

Week of March 23, 2026								
Atlantis Swimming	Group	Monday 3/23	Tuesday 3/24	Wednesday 3/25	Thursday 3/26	Friday 3/27	Saturday 3/28	Sunday 3/29
	Gold	6:30-8:00pm	6:30-8:00pm	6:30-8:00pm	OFF	5:30-7:00am	9:15-11:15am	OFF UNTIL 4/7
	Silver A	7:00-8:15pm	6:30-8:00pm	7:00-8:15pm		OFF	11:15-12:45pm	OFF UNTIL 4/7
	Silver B					6:00-7:15pm	11:15-12:30pm	OFF UNTIL 4/7
	Bronze A	6:00-7:00pm	OFF	6:00-7:00pm		5:00-6:00pm	11:15-12:15pm	
	Bronze B			5:15-6:00pm				
	Speedster A	5:15-6:00pm	OFF	5:15-6:00pm	3:30-6:30pm	OFF	9:30-12:30am 1:30-4:30pm	OFF
	Speedster B							
	Lessons/ Evaluations	6:30-9:00pm	OFF	OFF				
Covington								
Groves								
Seaholm								
Tweak					Lessons/Evaluations			

Week of March 23, 2026								
Atlantis Swimming Senior & Masters	Group	Monday 3/23	Tuesday 3/24	Wednesday 3/25	Thursday 3/26	Friday 3/27	Saturday 3/28	Sunday 3/29
	Masters	5:30-7:00am	5:30-7:00am	OFF	5:30-7:00am	5:30-7:00am	OFF	OFF UNTIL 4/7
	Senior	5:30-7:00am	5:30-7:00am	OFF	5:30-7:00am	5:30-7:00am	OFF	
		7:00-8:30pm	6:30-8:30pm	7:00-8:30pm	OFF	OFF	OFF	
Northhills Middle								
Groves								