiang

Marian HS: Loghan Cooper, Camryn Luxon, Malin Murphy, Peyton Rehbine

Looking Ahead!

Please note our upcoming events

- Dec 6 & 7: GPG Fast & Furious (Prelim/Final meet) Grosse Pointe South High School
- Dec 10 13: Speedo Winter Juniors IU Natatorium <u>USA Swimming Network</u>
- Dec 17: Candy Cane Relays @ Groves High school 6:45PM-8:00PM
 - o Sign your swimmer up here to be added to a relay team
 - We need a few volunteers please sign up here!
- Jan 16-18: USSC Odd Age Invite Waterford Kettering High School
- Jan 23-25: Circle City Classic IU Natatorium

Stay Connected



Our email and social media info

For questions, feedback, or story contributions, email TeamAdmin@bbaswimming.org and we'll be in touch.

- Stay Connected with the SportsEngine Motion App!
 - Download the SEMotion app to keep Atlantis at your fingertips. With the app, you can easily view your swimmer's meet schedule, check your account, and stay on top of upcoming events—all in one place. It's the easiest way to stay connected and informed throughout the season.
 - Search SEMotion in the App Store or Google Play and log in with your Atlantis account
- **Website:** www.bbaswimming.org
- **Social Media:** Follow us on <u>Instagram</u> & <u>Facebook</u> for updates and photos.