

Week of January 26, 2026								
Atlantis Swimming	Group	Monday 1/26	Tuesday 1/27	Wednesday 1/28	Thursday 1/29	Friday 1/30	Saturday 1/31	Sunday 2/1
	Gold	6:00-8:00pm	6:15-8:15pm	6:00-8:00pm	OFF	6:00-7:30pm	10:45-12:45pm	2:00-4:00pm
	Silver A	6:15-7:45pm	6:15-7:45pm	6:15-7:45pm		OFF	11:15-12:45pm	2:00-3:30pm
	Silver B					6:00-7:15pm	Guppy Bowl	10 & Under Clinic 3:30-4:00pm
	Bronze A	6:00-7:00pm	OFF	6:00-7:00pm		6:00-7:00pm	Guppy Bowl	
	Bronze B	7:00-8:00pm		7:00-8:00pm		6:00-7:00pm		
	Speedster A	5:45-6:30pm		5:45-6:30pm		3:30-6:30pm	OFF	9:30-12:30am 1:30-4:30pm
	Speedster B	6:35-7:20pm		6:35-7:20pm		OFF		OFF
	Lessons/ Evaluations	6:30-9:00pm	OFF	OFF				
Covington								
Groves								
Seaholm								
Tweak						Lessons/Evaluations		

Week of January 26, 2026								
Atlantis Swimming Senior & Masters	Group	Monday 1/26	Tuesday 1/27	Wednesday 1/28	Thursday 1/29	Friday 1/30	Saturday 1/31	Sunday 2/1
	Masters	OFF	5:30-7:00am	OFF	5:30-7:00am	5:30-7:00am	OFF	OFF
	Senior	OFF	5:30-7:00am	OFF	OFF	5:30-7:00am	9:15-11:15am	OFF
		6:15-8:15pm	6:15-8:15pm	6:15-8:15pm	OFF	OFF	OFF	3:30-5:30pm
Seaholm								
Groves								