

Week of February 2, 2026									
Atlantis Swimming	Group	Monday 2/2	Tuesday 2/3	Wednesday 2/4	Thursday 2/5	Friday 2/6	Saturday 2/7	Sunday 2/8	
	Gold	6:00-8:00pm	6:15-8:15pm	6:00-8:00pm	OFF	6:00-7:30pm	9:15-11:15am	2:00-4:00pm	
	Silver A	6:15-7:45pm	6:15-7:45pm	6:15-7:45pm		OFF	11:15-12:45pm	2:00-3:30pm	
	Silver B								
	Bronze A	6:00-7:00pm	OFF	6:00-7:00pm		6:00-7:15pm	11:15-12:30pm	10 & Under Clinic 3:30-4:00pm	
	Bronze B	7:00-8:00pm		7:00-8:00pm					
	Speedster A	5:45-6:30pm		5:45-6:30pm		6:00-7:00pm	11:15-12:15pm		
	Speedster B	6:35-7:20pm		6:35-7:20pm					
	Lessons/ Evaluations	6:30-9:00pm	OFF	OFF		3:30-6:30pm	OFF	9:30-12:30am 1:30-4:30pm	OFF
Covington									
Groves									
Seaholm									
Tweak	Lessons/Evaluations								

Week of February 2, 2026								
Atlantis Swimming Senior & Masters	Group	Monday 2/2	Tuesday 2/3	Wednesday 2/4	Thursday 2/5	Friday 2/6	Saturday 2/7	Sunday 2/8
	Masters	5:30-7:00am	5:30-7:00am	OFF	5:30-7:00am	5:30-7:00am	OFF	OFF
	Senior	5:30-7:00am	5:30-7:00am	OFF	OFF	5:30-7:00am	9:15-11:15am	OFF
		6:15-8:15pm	6:15-8:15pm	6:15-8:15pm	OFF	OFF	OFF	3:30-5:30pm
Seaholm								
Groves								